

## Garforth - 7<sup>th</sup> November 2018

Thanks to everyone who came out to Garforth - a brand new area for us - I hope you all enjoyed yourselves 😊

It was a good contrast to last week's technical woodland orienteering to have a fast and furious urban event.

I had originally planned slightly longer courses but I decided it was more fun if it was possible to get them all - well done to Leon for managing this. (I also wanted to tempt you into going a bit further afield and being late back... so cruel!)

Our next major event is at Roundhay Park on Sunday 18<sup>th</sup> November. Courses will be suitable for all different fitness and experience levels. There will be a 'long orange' course on offer for adults who are fit but less experienced - why not try an alternative Sunday run?

POS	NAME	AGE	CLUB	COURSE	TIME	SCORE	PENALTIES	TOTAL POINTS	POINTS/HOUR
1	Leon Foster	M35	AIRE	60	55:42	410	0	410	410
2	Andrew Hobson	M21	AIRE	60	59:30	400	0	400	400
3	Robert Gatenby	M40	AIRE	60	60:00	370	0	370	370
4	Andy Connelly	M35	AIRE	60	59:30	360	0	360	360
5	Dave Murgatroyd	M21	AIRE	60	58:16	350	0	350	350
6	Ian Marshall	M55	AIRE	60	60:20	350	10	340	340
7	Lucy Taylor	W21	LUUOC	60	58:05	330	0	330	330
8	Andrew McRoyall	M50	IND	60	57:00	320	0	320	320
9	Graham Driver	M21	AIRE	60	59:52	320	0	320	320
10	Derek Lee	M35	AIRE	60	57:00	310	0	310	310
= 11	Simon Franklin	M50	AIRE	60	59:00	310	0	310	310
= 11	Carol Morgan	W45	AIRE	60	59:00	310	0	310	310
13	Steve Mead	M45	IND	60	59:30	310	0	310	310
14	Julie Mair	W35	AIRE	60	58:00	300	0	300	300
15	Rebecca Gray	W21	HPH	60	58:30	300	0	300	300
= 16	James Howlett	M20	LUUOC	60	61:50	320	20	300	300
= 16	Anne Maguire	W35	AIRE	60	61:50	320	20	300	300
18	Rob Groves	M21	IND	60	64:45	350	50	300	300
19	Alex Jeffrey	M35	IND	60	57:30	280	0	280	280
20	Nick Lankester	M21	AIRE	60	58:09	280	0	280	280
21	Beth Oxley	W35	AIRE	60	59:30	270	0	270	270
22	Richard Edwards	M40	HPH	60	58:05	260	0	260	260
23	Jenni Myers	W21	AIRE	60	59:05	250	0	250	250
24	Robin Culshaw	W21	HPH	60	59:15	250	0	250	250
25	Chris Burden	M70	AIRE	60	63:00	280	30	250	250
26	Katrina Adam	W40	AIRE	60	59:25	240	0	240	240
27	Gerry Symes	M70	AIRE	60	54:41	230	0	230	230
28	Janet Leake	W55	EBOR	60	58:15	230	0	230	230
29	Neil Croasdell	M70	EPOC	60	59:30	210	0	210	210
30	David Potter	M55	BOK	60	54:54	200	0	200	200
31	Charlotte Willis	W21	AIRE	60	59:59	200	0	200	200
32	Anna Lister	W18	LUUOC	60	63:00	230	30	200	200
33	Helen Driver	W21	AIRE	45	45:20	130	10	120	160
34	Henk Van Rossum	M65	AIRE	60	59:30	160	0	160	160
35	Alan Parker	M70	AIRE	60	61:20	170	20	15	150

Any amendments please let me know: [aliceleake1@hotmail.com](mailto:aliceleake1@hotmail.com)