

Aire Affairs

June 2014



Aire Membership (Adrian Hall)

Hi, just in case you hadn't realised, I'm your new membership secretary. I might have introduced myself at an event recently, or maybe I haven't got that far yet.

I know many names and many faces, but sometimes joining the two together takes a while.

You can contact me on membership@Taire.org.uk for any membership related queries.

I've already gently reminded a few members that membership runs from January for a year and renewals are a bit late :)

If you're not currently a member, it's easy to join: just pop over to http://www.britishorienteering.co.uk/join_online and enter your details.

Our local association is YHOA and the club you are looking to join is AIRE

Senior membership is £15 (£10 for AIRE membership, £5 for BOF membership)

Junior membership is £2 (£2 for BOF membership)

To keep things simple, we don't offer a family membership as such. So a family of 2 adults and 2 children would still be £34

Membership will get you discounted entry to events (and some events require BOF membership) plus a copy of Aire Affairs keeping you up to date with club information, training tips and reports.

We also hope to run some coaching this year for club members - watch this space

Front Cover: The AIRE bunkhouse for the British Champs in the grounds of the Cragside estate, Northumberland

Contents

Aire Membership (Adrian Hall)	2
Edit O - Pete Jones	4
Aire Hoodies.....	5
JK Report - 18th -21st April South Wales.....	5
JK 2014 Sprint Event - Lowri Jones.....	6
JK2014 Individual Days - Wendy Carlyle	7
Shortest and Longest - Jack Wood.....	10
Classic (JK) Errors - Dave Alcock.....	11
Northern Championships - Gummers How & Blakeholme	13
British Individual & Relay Championships	14
BOC 2014 - Matthew Hall - M14	15
Peter Palmer Relays	17
Jack Bloor Races 2014	18
Jack Bloor Memorial Fund	19
Garage Sale	19

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Edit O - Pete Jones

For those active orienteers amongst us, the last few weeks have been a very busy time, with the JK (Wales), Northern Champs (Lakes) and British Champs all taking place within a 6 week period. All three proved to be great events on challenging terrain. Many of those who went to the British (in Northumberland) might err on the side of a tad too challenging, with 2hrs being a reasonable time on most of the courses. Now, I'm not all that up to date on the BOF recommended winning times, but the W90 course of 2.0k, was won in 230mins. Yes, that's right, 115mins/km. And very well done to the said lady as it was very very tough for anyone over 58 (which therefore includes me). Sad to say, AIRE podiums in all three championships were a little thin on the ground, but congratulations to our Northern Champions - Ali Wood on M60L and Faye Pinker on W35S, to Jo Thornley, our British W65S winner and to our 1st placed British Relay Mixed Ad Hoc team of Adrian Hall, Laura King and Matt Hall.

And a big thank you to Rob King, our bunkhouse organiser for the JK and British. Rob secured some outstanding accommodation for both. The front cover shows our British bunkhouse, in the grounds of the Cragside National Trust estate in Northumberland - an idyllic setting and once the daytime guests had left, we had the whole estate to ourselves, including what looks like an unauthorised replica of the AIRE owl.

On the Juniores front I have to say a big thank you to Joe Woodley for his sterling contribution as Juniores editor over the last two years. Joe is shortly off to University so we'll need someone to take over and I know he hasn't exactly been swamped with candidates. So if you want a go, or want to share the role with someone else please let Joe or myself know. Mainly it should be about getting your fellow juniors to contribute to AA, in any form whatsoever, and not about having to write the articles yourself. And unless things have changed in the last few days, we're still looking for a new treasurer now that Natasha Conway is stepping down after 5 years dedicated service.

Looking forward, it's a bit of a quiet time over the next two months, but do put the AIRE Fat Rascals weekend of 12th/13th July in your diaries and also the Wednesday evening sprint series. Don't forget our Tuesday Night runs - some great venues over the summer - get yourself in shape for the Lakes 5 day. And plans are afoot for a club training weekend, possibly early October, but yet to be confirmed.

Many thanks to contributors of photographic material - Wendy Carlyle and Rob King.



Aire Hoodies

Some slight changes for the contact details for purchasing AIRE Hoodies. For the full colour chart please have a look at the last edition of AA (April). The main contact to order is now Andrew Peden. Mobile 07779336747, Office 01756799333

Email andrew@tieweaver.com www.leavershoodies-school.com for colours and sizes

JK Report - 18th -21st April South Wales

In this edition we have four excellent articles about JK experiences, including a special JK 'Classic Errors' courtesy of Dave Alcock. Congratulations to the following star performances - I've tried to identify any top 10s, apologies if I've missed anyone - Ed.

JK Sprint

- 2nd Women's Open: Lowri Jones
- 3rd M35L: Dave Alcock
- 6th M50: Steve Webb
- 8th M18E: Joe Woodley
- 8th M55: Andrew Kelly
- 8th M65: Tony Thornley
- 8th W12: Eve Conway
- 10th W40: Sophie Brown

JK Individual (Day 2 & 3 Combined)

- 2nd W16B: Holly Avis
- 4th W21L: Cerys Jones
- 5th M18E: Joe Woodley
- 6th M20L: James Avis
- 6th W40L: Sophie Brown
- 7th M18S: Sam Avis
- 7th W12A: Eve Conway
- 8th W16A: Lucy Haines
- 8th W45S: Alex Watkins



Tony Thornley in JK Action

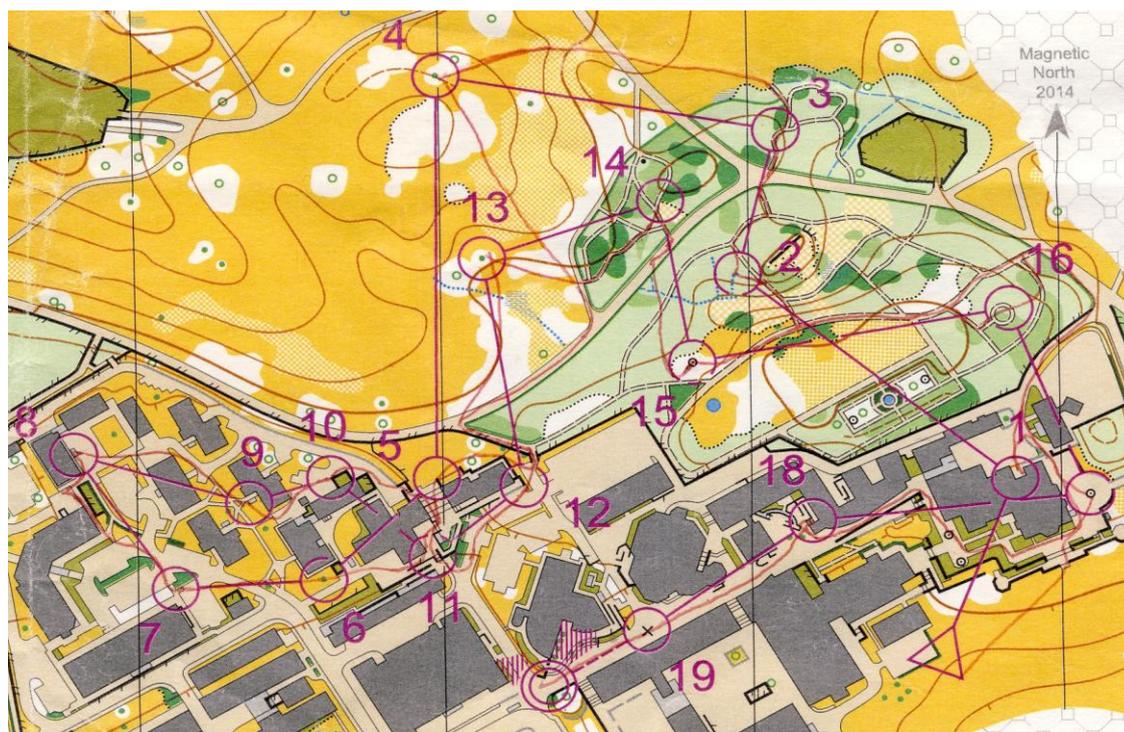
JK Relays

- 2nd Mixed Ad Hoc: (Bruce Woodley, Jack Wood, Chloe Haines)
- 3rd W48- : (Lucy Haines, Eve Conway, Beth Woodley)
- 7th Women's Short: (Cerys Jones, Lowri Jones, Helen Wood)
- 7th W165+ : (Shirley Wood, Jo Thornley, Wendy Carlyle)
- 10th M165+ : (Andrew Kelly, Tony Carlyle, Steve Webb)

JK 2014 Sprint Event - Lowri Jones

Two hours on the train from London, an hour in the car for Newport, and a good half hour sat in a traffic jam comprised almost entirely of orienteers on the way into Swansea, brought me to Swansea University, site of the JK 2014 sprint event. Enjoying the sun and the general positive atmosphere (this was to change over the next two days in the face of the Welsh moors and rain), I set off for the start. As usual my expectations were low, the only 'training' I had engaged in recently being a very flat, once a week run where the main focus was the pub afterwards. The Women's Open had a tiny 2.1km and 50m climb around campus buildings, some slightly gone-to-seed ornamental gardens, and a small bit of parkland.

As urban events go, it was fairly straightforward. Most of the buildings were self-contained units, so there was very little opportunity for getting stuck in corners or finding yourself on the wrong side of an impassable fence; I had to rely on the control descriptions a lot less than I expected from past experience of similar events. The course began by heading out of the campus into the ornamental gardens; went briefly out to the edge of the park, then back onto campus for a fun group of eight very short legs before retracing steps back through the park and gardens to end on some topiary-dodging and a straight sprint through the last two controls to the finish.



There were at least two points where the fastest route took you past later controls (e.g. 17, 13, 11), which helped my time but didn't make for the most interesting or challenging of courses. Saying that, it was very enjoyable - I was running better than anticipated and, apart from going slightly wide of number four and overshooting number 15 a little, was navigating well. Pegging it down to the finish, feeling quite pleased with my run, I was pleasantly shocked to hear myself announced on the run in as currently being in first place! Having had quite a late start, this seemed promising. My family were very enthusiastic about my result; upon being asked if she'd heard my name being



announced, my sister Cerys' response was "Oh, I did hear that but I thought I must have heard wrong, I didn't think they could mean *you*." (Afore mentioned sister in action at the sprints left)

Sadly I was knocked down a place by a later finisher, but was still happy with my second place in 15:39 to her 14:53, a big enough difference that I don't think I could have gone fast enough to beat her. It was a very enjoyable start to a JK that went drastically downhill over the two individual days (a 12th and a DNF); at least I'd started on a high!

JK2014 Individual Days - Wendy Carlyle

This is a first. As far as I recall I have never written an event report but I reckon my overall individual position at the JK in South Wales was my best ever. Having also read 'Year of the Perfect Run' by Bill Melville, I think I came as close as I have done to those perfect runs (for me!) over the weekend.

We had late starts both days which always pose a problem for preparation and eating. Add to this the long walk from the parking and a fair amount of time taking photos, I can't say I was in the mood for orienteering when we set out to the start. This in mind, I took the first control very slowly, following my bearing and reading the terrain. As I approached the control Val came in from the right and I reminded myself of Tony's mantra not to be distracted by other competitors. I think this was the advice which worked the best for me throughout the competition. However I reckon Val's presence was an effective motivator for keeping going too! The second control was further up the hill beyond a pond and a large depression. Again I was closely following my bearing and sitting on obvious features on the horizon, and thankfully was on target for the depression and the pit containing my control.

The next couple of controls were pretty straightforward, then we had a short leg to a pit on the edge of the yellow which was supposed to be short, runnable grass. Because of this I thought I would arrive at the distinct change in terrain and head round the edge to the control but the 'open' yellow was full of rocks and not as easy to see on the ground as I had expected. Consequently I was



Husband Tony looking cool

too far to the left of the control but thankfully the niche I arrived at put me back on course and also Val, who had been more accurate in her execution, led me into the correct control, thanks Val! Now I knew what to expect from the 'yellow' and I was doing a better job of reading the terrain so I crossed the bit of rocky pavement and arrived spot on at the boulder.

I sighted on a hill for my next control and there was an obvious section of rocky ground that I knew I needed to skirt to get me close to the circle and then I drew breath at the long leg to come next. Tony says I don't look wide enough on these kinds of legs to see what handrails might lead me to the control and I also struggled to visualise the terrain ahead of me. The plan was to tick off the round hill, cross the track, head to the left of the biggish depression which possibly had water in it, contour round the spur and look out for the very big depression which would lead me up on to the rocky pavement which I had sighted on from the previous control. I didn't have enough confidence to believe when I set off that it was the rocky area which sheltered my control but as I drew closer I realised it was just where I wanted it to be. I did think at this point that it would be a good idea to ask Tony to help me to sort out pacing!!

The next control was smooth and, running downhill to the small pond, I resisted the temptation to be drawn away to my right by competitors heading to a larger pond. I did worry that I would have a long way to come back up if I was wrong, but I stuck with it and was rewarded by being bang on the control. The last tricky control was over the other side of the hill. I guess I could have saved time by contouring around it but I felt I needed the security of the cairn on the top and the view I had from there showed me the large marsh which was my attack point for the smaller marsh control. From there it was four pretty easy controls downhill into the finish. I had very much enjoyed the challenges of the course and was pleased to achieve 17th place at the end of the day.

The following day was a very different challenge weather-wise! We had even later times and there was much standing around in the mist growing colder by the minute. I really did not want to take off all my layers when it came to walking to the start and cagoules had become compulsory. As we



climbed up to the start ominous thunder rolled across the valley and there was one almighty lightning flash and crash. Competitors looked at each other nervously and comments were bandied about, about tall runners. Thankfully that was the full extent of the thunderstorm but once out on the moor we were blasted with wind and rain and doubt began to seep in (with the wet!) that I was going to be able to finish. It was very much a case of following bearings very closely and looking for obvious features in the low cloud. The innovatory wax I had rubbed into my glasses before we started certainly helped to keep condensation at bay but it did nothing for the rain and, at times, I had to take my glasses off to peer very closely at the map. Thankfully moving pretty slowly and keeping my wits about me, I made only minor errors to the first four controls although it took me a few minutes to get in to the terrain.

Four to five was another scary long leg and I surprised myself when I saw the cairn on the hill I was aiming at half way along the leg. I felt I had to go right up to it to make sure it was real! The next couple of controls were slow but pretty accurate and then came a longer leg around a big spur which was the only point when I lost any real time. As I went over the spur I felt in trouble as I was not sure how far down the hillside I needed to aim for. Looking at the map now I would have chosen a very different route, contouring around the spur and picking up a large re-entrant, depression and 'yellow' area to lead me in on the same contour. As it was I guess I used intuition more than orienteering skill and just when I was thinking I had messed up big style I came across a shallow gully full of rocks and took a gamble that I could locate it on the map. This told me I needed to go up and along a little further and thankfully I was right. From there it was a long downhill into the finish with several short legs parallel to the parking road where the controls were easy but you had to resist the temptation to visit every one en route. I was placed 20th on this second day but the challenging weather had resulted in several retirals and mispunches so I was pleased to finish in 14th place overall on W55L. A seventh placing for our relay team on the final day was a great conclusion to an excellent weekend!

My apologies for the lack of technical detail in this report! Wendy Carlyle

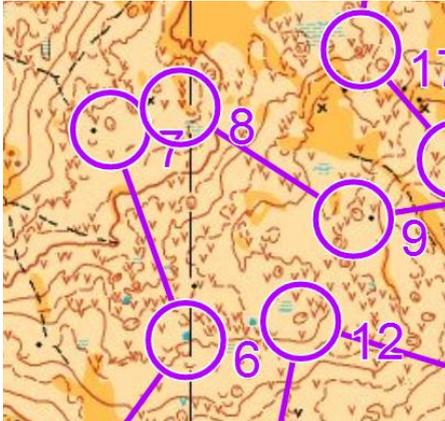


Chairman Marshall in action at the Relays

Shortest and Longest - Jack Wood

Here are the shortest and longest legs of my JK on M21E. I've included a description of what I thought I was doing along with the time I was behind the winner of both days and former Airienteer Hector Haines.

Shortest leg:



Day 1 (middle), 7-8, 100m, time taken 1.43, time behind Hector 1.12.

Lazily ran in the approximate direction assuming that I'd see the control. Dangerous tactic! Got distracted by another control, went off line and ended up running around madly in search of the right pit.

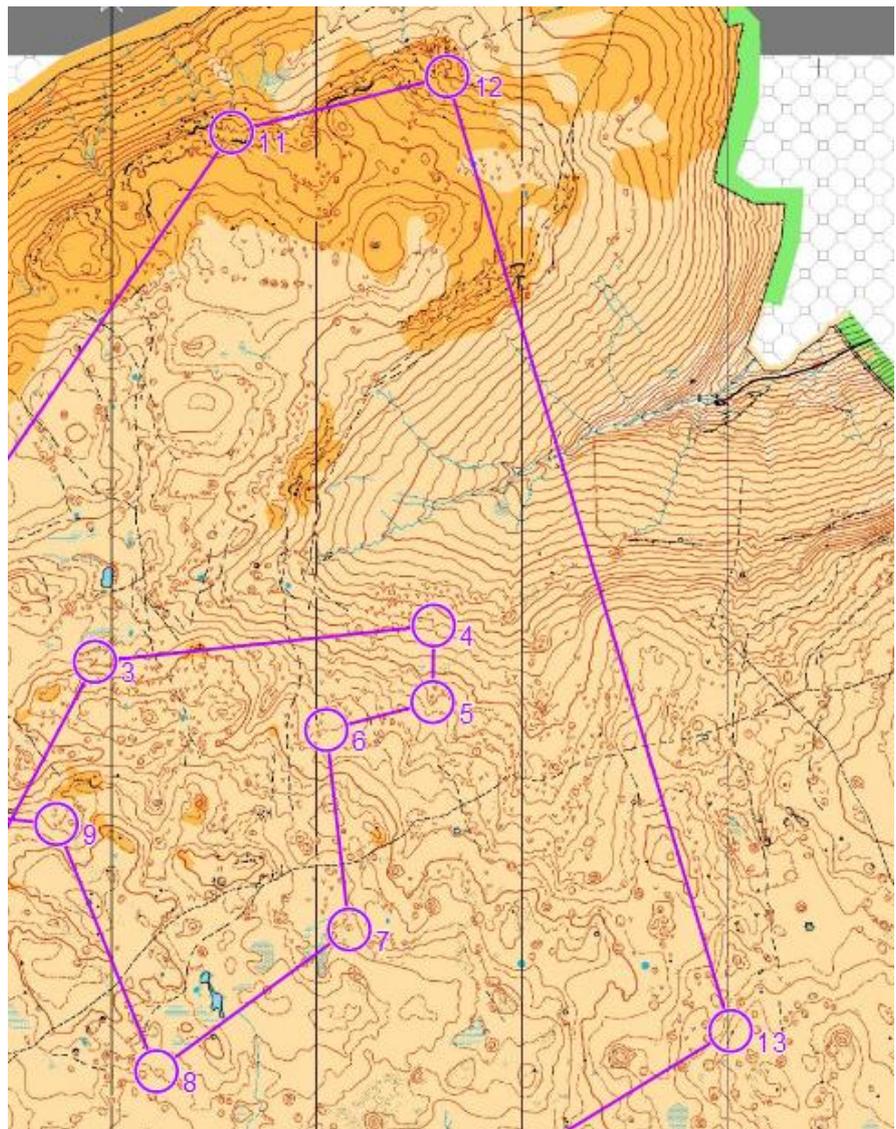
Lesson: Not many gimmies in this terrain- keep concentrating.

Longest leg:

Day 2 (long), 12-13, 2.4km, time taken 20.42, time behind Hector 6.03.

Ran up and around the hill to the East of the line. Saw the route around path to West but went straight as didn't look too bad. Was however quite rough under foot and being tired already, lost time battling up through the tussocks in broad re-entrant. Looking back wonder if it would have been worth to veer off to the East to pick up the path that leads most of the way to the control, then again a lot of the top guys took the same route as me (just ran a lot faster!).

Lesson: Do some hill/terrain training to get fitter.



Classic (JK) Errors - Dave Alcock

How are the two images below related? No prizes for guessing...

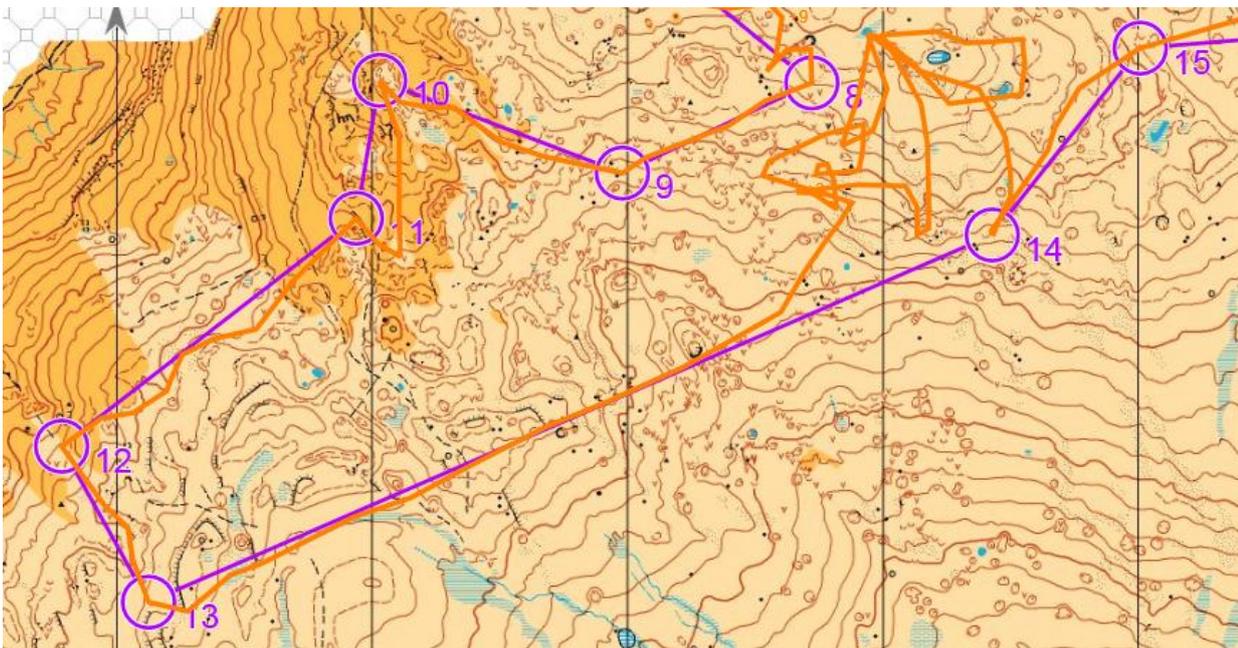


...In fact there were no prizes for me either, on the day that both images relate to: Saturday, 19th April 2014. Let me explain.

I was riding high after a fairly smooth JK sprint at Swansea University. Although I didn't really like the 'abandoned botanic gardens' feel of the first part of the sprint course, I got into the flow and was fresh-legged as I entered the built-up part of the campus, and whilst I was a minute down on the winner, Duncan Archer, I squeaked through the course in 14:32 - a few seconds faster than a handful of my fellow M35 competitors, to get third place (Ant Squire was second).

Day two of the JK rolled around, and I just needed to complete my course in under two hours or so to make it back for the JK sprint prize-giving for my moment of fame (or rather, my moment of minor diversion as people walked back to their cars). I was

feeling quite confident of perhaps a top ten finish, and I trusted my compass, so I spiked a few early



controls. So far so good.

I then messed up on control 8, and I got dragged off course on my way to number 11, assuming that the two competitors I met at control 10 were on my course. Nevertheless, I was feeling fairly confident that I could rough-navigate across the moorland on the long leg (13-14), swerving around depressions and skipping across scree fields, before focussing in the final part of the leg. I am pretty sure I saw the crag-lined depression two-thirds the way through the leg, but then I lost concentration, I caught sight of a few competitors "on a hillside desolate"*, and I just blundered upwards, hoping to get the right depression. After a minute or two of popping in and out of

depressions, I slowed down, and then widened my search, then widened it further, then dragged myself to the top of the broad ridge, and tried to relocate on one of the many lakes.

When I finally managed to relocate, I somehow headed off on a bearing to number 15 by accident, and when I realised, I broke off my journey, shuffling in the general direction of number 14, only to find myself looking into depressions for the second, third and even fourth time. So I put my Helly Hansen top on, and thought I really should get my act together, so I made my way up to the broad ridge again, I found some of the lakes again, then noticed a re-entrant pointing down to the control. I carefully followed it, et voila!

There was still about a third of the course to cover, so I pushed doggedly on, tripping over tussocks and drifting off-line a number of times. When I still had a couple of kilometres to go, I overheard the commentary team awarding prizes – doh! A while later, I was the sole competitor on the run-in, and clubs were packing up their tents and heading off. So, I missed the medal ceremony and traipsed back to the AIRE contingent with my head between my legs. I didn't even have a souvenir GPS trace of my error, as my Garmin broke several weeks earlier, and I hadn't been bothered to get it fixed. So the 'routegadget' trace above is an extremely rough guess! The main lessons that I learned were:

1. Don't get dragged off by the sight of other competitors
2. Once you've spend a couple of minutes of 'fine' relocating, think big, and relocate from a more obvious point
3. *Concentrate!*

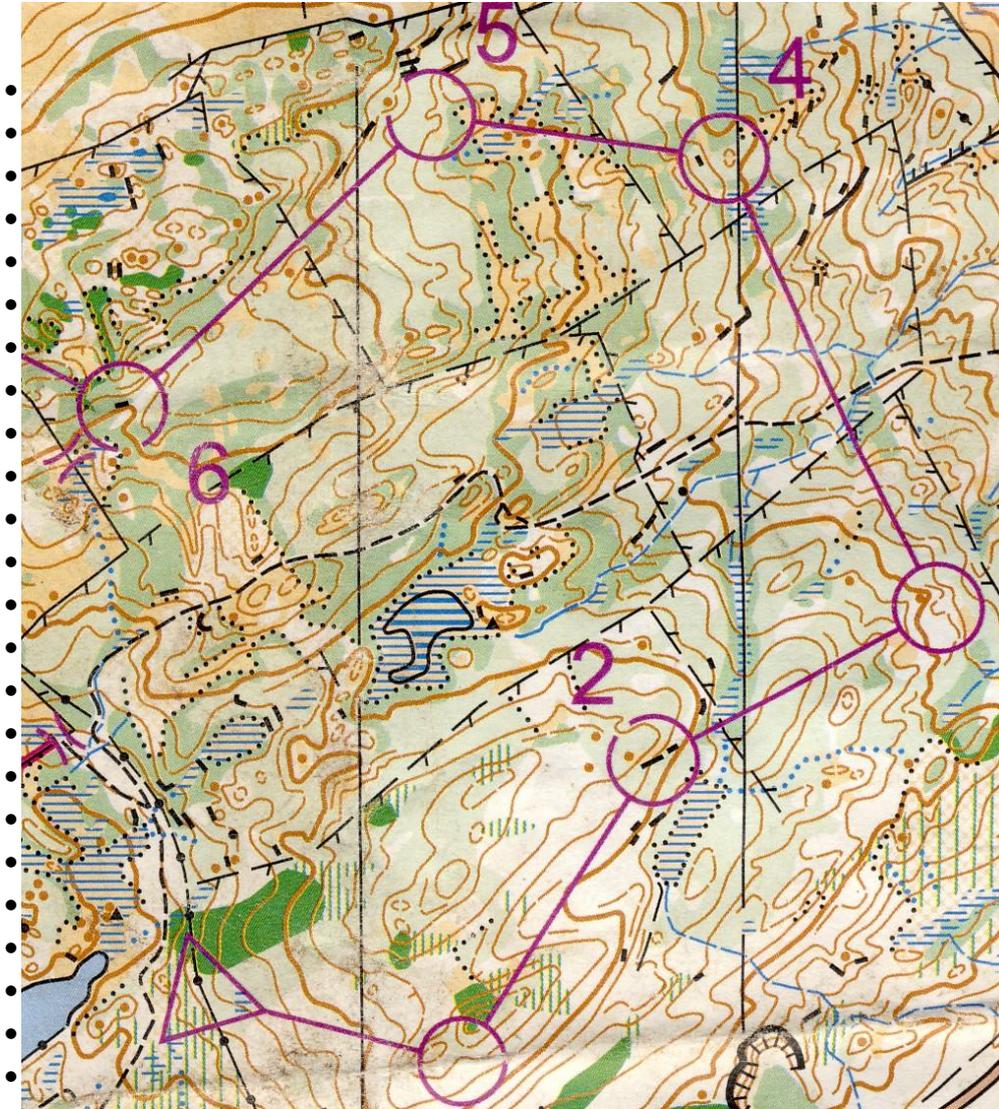
My final placing was 21st out of 24 – so I was almost third from bottom of the M35s – a big change from third from the top! Looking at the split times for the leg, I ran it in 44.44, and the fastest split was Duncan Archer's: 10.53. Assuming that with no errors, I could have run it in less than 15 minutes, this meant that my error alone was over twice the length of my entire podium-placed run from the previous day. Beat that!

*This is a reference to a song by The Smiths – can you name that tune?

Eds note: This now stands as the official "Classic Errors" record time for a single leg - unless of course you know differently

Northern Championships - Gummers How & Blakeholme

No event report I'm afraid, so just a summary of the top 10 AIRE performers and a snapshot of the editors M55 course.



- 1st M60L: Alistair Wood
- 1st W35S: Faye Pinker
- 2nd W12A: Eve Conway
- 3rd M21L: Ben Stevens
- 4th W16A: Laura King
- 4th W45L: Rebecca Mon Williams
- 5th M40L: Adrian Hall
- 6th W40L: Sophie Brown
- 6th M50S: Paul wood
- 7th W16A: Lucy Haines
- 8th M45L: Neil Conway
- 8th M65L: Tony Thornley
- 8th W35L: Marie Gibbs
- 8th M65S: Fred Ross
- 10th M35L: Dave Alcock

British Individual & Relay Championships

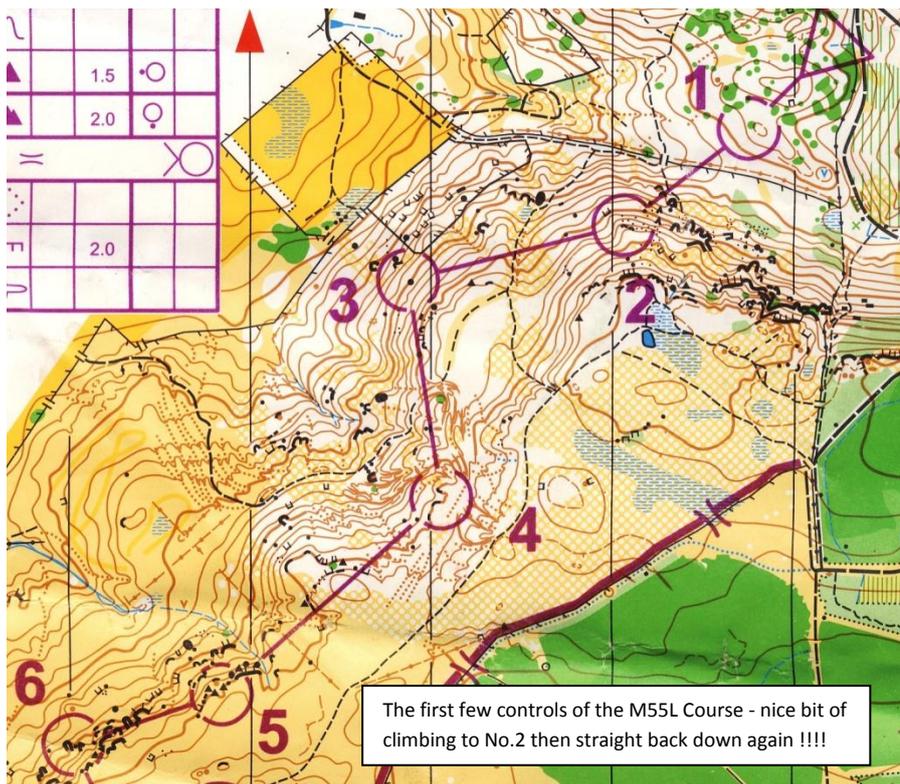
Tough, tough, tough. That's pretty much how 99% of competitors described the individual area at Thrunton & Callaly. Some good technical orienteering, but very slow underfoot conditions. Even the white areas on the map were bilberry covered planting lanes over fallen logs. Well done to the hardy band of AIRE survivors and especially well done to those below. The relay area could not have been more different - back to 5 minute kms for the hard men. Ed.

Individual Results (Top 10s)

- 1st W65S: Jo Thornley
- 4th W12A: Eve Conway
- 5th W40: Natasha Conway
- 6th M35L: Dave Alcock
- 6th W55S: Val Gilleard
- 7th M40L: Adrian Hall
- 8th M35L: Gordon Urquhart
- 9th W12A: Annie Brown
- 9th W16A: Laura King
- 9th W40: Sophie Brown
- 9th W65L: Hilary Allen
- 10th W40 Rebecca Mon Williams
- 10th M65L: Tony Thornley



Jo Thornley - W65S Individual winner seen at the following days relays



BOC 2014 - Matthew Hall - M14

After spending the night in the bunk house at Cragside, the two kilometre walk to the start on the first day of the BOC - the individual race, was a very different experience to the warm bed and crisp morning. It was rather muddy and a bit wet to say the least. But what was to come was, well, different. Bracken, mud, and heaps of dead branches, as well as, unfortunately, ticks. Add that to the fact I was doing 500m more than the W16s (what!), and I thought I was in for a bad day. But it could have been much worse. First control mess-up, slow, wet and bad route choices were frequent enough, but otherwise I was happy. I didn't believe for one moment I was the only one who had trouble, and I was right - everyone else I'd spoken to (my family and the others we stayed with) said something along the lines of "ooh, that was a very tricky area", etc, etc. So, back to Cragside, and after a pleasant sunset meal, we relaxed with the Gilleards, the Thornleys, the Kings and the Bradburys from SYO.



Some of the AIRE Cragside contingent relaxing in their 'private' grounds

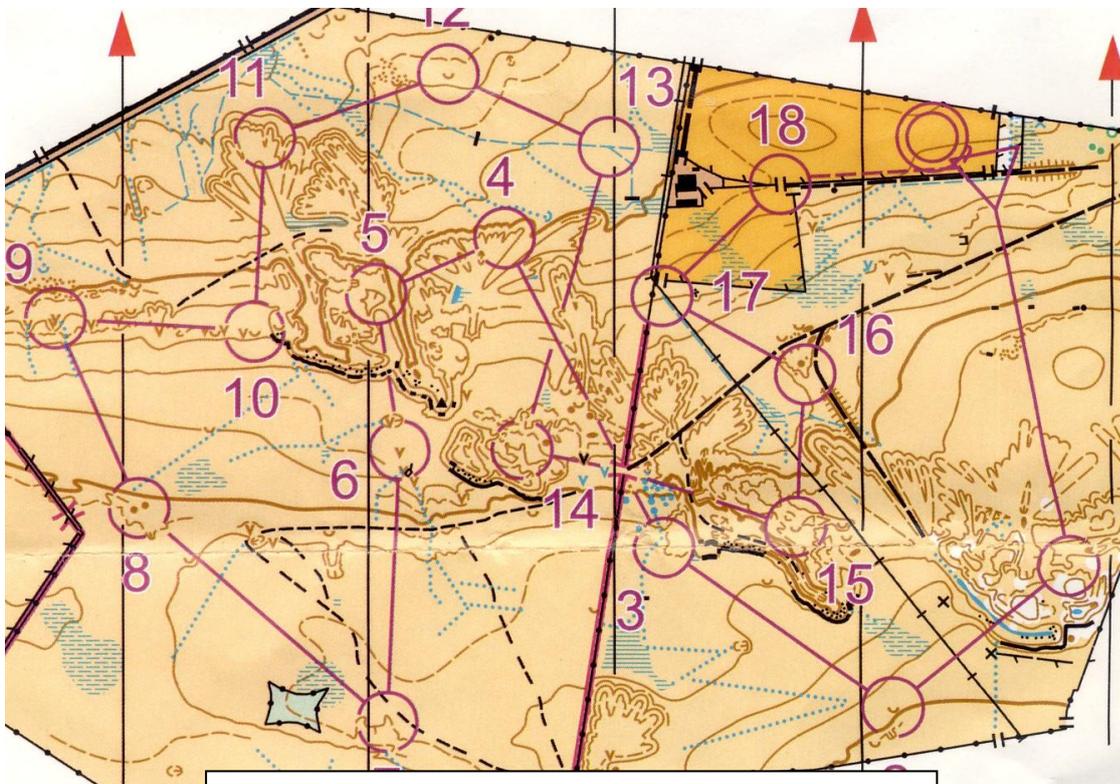


So - day two; the relays. Not that my dad [Adrian] , Laura King or I expected to win anything, but, despite that, we ran, like everyone else, as well as we could. Adrian and Laura had great runs, as well as, from what I had heard, most of the other Airienteers. I, however, had to take a poor compass course to the WRONG CONTROL!! After taking about ten strides towards the finish, realised, went back to the right control, and finished. Disappointed, I walked to the results, and... we'd just clinched a victory! VoltAIRE had won! Much of the credit has to go to Laura and Adrian's great, flawless (almost!) runs. Also, well done to everyone else who took part, especially to the Airienteers and BOF for making this happen!

The winning Mixed Ad Hoc Relay Team

Relay Results (Top 10)

- 1st Mixed Ad Hoc (Adrian Hall, Laura King, Matthew Hall)
- 5th M50 (Steve Webb, Rob King, Peter Jones)
- 5th Junior Ad Hoc (Lucy Haines, Eve Conway, Annie Brown)



One of the 4.7k relay legs used for both M50 and the long leg of the Ad-Hoc



The start of the Mixed Ad Hoc relay - with Cerys Jones in the centre

Peter Palmer Relays

Calling AIRE Juniors - M/W12s to M/W18s

Can we make a team or two?

- This is a very popular orienteering relay event *just for juniors*
- It involves dark, dawn and daylight legs

- **Date** Saturday pm to Sunday am, 13-14th September 2014
- **Venue** Walesby Forest, part of Sherwood Forest but hosted by HALO

- We would probably travel Sat mid-afternoon - *after AIRE's Long-O event in Upper Wharfedale* - and return by noon on Sunday
- The terrain comprises semi-parkland, nice woodland, good path network
- Teams of 6+ runners race over 6 laps
- Teams must include at least 2 boys and 2 girls
- The 6 laps are of Red, Red, Light Green, Orange, Yellow and Green standard
- The first leg starts at 4.30 am Sunday and so is run in the dark, as is the 2nd leg and, if fast, a bit of the 3rd leg – *AIRE has very able junior night orienteers!*
- Up to 3 runners may run the 5th (Yellow) leg - they run in parallel and the first one in tags the 6th leg runner – *a great way of participating without pressure*
- Prize-giving is at 9.15'ish Sunday morning
- Accommodation & breakfast is provided at Walesby Forest Outdoor Adventure Activity Centre, a tented camp and lodge
- Once we know who and how many we have we will co-ordinate transport, Sat evening meal, etc
- AIRE will pay for junior entries, accommodation & breakfast (£17 each)
- Individuals will need to cover transport & Sat evening meal costs
- We will allocate runners to legs to make team(s) as competitive as possible whilst recognising that this is a great experience for juniors to participate in

Please let me know as soon as you can, and before the summer holidays, if you are available and interested. Equally, if you are not! If positive, please provide details of your:

- o Date of birth - *alas, M/W10s are not permitted, even running up*
- o British Orienteering No - *if you have one*
- o SI No - *if you have one*
- o Up to what colour standard would you be happy to run? *Although 'running down' is very common in junior relays and often necessary to compile a team*
- o Any adults wishing to help, taxi, etc - *cost for accommodation/breakfast £13*

More info available here: [HALO PPR Flier](#)

Please reply to Rob King thekingzATblueyonder.co.uk 01943 435415

Jack Bloor Races 2014

Thanks to Airienteers for supporting the 29th Jack Bloor Races

For providing helpers, cakes, officials, equipment & runners

The rains ceased just in time to reveal a glorious evening for 100+ juniors competing in five age classes. Winning times spanned 4mins 25 secs for U8s to 12mins 26secs for U16s. Particular thanks to Laura who baked and then decorated cookie medals for the top 30 juniors and cookies for all runners!

The 8.4km senior race saw 215 runners traverse the highlights of Ilkley Moor in glorious evening sunshine with dramatic cloudscapes. And when things just couldn't get any better all runners were rewarded with a bottle of fine Dinner Ale thanks to our senior race sponsor The Ilkley Brewery Company.

Congratulations to all participating Airienteers and particularly to:

- **Overall winner Ian Nixon** (Pudsey & Bramley AC) in 41mins 25secs
- 5th placed **Joe Woodley** (Skyrac AC)
- 9th placed **Greg Hull** (Leeds City AC) and who's 2007 record still stands!
- 15th placed **David Alcock** (Pudsey & Bramley AC)

Full results, report and photos at [Jack Bloor Races](#)



Ian Nixon receiving the Jack Bloor Trophy from event sponsor Terry Lonergan of Complete Runner, Ilkley.

Jack Bloor Memorial Fund

Our quick reckoning indicates that the 2014 races will have raised over £1300 for the **Jack Bloor Memorial Fund** that supports young people in Yorkshire to engage in outdoor pursuits.

The following awards have been made since the 2013 Jack Bloor Races:

- Georgia Malir, Ilkley, Fell Running (Ilkley Harriers), Improve fitness for World Mountain Running Champs
- Laura King, Ilkley, Orienteering (Airiunteers), Lagganlia M/W14 Training Camp, Scotland
- Katy Bullock, Doncaster, Climbing (BMC), Single Pitch Award
- Ben Turner, Doncaster, Cycling (Dinnington RC), Improve racing skills for National Cyclocross Champs
- Bradley Traviss, Halifax, Fell Running (Calder Valley), Vertical Kilometre Race, Switzerland
- Michael Mason, Malton, Mountaineering (BMC), Expedition to Climb Mount Elbrus, Western Caucasus
- Mary Burton, Leeds, Mountaineering (BMC), Improve 4000m mountaineering skills, Pyrenees
- Emma Brook, Bradford, Mountaineering (Girl Guides), Improve mountaineering skills, climb Mt Toubkal, Morocco
- Manpreet Kaur, Bradford, Mountaineering (Girl Guides), Improve mountaineering skills, climb Mt Toubkal, Morocco
- Kim Stephens, Ilkley, Mountaineering (BMC), Improve mountaineering skills, India
- Sam Lee, York, Mountaineering (BMC), Improve mountaineering skills to lead and help others

Applications are welcome at any time of year

Details at [Jack Bloor Memorial Fund](#)

Garage Sale

Giant Family Tent - Easycamp Ligata 600 - £50 ono

This is the big one - 3 bed detached, plus huge communal living area. Stacks of room for a family of 6+ or about 20 students. Any Nixons, Hulls or Alcocks planning on expanding, then this is the tent for you. Plenty of room to park the executive baby buggies and separate bedroom for the dog.

Contact : Pete & Ruth Jones, 01274 596850 or pjrjATblueyonder.co.uk

TUESDAY NIGHT RUNNING up to Sept 2014

DATE	LOCATION	AREA	TEL NO	GRID REF
27 th May	Swinsty Car Park, LS21 2NP	Swinsty / Timble		SE186537
3 rd June	New Inn, Eccup, LS16 8AU	Eccup/Harewood		SE288429
10 th June	Red Lion, Burnsall	Burnsall/Wharfedale		SE032612
17 th June	The Fleece Inn, Addingham, LS29 0LY	Addingham		SE078497
24 th June	The Listers Arms, Malham, BD23 4DB	Gordale Scar/Malham		SD902629
1 st July	Rivock Edge, BD20 5RL Eat at The Busfeild Arms, East Morton	Addingham High Moor		SE066442
8 th July	Pete & Ruth Jones 11 Woodlands Grove, Baildon, BD17 5BD	Baildon	01274 596850	SE136388
15 th July	Hare and Hounds Lothersdale, BD20 8EL	Elslack or Glusburn Moor		SD959460
22 nd July	Sara Dyer & Steve Webb, Faweather Farm, Birch Close Lane, BD16 3BG	High Eldwick	01943 871606	SE142418
29 th July	Craven Heifer (600m N of Skipton by-pass on B6265)	Flasby Fell		SD983534
5 th August	Cow & Calf Hotel, Ilkley, LS29 8BT	Ilkley Moor		SE134465
12 th August	Steve & Alex Watkins, West Barn, Thompson Lane, Baildon, BD17 7NB	Baildon Moor	01274 580764	SE142385
19 th August	Junction above Dob Park, LS21 2NA Eat at Wetherspoons, Otley	Timble and Washburn Valley		SE195492
26 th August	Hare and Hounds Lothersdale, BD20 8EL	Elslack or Glusburn Moor		SD959460
2 nd September	Ian & Joyce Marshall, 6 Oak Close, Burley-in-W'dale, LS29 7PJ	Burley-in-W'dale	01943 862997	SE165457

Meet at 7pm. Everyone welcome – young, old, fast, slow.

Eat together in a pub afterwards or bring food along for a communal meal if the run is from someone's house.

For further details contact Joyce or Ian Marshall on 01943 862997