

Aire Affairs

November 2012



Compass Sport Cup Champions 2012



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EDIT O

Hi All Airmen,

Two earthshaking events have happened in recent weeks. Firstly, and some might say unexpectedly, AIRE won the Compass Sport Cup on a rain lashed day in the Scottish Borders. We would say otherwise, the trophy is now back in its rightful home after an 8 year gap - we last won in 2004. Lets hope we can continue to build on this success - see the full report on page 15.

Secondly, we have a new chairman - Ian Marshall. I'm sure you will all join me in thanking Ian for taking on the role. The thoughts of chairman Marshall can be seen overleaf.

At the AGM we discussed the future distribution of Aire Affairs. The conclusion was that despite being able to operate electronically the vast majority would still like to receive a printed copy. Its good coffee table material and also useful information for any new or potential members. We're investigating the costs and feasibility of this and if we can get this done at a reasonable price we aim to print a copy for all but to reduce costs would have these available for collection at events/Tuesday night runs etc

Please see the article on the new AIRE Hoodies - any colour, any size and great value. Its the latest thing for 2013.

And finally, can I ask you all to ensure your personal details are correct on the BOF database. Its important as we use this data as our key contact information. Every member has an electronic account that is accessed from the main BOF website

www.britishorienteering.org.uk/index.php

Top left is the login prompt. USERNAME is your BOF number. If you've forgotten your password, just click on the forgot password link and BOF office will send you a new one.

Pete Jones

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AIRE NEWS

Chair Affairs - Ian Marshall

Welcome to the first Chair Affairs for over 12 months as the club has been without a chairperson for the last year. I am open to suggestions regarding ways of taking the club forward. Some of the things I would like to see are a greater emphasis on the social aspects of membership. We already have a programme of Tuesday Night Runs and another series of Wednesday Night Street events is about to start. A club meal at the Cheerful Chilli, Otley Chevin is also in the offing.

A longer term aim is to get some regular coaching/training provision particularly for juniors, and initially at our Saturday O-lites a commitment of experienced orienteers to support the organiser by being on hand to provide advice to the less experienced.

Could I appeal to someone please to consider filling the role of Publicity Officer, which Simon Bowens has had to step down from, having brought some innovative thinking to the job in the last year – Twitter feed etc. The most important part of this role as I see it is to get copy into the local press. Our target audience of potential new members tends to already be involved in local sport and read these reports. On several occasions I have been approached by running friends commenting on orienteering performances they have read about in the Ilkley Gazette. Please discuss with a member of the committee if you are interested – we can supply the contacts.

And what a time to lead the club with our recent successes, winning the Compass Sport Cup and with great performances in the UK Relay League event at Tockholes and the FCC races at Hameldon Hills. We should take time to celebrate this success – well done everyone!

Airienteers Annual General Meeting - Nick Jones

Only 12 people turned up for the AGM (your AGM) whilst a further 6 forwarded their apologies. When you consider the size of our club this is a poor response.

What does it mean? Are you happy with what the club is doing. Are you just not bothered. Are you concerned but don't want to "rock the boat". Do you have ideas but are not sure who to approach or how to implement them. **Aire is Your Club and we are Your Committee.** We don't have all the answers, we may not have any of the answers, but unless we know what the questions are we can't start the examination.

Like any organisation if we standstill we actually go backwards. We are good in many areas and we can build on this. We all want a better "orienteering/club" experience and I think it's important that we all have a think about what we could do to achieve this. There is no "I" in Team but there is a "me". The spirit and success shown in the regional round and **Our** final success in the Compass Sport Cup demonstrated this. So let's try and build on this because there is a "**you**" in Club.OK, so having got those personal thoughts out of the way here's a brief resume of the AGM. The minutes of the AGM, the Financial Report and the List of present officials/job holders can be found on the Aire website.

After the normal procedural niceties we moved to the Financial Reports. Natasha provided us with a thorough report on the Accounts for 2011/2012 which were much as expected. The “loss” for the year was very much in line with that which was budgeted for, the main reason being the final tranche of the SI upgrade. The large number of events put on by the club produced a healthy income, especially our level D informals (WEIs & O Lites). However it was noted that some of our “larger” events had not provided a similar income to that which had been forthcoming in the past, with one or two resulting in a small loss.

The budget for 2012/2013 was also presented and after some short discussions was accepted. It is accepted that a few new changes, for instance to British Orienteering membership categories (and to our own membership) and Event Levy structure, will need to be monitored to see what impact, if any, they have on our income. The committee will monitor and review on an on-going basis. The budget is for a small “loss” for the year but which will retain our reserves at an agreed level of c. £6,000.

As there was no Chairman last year (to give a Chair’s report) Nick briefly summed up some of the highlights from the club’s orienteering year including Compass Sport Cup success, Representative honours at National & International level and the success of the large number of events put on with many being staged by new planners/organisers/controllers. Most importantly however thanks were expressed to all who had given their own time & effort on behalf of the club in whatever capacity. The club has been without a chairman for 2011/2012. However Ian Marshall was elected unopposed so with Ian newly in place and Secretary, Treasurer & Fixtures Secretary volunteering to carry on we have a full “executive”.

Some existing committee members have stepped down. This has resulted in there being 3 vacancies on the committee and a vacant Publicity Officer role (you can be one without the other). Whilst the role of Publicity Officer could cover many areas one of the most important is to ensure that reports of members’ activities at events, local & regional/national, make it into the local media. To this end perhaps a description of Press Officer may be more appropriate.

If there is any club member out there who feels they could do this on behalf of the club we would be only too pleased to hear from them. The links to the various local papers are already established so it would involve checking “local” results, typing up a “report” and emailing out. I’m sure Simon Bowens (outgoing Publicity Officer) would be happy to give some tips/point you in the right direction.

Similarly if there are members (young / old / new /longstanding) who would be prepared to join the committee or bring up/take forward ideas we would be delighted to hear from you. Under AOB a few issues were discussed and the committee will take the views forward.

Secretarial Movement - Nick Jones. House Move Details

Please note, I will shortly be moving and from 31/10/12 my new address will be

22 Honey Pot Drive, Baildon, Shipley, West Yorkshire BD17 5TJ

My new phone number will be 01274 953269 (once his Sky landline & broadband get established (10/12/12)). My mobile stays the same – 07810 410962. As the new house can't get Virgin Media my existing NTL email address will cease in 60 days so I am reverting to a pre-existing email address

nh_jones2001@yahoo.co.uk

I will have some limited email connectivity in the interim period from move to broadband connection so you can contact me on the old (for 60 days) or new email address or my mobile (if, as you know, I actually turn it on)

Changes to Membership for 2013

British Orienteering is changing its membership categories and for 2013 there will only be Adult (21 or older on 31 Dec of the membership year) and Junior (20 or younger on 31 Dec of the membership year) membership. The annual fees being £5 & £2 respectively. There will no longer be Family, Student or Associate categories. There will be no Local or Regional BO members. All BO members will now be Full National members.

Aire is amending its membership categories to fall in line with BO (and to make it simple(r) for our Membership Secretary) and the Club Membership fee for Adults is £10 & Juniors is £0. Whilst there will no longer be a family membership category the net effect should not increase the overall club membership fee for those who previously had family membership.

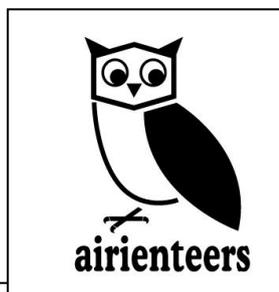
Farewell from Robert Ker

To Airienteers: Congratulations to you on our Compass Sport Cup victory. I know what it feels like. I organised our Compass Sport Cup campaigns for many years and I had the honour of being Club Chairman when we won in 1985. Sadly, chronic back pain has kept me firmly out of orienteering for the last couple of years. I wish I could have been in the team for my farewell Compass Sport Cup with Aire. 'Farewell', because Adrienne and I have moved to Edinburgh. After 34 years of membership, I will not be re-joining Aire next year. I will be leaving Ruth, Jeremy, Sam, Davy and Tamsin to continue to represent the Ker family within Airienteers. We are now living close to my youngest daughter, Mary Ross and her family (INT), and even closer to my eldest daughter, Rachel Fawthrop and her family (ESOC). Airienteers was an important part of my life for most of those 34 years. I had a variety of roles within the club and the region, including Fixtures Secretary, YHOA chairman and representative on BOF Council and founder member of the West Yorkshire Orienteering Development Association, which was a joint association of Aire and EPOC in the late 1980s. It was all time-consuming, but deeply satisfying and rewarding. Thank you, Aire. I still sometimes come to major events, not to compete, but to be with members of my family. I hope to meet you on such occasions - and if you are near Edinburgh, please let me know: 0131 668 3909; r.f.ker@leeds.ac.uk (yes, I am keeping that Yorkshire link). Goodbye, Aire and good luck. May this year's win be the first of a long succession, unlike those of 1985 and of 2004. Robert

Edit-O: I am sure all Airienteers will join me in wishing Robert all the best north of the border and thanking him for his long and un-stinting support to Aire over many years. Good luck Robert.

AIRE Hoodies

Airienteers hoodies, available in any colour with the Airienteers owl logo embroidered on the front and "Airienteers Orienteering in Airedale and Wharfedale" on the back in either black or white. Good quality - a bargain at £14.50+VAT. The full range of adult sizes is available in all colours. Zip up and Children's sizes are available but not in as many colours. Check out the website <http://www.leavershoodies-school.com/colours.html> If you would like one in this initial order please contact Joyce Marshall on 01943 862997 or email



Airienteers
Orienteering in Airedale and Wharfedale



ADULTS SIZE	S	M	L	XL	XXL
Chest (to fit)	36"	40"	44"	48"	52"
KIDS - AGE	5/6	7/8	9/11	12/13	

If you wish to order I will need your size, choice of colour(s) and whether you want the text in black or white

JUNIARIES

Juniares Edito

Well done to everyone who competed at the Compass Sport Cup, a great result. Particularly well done to the young Airienteers who impressively won all of the junior classes, Florence Haines W18- Lucy Haines W14- Ruaridh Mon-Williams M14- and Joe Woodley M18-.

Calling all juniors !

Yvette Baker Trophy Heat takes place at Ogden Water (EPOC) on 11th November. Please come along and run for your club. More details to follow in Aire Bulletins.

Joe

WJHI's 2012 - Joe Woodley

I was pleased to get selected for the Ward Junior Home Internationals this year contested between England, Scotland, Wales and Ireland. It was my first time racing for England on home soil and I was looking forward to the weekend. The event was to be held in Surrey near to Box Hill.

After a long journey down, leaving Guiseley around 10 and arriving at 6, some of the England M18's and I went for a short run to stretch our legs. After the recent Lance Armstrong drug scandal we all felt somewhat let down by our childhood hero, we chatted about blood doping in orienteering and decided orienteers had far more integrity than that.

On arrival back at our accommodation a large cabin, part of an outdoor centre we showered then settled down and watched Johnny English Reborn with the rest of the England squad. After a short team meeting we all headed to bed.



The next day was the Individual race on Headley Heath. It's not often I say this but the area was horrible! There were so many brambles and gorse bushes making the only viable route choice around the paths. Even so I had an ok race with no major mishaps but some bad flow and sloppy race routines such as not checking my control codes or planning ahead on the dead path running cost me vital seconds. I was also frustrated to lose 45 seconds when taking a trod through the scrub land and getting stuck in some brambly bush once committed to that route. I finished 3rd just 13 seconds behind 1st placed Dane Blomquist fellow England team member.

That afternoon most of the England juniors got some sleep or just relaxed until tea time when we made our way across to the central building to eat alongside all the other nations. After tea we had a short team meeting and then it was time for the traditional WJHI Ceilidh and prize giving. As usual everyone got involved and had a good time. Half way through the dancing we broke off for the prize giving. Medals were awarded by Sarah Rollins who told us that Headley Heath was the first area she ever raced on, she won and became hooked, we also found out that England were winning overall and the days racing. After a few more dances the teams returned to their lodges, then after toast and hot chocolate everyone went to bed.

On Sunday there was a relay on Wisely and Oakham Common. A much better area in my opinion, a mixture of runnable woodland with some contour detail and an open area of heather. It made a great setting for fast paced relay racing. I was running first leg and had a strong run bringing my team back in 3rd place. England boys had 3 teams inside the top 4 after leg 1 with around a 5 minute gap to 5th. England were in a commanding position. My second leg runner Harrison McCartney of OD took my team up to first place giving Aidan Smith our last leg runner a 1 minute lead, he went on and finished the race in style. Not only that but another dominating day by England saw us take all the podium spots on the boys relay and 1st and 3rd in the women's relay. We secured the relay trophy and overall WJHI trophy!



First Men's Relay Team - England

Peter Palmer Junior Team Relay – Ian Marshall

This year Airienteers fielded a less experienced team of juniors at the Peter Palmers in Sutton Park, Birmingham.

We had to return the coveted Joan George Trophy that last year's team won, knowing that we would be ineligible this year with a combined age in the team of over 90. This was due to the group of Year 11 boys in the team – Scott's mates.

Jo Taylor kindly volunteered to drive the 2nd car that would help transport our team of 8 juniors down to the Midlands. I had omitted to tell her that the deal involved getting up at 5am on Sunday, although I had warned her that she would be sleeping on a sports hall floor with several hundred teenagers (well behaved ones, of course).

After registering the team on arrival at Sutton Park late Saturday afternoon and dumping our gear in our allocated corner plot in the sports hall, the team set out on foot for downtown Sutton Coldfield to find somewhere to eat. Finding no room at Pizza Express or TGI Friday's we eventually found Ask Italian Restaurant and had a very civilized meal together on a big table. Laura and Lucy drew pictures with the crayons and paper provided whilst we waited for our meal.

Back to the sports centre to try and grab some sleep. Everyone settled down – even Miles once he had finished fraternizing with SYO. My 4.30am alarm beeped all too soon and it was out into the cold night air with Joe Woodley dressed and ready to lead the team off. We made our way through the wet grass of the misty park towards the sound of generators and the floodlighting. At 5am they were off – a stampede of head torch clad athletes into the darkness.



I retraced my steps to the sports hall and accompanied Scott to the start, ready for the challenge of leg 2 – also in darkness and with mist lingering in the hollows. Joe ran a storming leg, arriving back close to the lead with Harry Butt from SARUM. Everyone was starting to stir back in the sports hall – Jo bleary eyed. Laura had a great 3rd leg and then it was Liam Portz’s turn – the first of our less experienced runners. It was light now and the promise of a bright sunrise was in the air. Liam ran confidently on leg 4 and handed over to our trio of leg 5 runners – Miles Gilleard, Ben Priest and Max Taylor. The competitive element brought out the best in them and Max led the way in with a storming run.

Lucy had a tough challenge, up against some M18s on the long last leg, but she glided through the spectator control effortlessly and brought the team home in 13th place.

Junior World Orienteering Champs - Florence Haines

On the 6th of July I flew out to Slovakia with the rest of the Great Britain team for a week in Košice. After a hot sleep we went to the long model training. I found this really useful because the terrain was so different to anything in the UK and my only experience was in Slovenia last summer. It was also good to see what it was like trying to run in the intense heat, around 35 degrees!! Thankfully it cooled down throughout the week and we even had some rain!

Sunday was the first race – the sprint! Having not run on hard surfaces for months due to injury I was worried the sprint may bring back knee pain but there was no pain, a good start! Warming up it was very hot! Unfortunately there was not GPS tracking which I had been looking forward to using. However there were electronic timed start and finish gated which gave some entertaining dives over the finish line! My run was technically near perfect but as you can see from the map extract, it wasn’t hard! Disappointing that a potentially good area ended up with such a runner’s course. 83rd.

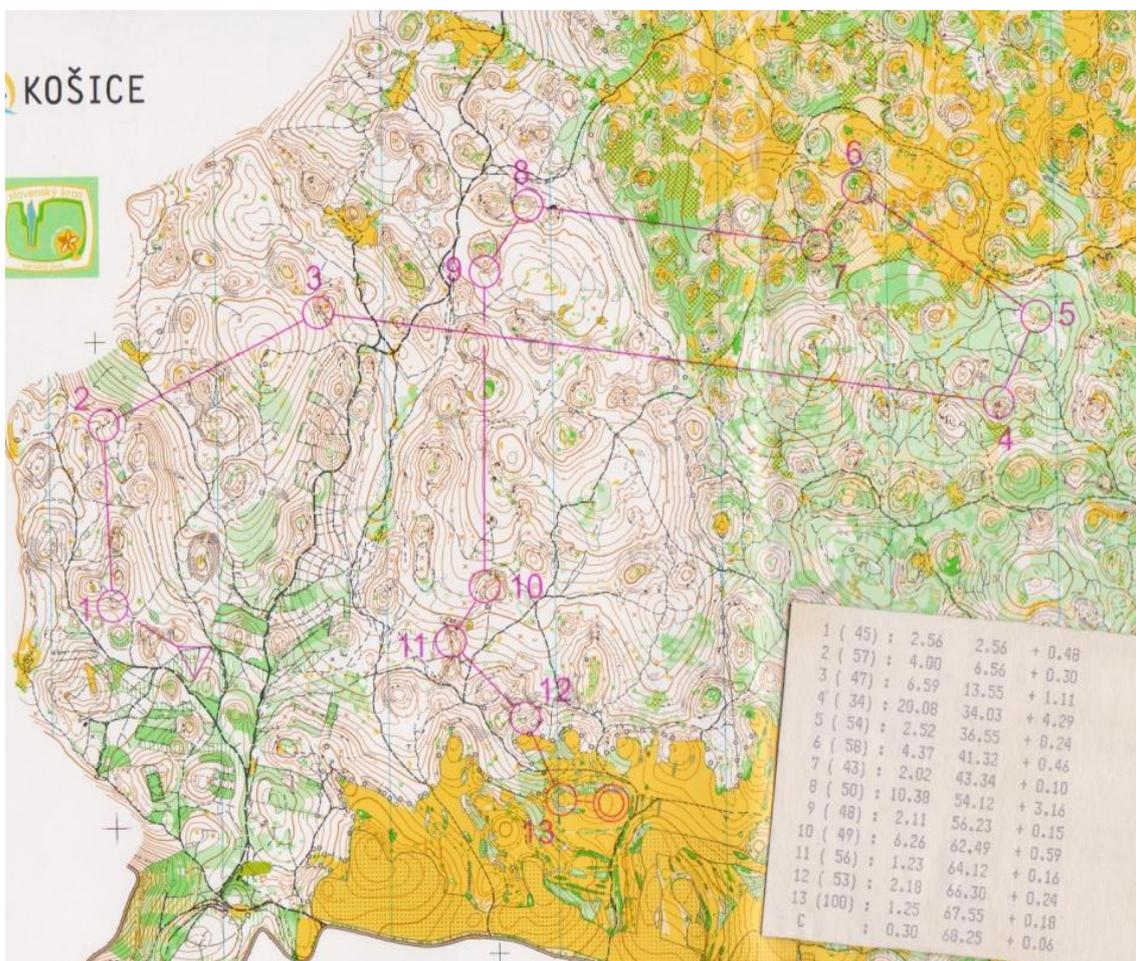
Long distance on Monday. Was really looking to this race and lots of race prep with the rest of the team the night before left everyone feeling confident. A long run through at about -6 gave me a lot of time for my brain to start shouting ‘your about to start THE JWOC long!’ but I focused and was shortly on my way to no.1. It wasn’t long until I was climbing out of



2 and thinking 'am I really walking in a JWOC race?!' but yes I was! I was the same for everyone, it was a pretty steep hill. I had 2 big mistakes- the route choice leg to 4 where I didn't pick the best route or execute my route well and 8 where I struggled to find a way from the open back into the wood and overcomplicated it. Together this was over 7 minutes lost. Nice to think with a good run I could have easily got on the podium but it's never that easy! 21st. Huge well done to team mate Lucy Butt who came 7th, the best GB performance of the week.

We then had a deserved rest day, where a few of us went training for the Middle. Minus getting lost trying to find the start (we were off the map and the tapes ran out!) it went well, lovely open forest with intricate contour detail. We then joined everyone and went for a picnic by a lake with the supporters.

Next was the Middle Qualifier. Having never run a qualifying race before I was a bit nervous. I shouldn't have been. The difference of this race from any other is that you start alongside 2 other runners (in different heats). I made a mistake which I can't remember doing since I was very little! I lost over 5 minutes on no.1! I can't give a specific reason why this happened, I don't really know myself! This meant however hard I tried, my head was down. I did have a really smooth section from 2 through to 9 where I had two 3rd and two 5th fastest splits. This didn't last and I was losing time all over the place. I didn't qualify and was very disappointed. The whole day was an experience I don't wish to repeat but one which I learnt a lot from. 29th.



Middle final. I was in the B final and found it hard to pick myself up from the previous day and find motivation. The area needed aggressive running and fast navigation which I lacked. My run was nothing amazing/nothing disastrous. 20th.



Final day of competition bought the relay. I was moved up from the 2nd team to the first team only a few days previous but knew my team mates well and knew we had the

potential to do well. Lucy Butt gave us a good start coming in 18th, only 30 seconds off 6th! Before I knew it I was racing up and down the slopes, gaining places in rocky sections where other teams seemed to struggle. I made a few mistakes but kept my head through spectator and through the final loop. I will never forget what came next. The hardest, steepest, longest last 2 controls and run in I hope to ever experience! I pushed too early (thinking I felt better than my legs actually did!) and lost around 4 places on the run in and was extremely relieved when I could stop. 12th only 45seconds off 6th! Anchor leg was left to Charlotte Watson. She did an amazing job and went through the 2nd radio control in 6th! The uphill finish challenged everyone and although Charlotte didn't lose any positions, she didn't gain any no matter how hard me and Lucy shouted! 10th only 28 seconds off 5th place and 9th country. This result proves that there is a lot of potential in this team and I really hope I can be part of it next year!

The evening was at the JWOC banquet with everyone where I met loads of new friends and had a really good time. I would like to thank Aire who helped me go to this fantastic competition.

Stockholm Tour 2012 - Joe Woodley

This summer I went to Sweden for two weeks of training and racing in and around Stockholm. Nick Barrable ran the tour and we stayed in the basement of OK Ravinen's club house. These are some of the highlights of the tour.

At 9 on the first night Nick announced we were going training! We were going to run a 'reflex Banna'. Basically little bits of reflective tape were stapled to every other tree and when you shone your head torch on them, they lit up a trail through the forest. We managed to get lost quite a few times, but eventually we found the Stockholm Ski Slope from where there were great views over the beautifully lit up city. I got the feeling this was going to be a good trip. We arrived back around eleven and after eating got to bed sometime close to midnight. Over the next three days I trained in some amazing areas, getting lost most days and learning how to relocate... Swedish style. Although I had orienteered in Sweden before it had only been running shorter courses mostly on paths, so the training was something entirely new for me. The highlights from those first days had to be going to

Ravinen's club night and seeing how many juniors turned out and how welcoming everyone was. Doing a relocation course, (In pairs taking it in turns to try and lose your partner on the way to a control and see if they can relocate then finish the leg). Also I enjoyed some head to head sprint training in classic Swedish urban terrain, buildings interspersed with areas of rocky woodland.

After one day of training we got the chance to go into Stockholm and watch the Midnatts Loppet, a night time 10km road race. The streets were lined with candles and there was a great atmosphere. Later that week we did some good night training, I had Nick shadowing me which made me focus and I spiked all but one of the controls. Night orienteering is one of my favourite disciplines; I love the pure technical navigation and sense of freedom. I knew that we were running the Swedish Night Champs at the end of the week so I made the most of the training.

Over the course of the week the boys had set up a 'Tour De Stockholm' based on the Tour De France in which every race counted toward the overall yellow jersey with the fastest run-in times scoring points in the green jersey sprint competition. This added to the excitement and gave a competitive edge to all of the races we did. Thursday was our last day of training before heading up north to race in the Swedish Sprint and night championships. We did another training session with Ravinen and I got the chance to run alongside Gustav Bergman a member of the club and a JWOC champion!

At the night champs I would be running M18 about 10km in one of the hardest areas I had ever run. I was nervous before and the first leg was about 2km long! I had the fastest British split for that leg and it felt good to get it right. After that I settled into a good flow. As I was 2nd last start of our group I caught most of the British runners. I left the big British train around number 5 or 6 then lost 9 minutes on number 11. I had just seen Chris Galloway another Brit and stopped concentrating and strayed off my bearing. I realised how punishing this sort of area could be when you lost concentration. After that I focused on what I was doing and my own navigation. I ran the rest of the course well and ended up 3rd British runner. Although I was nowhere near the top end of the results I had learnt so much, it was such a great experience.

The last events we did were the sprint champs I qualified for the B final but didn't have a very good run. Although the best part of the sprints had to be meeting Thierry Gueorgiou, my all time hero, along with several other top orienteers. I got his autograph and a picture with him, one of my life's ambitions completed!



I had so much fun in Sweden, I learnt so much in just two weeks whilst having a great time. It couldn't have happened without all of Nick's hard work. I would also like to thank our cook Louise who kept us fuelled for all of the training. Also Doug Tullie, Rebecca Harding, Heather Gardner and Jon Marsden who help coach us. If you ever get the chance to orienteer in Sweden I would strongly recommend it.

FEATURES

Compass Sport Cup Final Report - Dave Alcock



Some of the victorious CSC Final squad receiving congratulations from Compass Sport Magazine editor Nick Barrable at PFO's Hameldon Hills event

Photo courtesy of Wendy Carlyle: <http://www.flickr.com/photos/wendles56/8064807642/in/set-72157631713414880/>

'We can win it!'*

Airienteers pulled out an outstanding performance at Teviothead on 30th September to win the Compass Sport Cup Final, proving that talent, patience, and persuasion pay off in the end!

'Let's go for it!'

We qualified for the final back in February, at the Gilling Woods event – and victory in the final is partly down to those of you who turned up for that race, even if illness, injury and unforeseen circumstances put paid to a full complement of Airienteers turning up at Teviothead. Nevertheless, we had a large and strong team who made it up the M6 on the day, many of whom benefitted from the minibus which was organised by Ian Marshall – thanks, Ian!

'Bring it on!'

Conditions were decidedly autumnal, with the rain falling hard and the wind blowing strongly even before we arrived – and it didn't let up until the prize-giving! The weather and open terrain suited our runners, who performed well on all courses. The scoring members are listed below.

Name	Class	Score
Florence Haines	Light Green Women	100
Ruaridh Mon-Williams	Orange Men	100
Lucy Haines	Orange Women	100
Ian Nixon	Brown	100
Joe Woodley	Light Green Men	100
Joe Mercer	Brown	97
Robert Kelly	Blue Men	95
Ben Stevens	Brown	95
Jack Wood	Brown	93
Rebecca Mon-Williams	Green Women	90
Al Powell	Brown	90
Mark Mon-Williams	Blue Men	89
Joyce Marshall	Green Women	88
Rachel Majumdar	Blue Women	88
Tim Street	Brown	87
Tony Carlyle	Green Men	84
Laura King	Orange Women	84
Peter Haines	Blue Men	83
Adrian Pickles	Blue Men	82
Chloe Haines	Blue Women	82
Steve Webb	Blue Men	81
Gill Ross	Short Green Vets	80
Sarah Haines	Blue Women	76
Roger Lott	Green Men	72
William Pickles	Light Green Men	68

'We can do it!'

As you can see, just a few highlights were the victories on all four courses in the junior Cup races (Joe Woodley, Florence Haines, Ruaridh Mon-Williams and Lucy Haines), and a victory on the Brown Cup course for Ian Nixon (beating SYO's top dog Oli Johnson), where six of the top 14 finishers were Airienteers. The five members of the Haines family scored a total of 441 points between them, and Ruaridh, Rebecca and Mark Mon-Williams added another 279 points to our total, meaning that if we'd only had those two families competing for us, we would have beaten both WAOC and Southdown Orienteers! But it was truly a whole team effort which meant that we pulled well clear of the competition in the end: only Airienteers and Lakeland had counters in all ten classes, and they only had one course victor, compared to our five:

Pos.	Club	Score	Brown	Blue Women	Blue Men	Green Women	Green Men	Short Green Vets	Light Green Men	Light Green Women	Orange Men	Orange Women
1	AIRE	2204	562 (6)	246 (3)	430 (5)	178 (2)	156 (2)	80 (1)	168 (2)	100 (1)	100 (1)	184 (2)
2	LOC	2115	427 (5)	78 (1)	334 (4)	264 (3)	252 (3)	356 (4)	88 (1)	84 (1)	76 (1)	156 (2)
3	SYO	2093	415 (5)	252 (3)	554 (6)	80 (1)	256 (3)	68 (1)	248 (3)	0 (0)	0 (0)	220 (3)
4	OD	1907	370 (5)	190 (2)	369 (5)	250 (3)	148 (2)	212 (3)	132 (2)	172 (2)	0 (0)	64 (1)
5	WCOG	1818	282 (4)	142 (2)	376 (5)	196 (3)	206 (3)	0 (0)	80 (1)	216 (3)	156 (2)	164 (2)
6	ESOC	1788	320 (5)	166 (2)	308 (5)	292 (4)	258 (4)	348 (4)	96 (1)	0 (0)	0 (0)	0 (0)
7	HOC	1536	400 (6)	246 (4)	204 (4)	138 (3)	280 (4)	268 (4)	0 (0)	0 (0)	0 (0)	0 (0)
8	HH	1418	199 (3)	192 (3)	289 (6)	236 (3)	44 (3)	34 (1)	0 (0)	180 (2)	224 (3)	20 (1)
9	BOK	1401	291 (4)	154 (2)	260 (4)	128 (3)	86 (3)	190 (3)	60 (1)	0 (0)	144 (2)	88 (1)
10	WCH	1250	186 (4)	224 (4)	268 (6)	96 (2)	98 (2)	114 (2)	52 (1)	68 (1)	116 (2)	28 (1)
11	WAOC	654	222 (4)	48 (1)	156 (4)	70 (3)	98 (2)	0 (0)	0 (0)	0 (0)	0 (1)	60 (1)
12	SO	416	59 (1)	0 (0)	189 (4)	0 (1)	20 (3)	148 (3)	0 (0)	0 (0)	0 (0)	0 (0)

Full results are to be found at http://www.rstrain.ndtilda.co.uk/results_12/csc/

There was a bit of an anti-climax to the afternoon, as a computer glitch meant that the organisers were not sure who had won – us or LOC. The decision was made to give the cup to LOC's captain,

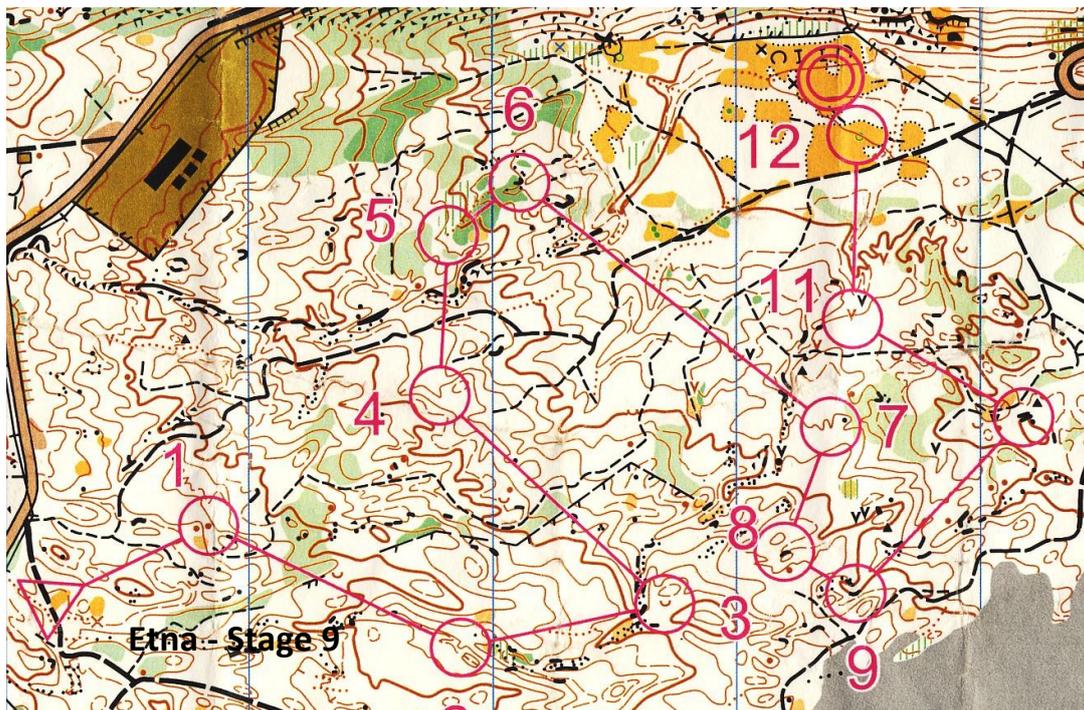
Sicily Five + Five - Pete Jones

Early October and the two Jones(Nick and Pete) set off for what promised to be 10 days of Sun, Sea and Orienteering. It lived up to all three. The event is part of the Park World Tour, and is set up in two sections, each of 5 races, total time of each 5 to count separately. It's fairly low key in many respects - only 150/200 people, the same small team organising every day, and just in time information. The organisers sort out accommodation and if you require, buses to and from the events/airports etc. In other respects its high quality - the venues and the competition in particular. The first week coincides with Norwegian half term, and seems to attract a good smattering of ex world-champions. When you think they have gone home, the Swiss and Finns arrive. A hardy contingent of 10 brits stuck out all 10 days.



Our preparation for Day 1 was not ideal. We had a 6.15 flight from Stansted to Palermo (all flights to Sicily from north of Watford having stopped for the Winter). So Nick picked me up about midnight, we drove down the A1 and hopped on the plane (after meeting up with Guy and Judith Goodair from EPOC), this sleep thing being for southerners. Get off the plane in Palermo and its absolutely bucketing down - even worse than Yorkshire. But undaunted, we eventually track the hire car down and set off into the Sicilian road system. Certainly not a place for the faint hearted. Being low key, the organisation tends to send info out very last minute. I'd found out where we were staying just a few hours before we left home, and we had a set of directions that were basically a thick black line from Palermo to somewhere near Selinunte on the South Coast. We did find the hotel, more by luck than good judgement, and the sun came out, staying that way for the next 10 days. A quick wash and set off for Event 1, an urban event in Sciacca, and as usual the directions involved a thick black line on not a lot of map. We did find the town and a load of equally lost Scandinavians, and with the help of a gesticulating Sicilian policeman did finally track down the start. After little or no sleep for 30 hrs or so, our performances were surprisingly OK, middling, but on the scoreboard at least.

I won't bore you with details of all 10 events but the general scheme of things is as follows: The first five were based in the SW of the island near Selinunte, the second five over on the east coast near Taormina. Of the 10 events, 6 were Urban - and mostly in old Sicilian towns with a myriad of twisting turning steep alleyways - interesting in their own right. All events (with one exception) were quite short - 30/40 minutes for me typically. Day 5 finished on the beach with the final control in the sea - Mediterranean S Side. The 10 events took place over 10 days with one rest day in the middle. This meant that on one day we had two events. Both in the forest on the slopes of Mount Etna. You can see from the map extract that this was a fairly complex and challenging area - the grey area (bottom right) on the map being the lava flow from the last major eruption. It was cooler up here too - at around 5000' the temperature was down to 18/19C



Each day there is a very efficient prize giving - for winners of each class only. Typically its held in the local town with the mayor or local worthy giving a long speech in Italian which is then translated as 'He says welcome'. Worryingly most of these main men look surprisingly similar and dressed in a fashion the 'Godfather' would have been proud of. Sicily does still feel very rural and it may well be things have not changed that much. But everyone is very welcoming (apart from when they are driving), we had a number of post race wine tastings and the organisers also laid on a few cultural excursions - our esteemed secretary is now a fully qualified Olive Plucker having had intensive instruction in how to pick them.

Sicily is of course full of history dating back many millennia. It's been the crossing place for most major civilisations over time and has a culture packed with history. The organisers thought we should see some of this by running over it. Day 2 was in the Selinunte Archaeological Park - where the courses were planned straight through a number of archaeologically important ruins and temples dating back to 500B.C. Not something I think NT or English Heritage would be up for. This day was the longest event, and also the hottest at 32/33C. The area was open and sandy. After 40 minutes we were mostly fried and both malfunctioned badly with a boiling brain. The good news is

you can chill out afterwards, relax, sit in the sun, have a coffee or beer or two and watch the world go by. It soon becomes apparent why everyone has a siesta. Early evening, when it gets a bit cooler is promenade time - everyone dresses up and struts around town. It generally feels very laid back and relaxing.

Typical Scenery



Olive Plucker in Chief



Day Five Final Control -
Mediterranean S.Edge

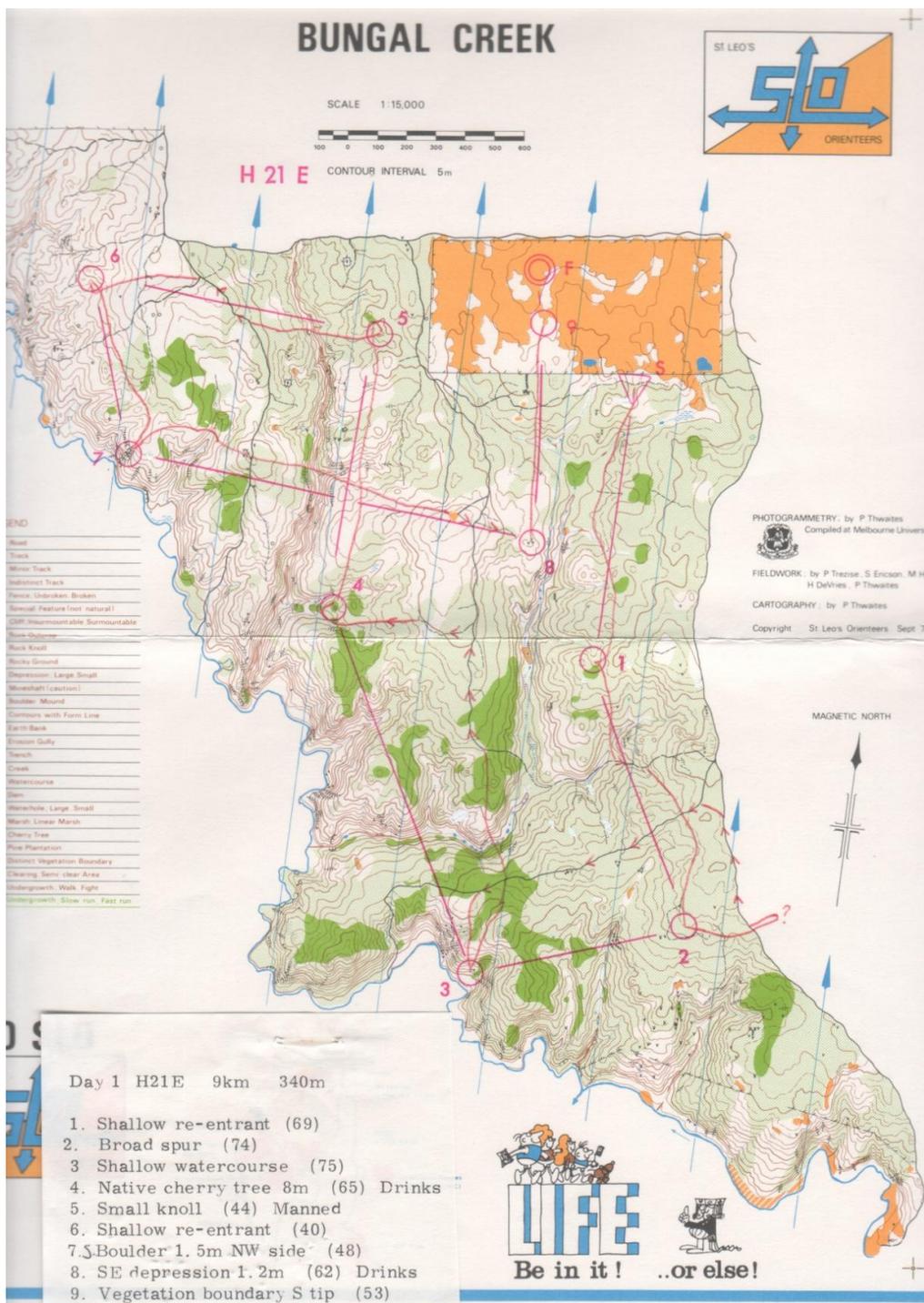
Day 6 Edit O - Now why did i do that

At the end of 10 days neither Nick or I troubled the podium but the Goodairs(Guy and Judith) from EPOC and the Edwards(Carol and Anne - mum and daughter) from TVOC did the Brits proud. Another notable British performance was from Ian Gilliver of MDOC - in getting to the race. With a fear of flying he managed a highly challenging 48hrs trip each way by train and ferry(and possibly back again).

Next year the event is rumoured to be in Sardinia and probably back to its standard 5 day format. I'll be there.

Classic Errors - Roger Lott

This one isn't classic in the sense that it happens frequently, but it caused me to recognise something that I had not previously appreciated. In days of old when knights were bold and I could get into my short trousers, I was on a trip to Australia. As one does on these occasions, one seeks out any local orienteering. Now you may not be aware that there are five global zones for magnetic compasses. In each the needle swings slightly differently, and manufacturers weight the needles for each zone. I knew this, but decided that as I carried a compass largely as an ornament I didn't need to invest in an Australian compass just for a handful of orienteering events that I would get to in the month I was down under. So at the start I played about working out how I needed to hold the base plate so that the needle would swing. It meant twisting my wrist outwards a bit, but that should be no problem.



Off I set on two southward legs, navigating by the topography and forgetting the compass. At control 2 the course turned westwards. I intended to go northwest to contour around a steep-sided valley. I was vaguely conscious that the ground didn't seem to be falling off to my left as steeply as I thought it should, but ignored the warning signals. Then I hit a road. Wasn't expecting that, but piled straight across anyway. After another 100m I was confronted by a large reservoir. There wasn't one on the map, so where on earth was I?

After the event I struggled to work out what had gone wrong. I had clearly turned east rather than west, but why? I had not looked at the compass, the needle of which by now was not swinging as I had forgotten about the wrist twist.

After much pondering I came to the conclusion that I had been unconsciously navigating by the sun. Ever since I started orienteering I have always checked my shadow direction on the start line (chance would be a fine thing – Ed). With sun to my back, to go west I need to turn left, which I did without conscious thought. But I had not taken into account the fact that I was in the southern hemisphere with sun to the north, hence going 180° in the wrong direction. No excuse for ignoring the slope or for carrying on across an unexpected road, but that is another story.

Years later a very similar thing happened to me in a non-orienteering context. I was staking the location of an oil well in Colombia, and had flown by helicopter over the eastern cordillera to the foothills of the Andes. Having navigated the helicopter to where I wanted to be, on stepping out of it all of a sudden I was completely disorientated. The Andes were on my right but they should have been on the left. I had remembered my earlier Australian experience so what was going on? Here I was, in the northern hemisphere, Andes to the west one way and sun mysteriously 90° clockwise. Then it dawned: it was early July, and despite being in the northern hemisphere the sun was to the north of me, as I was well inside the tropics only a few degrees of latitude north of the equator.

I am absolutely convinced that I unconsciously navigate by the sun, even on cloudy days and, because of lax orienteering technique not using my compass, this often governs the direction in which I go.

TUESDAY NIGHT RUNNING

DATE	LOCATION	AREA	TEL NO	GRID REF
6 th November	Rob & Lindsey King, 3 Alexandra Place, Ilkley, LS29 9ES	Ilkley	01943 435415	SE115479
13 th November	George & Dragon Pub, Apperley Bridge, BD10 0PU	Calverley/Esholt		SE194379
20 th November	Ian & Joyce Marshall, 6 Oak Close, Burley-in-W'dale, LS29 7PJ	Burley-in-W'dale	01943 862997	SE165457
27 th November	The Roundhay Fox, Street Lane, Leeds, LS28 2EP	Roundhay		SE325383
4 th December	Bowling Green Pub (Wetherspoons), Otley, LS21 3AB	Otley		SE203454
11 th December	Pete & Ruth Jones 11 Woodlands Grove, Baildon, BD17 5BD	Baildon	01274 596850	SE136388
18 th December	Ian & Katherine Hill, 71 Cookridge Drive, Leeds, LS16 7HP	Cookridge	0113 267 1858	SE248407
25 th December	No run			
1st January	No Run - Score Event Baildon Moor	Baildon Moor	01274 596850	
8 th January	Ian & Joyce Marshall, 6 Oak Close, Burley-in-W'dale, LS29 7PJ	Burley-in-W'dale	01943 862997	SE165457
15th January	John & Julie Pickering, 10 Brooklands Lane, Menston LS29 6PJ	Menston	01943 876105	SE 175442
22 nd January	Murgatroyd's Fish & Chip Shop, Yeadon, LS19 7BN	Yeadon/Rawdon		SE216408

Meet at 7pm. Everyone welcome – young, old, fast, slow. Eat together in a pub afterwards or bring food along for a communal meal if the run is from someone's house. For further details contact Joyce or Ian Marshall on 01943 862997

AIRE CLUB LEAGUE 2012/13

These are the 12 counting events for the next round of the club league, will be. Your best 7 scores will count.

Date	Club	Venue
23 Sep 2012	CLARO	Lindley Moor
11 Nov 2012	EPOC	Ogden
18 Nov 2012	AIRE	Middleton Woods
20 Nov 2012	AIRE	Park Wood & Black Carr
2 Dec 2012	CLARO	Hollin Head
6 Jan 2013	AIRE	Buck Wood
20 Jan 2013	EPOC	Haw Park
17 Feb 2012	NATO	Compass Sport Cup
24 Feb 2012	AIRE	Valley of Desolation
3 Mar 2012	CLARO	Swinsty
14 Apr 2012	AIRE	Danefield
12 May 2012	AIRE	Harden Moor

SELECTED FIXTURES

Sat 3rd Nov	AIRE O Lite	Leeds University	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp
Sat 3rd Nov	YHOA Night League SYO	Greno Woods	http://www.southyorkshireorienteers.org.uk/
Sun 4th Nov	SYO Regional (YHOA Superleague)	Greno Woods	http://www.southyorkshireorienteers.org.uk/
Sat 10th Nov	AIRE O Lite	Beckett Park	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp
Sun 11th Nov	EPOC Regional (YHOA Superleague)	Ogden Water	http://www.eastpennineoc.org.uk/2012events/121111Ogden/121111_ogden.php
Sat 17th Nov	AIRE O Lite	Meanwood Park	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp
Sun 18th Nov	AIRE LEVEL C Middle Distance	Middleton Woods, Ilkley	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp
Sat 24th Nov	AIRE O Lite	Woodhouse Moor	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp
Sat 24th Nov	SHUOC- YHOA Urban League	Sheffield	http://www.shuoc.co.uk/index.html
Sun 25th Nov	EBOR- YHOA Urban League	Pocklington	http://www.eborienteers.org.uk/
Sun 25th Nov	DVO - E Midlands Champs	Eyam Moor	http://derwentvalleyorienteers.org.uk/events/
Wed 28th Nov	AIRE Night Score League	Beckett Park	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp
Sat 1st Dec	CLARO Night League	Harlow Carr	http://www.claro-orienteeing.org/
Sun 2nd Dec	CLARO Level C	Harlow Carr	http://www.claro-orienteeing.org/
Wed 5th Dec	AIRE Night Score League	Colton Streets	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp
Sun 8th Dec	HALO - YHOA Night League	Swinemoor	http://halo-orienteeing.org.uk/
Sun 9th Dec	HALO Regional	Swinemoor	http://halo-orienteeing.org.uk/
Wed 12th Dec	AIRE Night Score League	Roberts Park	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp
Sun 16th Dec	SYO Regional	Blacka Moor	http://www.southyorkshireorienteers.org.uk/
Wed 19th Dec	AIRE Night Score League	Otley	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp
Sat 22nd Dec	EPOC - YHOA Night League	Elland Park Woods	http://www.eastpennineoc.org.uk/
Sun 23rd Dec	EPOC - Regional	Elland Park Woods	http://www.eastpennineoc.org.uk/
Sun 30th Dec	EBOR Regional	Strensall	http://www.eborienteers.org.uk/
Tue 1st Jan	AIRE NEW YEARS DAY SCORE	Baildon Moor	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp
Sun 6th Jan	AIRE Regional Level C	Buck Wood	http://www.aire.org.uk/events/eventslist/eventslist_v2.asp