

Airienteers welcomes you to the

# Northern Night Orienteering Championships

plus the climax to the YHOA Night Orienteering League

## Saturday 1<sup>st</sup> February 2014

### Middleton Woods, Ilkley

## FINAL DETAILS

### Directions

The event is based at the Nell Bank Centre, Denton Road, ILKLEY LS29 0DE, Grid Ref SE127484.

- (1) Approaching Ilkley on the A65 **from the west**: Turn left (north) at the traffic lights in the centre of town. After 450m turn right. Continue for 1.2km, passing the swimming pool and a double-bend before turning left into Nell Bank.
- (2) Approaching Ilkley on the A65 **from the east**: Immediately before the traffic lights on the eastern edge of town, turn right (north) to cross the River Wharfe. Beware: this is a single lane bridge. Immediately turn left and continue for 1km along Denton Road before turning right into Nell Bank.

The event will be O-signed after you leave the A65. The entrance to Nell Bank is on a straight, fast, unlit section of road. Take care.

### Parking

Parking fee £1. The access road to Nell Bank is single lane. If only dropping off, please do so at the entrance to avoid entering the site. There are several small areas for parking. Please park as directed. Parking is limited so please share transport. If required, overflow parking will use the wide verge on the north side of Denton Road immediately to the east of the entrance to Nell Bank.

Please drive very slowly and beware of pedestrians and runners who will traverse the parking areas.

### Dogs

Sorry – dogs are not allowed on the Nell Bank site including the parking areas.

### Key Times

Registration open from 1700

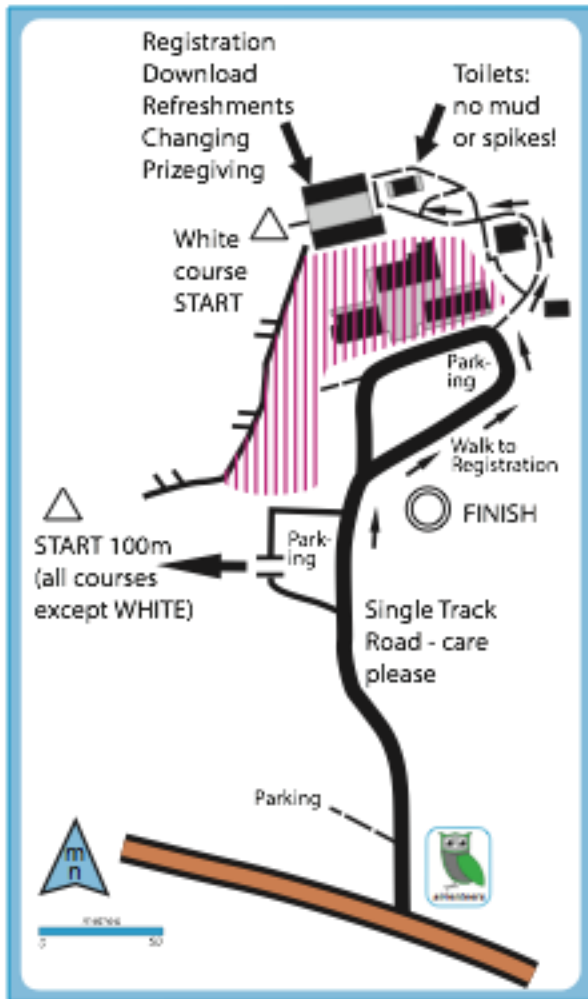
Starts from 1800 to 1915

Prize-giving as close to 2000 as possible

Courses close 2100

### Event Centre

Parking, Registration, Starts and Finish are all in close proximity. Follow signed/taped routes. All other buildings are out-of-bounds including all covered or wooden walkways. Give way to cars and runners.



### Registration

In covered, illuminated area. Includes: enquiries, registration, dibber hire, spacious unisex changing room, left keys & luggage, lone competitor register, download, results, refreshments, prize-giving.

### Toilets

Close to Registration. Please remove muddy footwear. Absolutely no spikes! Thank you.

### Limited Entry-on-the-Day (EOD)

Subject to map availability: All Seniors £8, Juniors £3. Fees are per map. The event uses SPORTident. Hire of SI dibber 50p each. Please ensure you return all hired dibbers.

Non-competitive pairs or groups very welcome.

### Controls

Standard orienteering kite. SI control box labeled with control code & mounted on stake.

### Courses

M/W18- means up to and including M/W18s

Course	Length +Climb	Notes	Map Scale
<b>White</b> Non-championship	<b>600m</b> +10m	For novices. Entirely within grounds of Nell Bank.	1:1500, 2.5m contours
<b>Orange</b> Non-championship	<b>1.6km</b> +45m	For those with orienteering experience but little night navigation.	Main map 1:7500 with 5m contours. The last part of each course is in Nell Bank grounds on a 1:4000 inset map with 2.5m contours
<b>Short Green</b> W55+	<b>2.4km</b> +70m		
<b>Green</b> W40+, W18-, M55+	<b>3.4km</b> +125m		
<b>Blue</b> W-Open, M40+, M18-	<b>4.9km</b> +210m	Blue and Brown courses are each printed in <u>two parts</u> . Turn the map over at the appropriate point.	
<b>Brown</b> M-Open	<b>6.5km</b> +290m		

### Starts

There are two starts. The White course start is beside Registration. For all other courses retrace the signs/tape to just west of the access road 250m from Registration.

Starts available from 1800 to 1915. Competitors will be started at 2 minute intervals. Start times are not allocated. Please assist the start officials by members of the same club starting at least 4 minutes apart. The start layout includes:

- Dibber clear station
- Dibber check at -4 mins
- Loose control descriptions at -3 mins
- Blank map on display at -2 mins
- Punching start

## Finish

There is one Finish common to all courses. Follow the signs/tape 150m back to Registration. Please report to download – even if you retire from your course.

## Map

Printed on waterproof paper. The main map of Middleton Woods is 1:7500 with 5m contours. Symbols ISOM. A black cross represents a hide. The last part of each course is on a 1:4000 ISSOM map of the Nell Bank site with 2.5m contours. This 1:4000 map is printed as an inset alongside the main map.

## Control Descriptions

For the White course these are marked on the map only using English text. For all other courses IOF symbols are used both on the map and available as loose sheets in the start lanes. A black cross represents a tunnel (part of an obstacle course).

<b>All competitors take part at their own risk and are responsible for their own safety</b>
---

## Terrain and Hazards – Main Map

Middleton Woods is an ancient deciduous woodland on a south-facing slope with an irregular network of paths, plus considerable contour, rock and watercourse detail. The terrain is mainly runnable, however, it is muddy in places, especially the paths! There are some brambles and dead bracken; larger areas are marked on the map. Private houses and gardens are shown in olive, which must not be crossed. There are many paths in the area. Some are hard to see as they are covered with leaves; others are muddy and may be slow running. Beware slippery footbridges, stiles, boardwalks and steps.

All courses except White and Orange cross a minor road. There is little traffic on this road, but cars may be going fast – please take care.

The Blue and Brown courses visit a previously unmapped wood at the west end of the area. This contains a stream, Crabtree Gill, which may be awkward to cross if there is a lot of rain. In this case, the bridge must be used and a warning will be displayed at the Start. There are some serious vertical drops at the edge of this gill. These are marked as large crags on the map and should be avoided. They are not taped.

Fences which may only be crossed at marked crossing points are mapped with a thick black line irrespective of their height. They are also underprinted with purple on the 1:7500 map. Crossing points are marked on the map in purple and on the ground with reflective tape.

Uncrossable fences and hedges in the Nell Bank grounds are all shown with a thick black ISSOM uncrossable boundary symbol. They must not be crossed.

## Terrain and Hazards – Nell Bank

Nell Bank is an Outdoor Education Centre used extensively by children for a wide range of activities. There are many buildings and several large pieces of climbing equipment. The latter are strictly out of bounds. Please observe these out of bounds areas, and the uncrossable cultivated areas, hedges and fences that are marked with standard ISSOM symbols on the 1:4000 map. The woodland in Nell Bank contains a number of roped areas, with ropes about 80cm off the ground. Some courses cross these areas. You may cross the ropes anywhere, but please take care. Hides appear and disappear frequently in the grounds – only the permanent structures are mapped.

## Safety

We strongly recommend you carry a whistle in case of an accident, plus a spare torch! In the event of very bad weather the Organiser may insist you take a cagoule - so please bring one! If this is the case, a sign will be displayed at the entrance to the parking areas. The Organiser's emergency mobile number is 07954 996848 which is printed on the control descriptions. If travelling alone please leave your car keys and name with Registration. Courses close at 2100. Whatever else you do, please report to download even if you retire from your course. Worrying about a 'missing' orienteer who has gone home is an unnecessary burden for the officials. First aid will be available at Registration. Nearest A&E department is Airedale Hospital, Skipton Rd, Steeton, Keighley, West Yorkshire BD20 6TD.

## Results, Prize-giving & Refreshments

Live results will be displayed on a screen. As soon as possible we will declare the winners, firstly for the Northern Night Orienteering Championships and then for the YHOA Night Orienteering League. Please give them your support.

Hot soup, drinks and cakes will be available. With the proceeds from parking and refreshments we hope to make a donation to the Nell Bank Centre (see below) on your behalf.

## Complaints

If you are unhappy about any aspect of the event or courses, please discuss it with one of the officials. If that does not resolve the problem, please put your complaint in writing and hand it in at enquiries.

## Acknowledgements

Bradford Council Woodlands Team for permission to orienteer in Middleton and Crabtree Gill Woods.  
Mr Marshall and Mr Gray for permission to use the intervening field.  
Bruce Fowler and the Nell Bank team for hosting us and permitting use of the grounds and facilities.

*Nell Bank is a highly acclaimed Outdoor Education Centre for young children. Its location and resources coupled with the energy and imagination of the staff create invaluable experiences for young people from the city of Bradford and beyond. The inclusivity of Nell Bank is particularly celebrated for the opportunities it affords children with disabilities and special needs.*

*Airienteers and others may recall that in 2007, when we lost our then 11yr-old daughter Gemma, a significant proportion of her memorial fund was donated to Nell Bank. Your kind contributions now take the form of the fantastic, multi-ability access, oak and steel tree-house and climbing structure at the highest point of the site. It is known as '**Gemma's House**' and is enjoyed every day. Thank you. RK*

## Enquiries and Officials

Organiser	Rob King, AIRE	01943 435415 (before 9pm)	thekingzATblueyonder.co.uk
Planner	Tony Thornley, AIRE		
Controller	Alistair Tinto, EPOC		