

## SETTLE URBAN RACE – SATURDAY 12TH

This is the first event to be held in and around Settle, including nearby Giggleswick. The race results will count towards the Yorkshire Urban League 2012.

**Settle** is a bustling market town in the foothills of the Pennines amongst some of the most picturesque scenery in North Yorkshire. The town stands beside the largest limestone outcrop in Britain. The market place is dominated by the Shambles an historic 3-storey building with shops on 2 levels and houses above. The railway station is the starting point for the famous Settle – Carlisle railway.

**Giggleswick** is a village on the other side of the River Ribble and is best known for its school who are kindly allowing us to use their facilities. This year the school is celebrating its Quincentenary. According to its history “one scole” had been built in a small building near the church. The school moved to its present site in 1867. One of its most important developments was the Chapel built to commemorate the Diamond Jubilee of Queen Victoria opened in 1901. It stands high on a rocky outcrop and is visible for miles around. Everyone will get a chance to see it as they run around this beautiful area.

Giggleswick School covers most of Giggleswick village with widespread playing fields, parcels of land and various accommodation for boarders and staff. There are some roads that pass through the school and its areas but all are very quiet and have a 20mph speed limit. Drivers using them are also used to school children walking the roads, including Saturdays which is a school morning and afternoons are given over to sporting activities. On the day of the event there will be few students on site as it is a home weekend.

### PARKING AND ASSEMBLY

At Giggleswick School, Settle, North Yorkshire. BD24 0DE. GR SD80 809640

Parking fee - £1.

The Pavilion will be used to house the event facilities. This building is within 200 metres of all car parking areas. Please respect the floor of this building and avoid wearing any inappropriate footwear in the sports hall area of the pavilion.

Facilities include entry enquiries, EOD, SI card hire, toilets and car key deposit.

AIREPORT providing additional information about orienteering in the local area will also be sited here.

### DOGS

Please keep dogs on a lead at all times. Do not leave them unattended. Do not take them into the Pavilion nor onto the playing fields. Clean up after them immediately. Remember this is a school with all the associate risks to pupils as a result of thoughtless owners. Thank you.

### TRAVEL DIRECTIONS

The advised approach to the school is from the Settle by-pass. This avoids the need to drive through the competition area, particularly in the vicinity of the school where junior competitors will be running. From the south the junction signed Settle and

Giggleswick is at GR SD80 807626 and from the north at GR SD80 804629. Please take care when turning right as this section of the A65 is straight and fast.

Giggleswick School is clearly signed from the first junction GR SD80 809634 less than a kilometre from the bypass. This junction can also be accessed from the town. Please avoid using either of the roads to the school directly from the B6480. Be aware of competitors appearing out of hedges and crossing the road.

## PUBLIC TRANSPORT

It is possible to access this event using public transport. Trains arrive at Settle from Leeds and Bradford to the south, Lancaster to the west and Carlisle to the north. The Northern Rail website will provide timings..From the station in Settle it is about 1.4 kms to Giggleswick School. Turn left out of the station following signs for Giggleswick station. At junction GR SD80 809634 turn right following signs for the school. There is also a station at Giggleswick which is 1.4km from the event centre.

## ENTRY ON THE DAY

Registration is in the Pavilion and will be open from 11.00 am until 1.00pm. Entry on the day will be subject to map availability. Seniors £11 (£9 for BO members) Juniors £2. SI card hire 50p. If you intend bringing a large group for EOD please inform the organiser.

## COURSE DETAILS

There are 6 competitive courses available. The class combinations shown below ensure eligibility for the Yorkshire Urban League.

The map scale is 1:5000. It is a new map by Chris Burden 2012. The map will be A3 for courses A-E and A4 for course F.. It will be printed on weatherproof paper and will not be bagged.

SI timing will be used. Dibbers can be hired from registration.

Course	classes	length	climb
A	Men's Open(18+), Men's vet (40+)	7.7 kms	125m
B	Women's Open (18+), Woman's Vet (40+) Men's Supervet (55+)	6.3 kms	95m
C	Women's Supervet (55+), Men's Ultravet (65+)	5.3 kms	75m
D	Women's Ultravets (65+)	4.1 kms	45m
E	Junior Men (M16-) Junior Women (W16-)	4.5 kms	60m
F	M12-, W12- (Yellow standard)	1.7 kms	35m

**All competitors on courses A, B, C & D must have passed their sixteenth birthday on the day of the race. This is an insurance requirement.**

Course F is completely on school property and will have a manned crossing by a gate which has to be used to cross one of the roads. Course E starts in the school and Giggleswick Village which has very quiet roads and paths. They then have a section in Settle where they will be in very quiet residential areas and the course has been planned so that they don't have to cross any of the busier roads. At one point they will have to go along a path by the car park for Booths supermarket but I was there last Saturday morning and it was not busy at all, in fact the whole area was very quiet. There is no benefit in or need to cross the road.

Courses A and B – early in the course there is a route choice around an uncrossable wall. Use either of the two crossing points marked on the map.

Pictorial control descriptions will be available in the start lanes. Yellow course descriptions will be available from registration.

## TERRAIN

This is an urban event taking in the roads, alley-ways and open spaces of Settle and Giggleswick with some farm land. Multi terrain shoes are recommended. There is too much tarmac for spikes and too much slippery grass for flat soles.

## CONTROLS

Controls will either be on stakes or tied by Gripples to urban furniture to secure the SI Boxes and kites. The control number will only be displayed on the SI box. There will not be any pin punches at the controls.

## START AND FINISH

There is one start adjacent to the Pavilion and one finish also alongside this building. Start times will NOT be pre-allocated. There will be a punching start and you can go to the start as soon as you are ready. Start times are from 11.30am until 1.30pm.

Download is in the Pavilion. Please remove muddy shoes before entering the sports hall. You must download even if you retire. Courses close at 3.00pm.

Water will not be provided at the finish.

## SAFETY

1. In Settle town centre there is a risk of colliding with non-orienteers who will obviously not be expecting a runner to come suddenly around the corner. It is your duty to consider their safety rather than your race speed. Take corners slowly, noisily and run wide.
2. Courses A -E cross roads in the town. Some of them may be busy so take care crossing trafficked roads and do not compromise the judgement of drivers, look and listen before crossing. As mentioned earlier a road passes through the school grounds. Although it has little traffic and a 20mph speed limit there are times when agricultural machinery passes through and it could be moving rapidly. The narrow streets in the western side of town are quiet but have blind corners so be alert for traffic.
3. The main road through Settle is often busy and courses A-D cross it several

times in different places. Other places to take care in are around the car parks. Do not rely on the judgement of drivers for your safety.

4. The River Ribble and smaller streams pass through the area and all have crossings via bridges and should not be a hazard to competitors. Please inform juniors not to play in or near streams.

#### OTHER INFORMATION

Remember that at urban events thick black lines and dark green lines are uncrossable walls, hedges and fences. You must not cross these even if you are able. Olive green and red striped areas are out of bounds. There are a number of gates which must be used to access the fields and land around Giggleswick school. In some cases these will be manned where stock are grazing. Please be aware of this.

#### CANCELLATION

In the event of cancellation due to unforeseen circumstances a notice will be published on the AIRE website. In this eventuality AIRE reserve the right to retain all or part of the entry fees to cover costs.

#### OFFICIALS

Planner – Adrian Pickles Controller – Tony Carlyle

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and finally

Thanks to Giggleswick School and particularly bursar Giles Bowring, for his help in allowing us to use the facilities at the school.