

# *Aire Affairs*

*June 2010*



**Airienteers**  
Orienteering in Airedale and Wharfedale

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*It's the penultimate day of the 2010 World Cup in South Africa. You've seen just about every game, diligently filled in your scoresheet, listened to the pundits ad nauseam, seen that Rooney goal over and over and over again... But all at some domestic cost! The lawn's overgrown, the recycling's overflowing, the loo won't flush, the dog's left home and the family isn't talking. Oh dear. Never mind, tomorrow it will all be over. Meanwhile, get off that couch! What you lardy lot need is some fresh air! Some sunshine! Some exercise! Some socialising!*

**So welcome all to Airienteers'**

**Summer Team Event, Picnic & Annual Prize-giving  
on Ilkley Moor**

**The *Strawberries and Cream* Event**

**Saturday 10th July – Mass start >11:00**

**Assembly** – opposite Darwin Gardens, Wells Road above first cattle-grid, Ilkley - SE132390

**Parking** – in car park nearby or on Wells Road – please show courtesy to local residents

**Toilets** – nearest are at White Wells café (200m) or in the central car park in Ilkley (700m)

**The Team Race** – proven format of recent years which sees everyone running at the same time in well-balanced teams compiled on the day. Remember, just as in South Africa, it's the taking part that counts – the emphasis is not on winning but, *errr?!,* having fun. Of course.

Every 3-person team will need to visit a set number of controls. Some controls need only be visited by one team member, some controls by two and some by all members of the team. Runner's names will be placed into three hats according to relative ability and a draw will be made at 11:00 to determine the teams. The race will begin soon after with a mass start. The first team back with all the controls visited by the correct number of runners is the winner. If you find you haven't got them all you can return to get the missing controls. You will be able to construct a Yellow standard (easy) route for any younger juniors who may be in your team.

Simple pin-punching will be used. The waterproof map serves as control card and includes control descriptions. The control card indicates how many runners must visit each control after the control number, eg 17-3 (control 17 to be visited by 3 runners). In addition the boxes on the control card will be colour-coded: White = 1 runner to visit control, Light Green = 2 runners, Dark Green = 3 runners. The 3-figure control code on the kite is shown below each control description. All will be explained prior to the mass start.

To gauge map numbers required and strawberry demand and to include your name in the draw, **please would you advise the organiser of your entries in advance**. We simply need to know who is entering, their class or age plus an indication of whether they consider themselves to be:

A - Top flight orienteers, eg Blue, Brown, Black standard

B - Middling orienteers, whether on the way up or down, eg Light Green, Green standard

C - Novice or very young orienteers, eg Yellow, Orange standard

Entry-on-the-Day (EoD) may be possible depending on map availability. The accompanying of very young children is absolutely OK. Non-club members welcome.

**The Picnic** – Please bring food and drink to contribute to the big picnic. The club will provide the strawberries and cream. Please bring chairs, tables, rugs, etc.

**Fees** – Seniors £2, Juniors £1

**Organisers/Planners** – Lindsey & Rob King – 01943 435415 – [thekingz@blueyonder.co.uk](mailto:thekingz@blueyonder.co.uk)

*... and there'll still be time to cut the grass before tonight's 3<sup>d</sup>-4<sup>th</sup> place play-off...*

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**How well do you know Yorkshire?** – Nick Jones

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To give your little grey cells a work out here are some clues to towns/places/geographical locations & features that you probably know. But can you work out what they.

Apologies in advance. I'm afraid you may have to get inside my (rather warped) head for some of these cryptic clues and plays on words.

Answers next issue. (or I can put them on the website if it stops you going mad!)

Have fun

1. Where the bear comes from. ....
2. Add to this religious establishment. ....
3. Bad pork. ....
4. Don't bother with head gear here. ....
5. Candle with fruity scent. ....
6. Where you swim. ....
7. SINKPOT (anag.) ....
8. Healthy water heater. ....
9. Small coin from Belgium town. ....
10. A payment will secure this bench. ....
11. Wallace & Gromit's favourite. ....
12. Could Shaun (think 11 above) be one of these. ....
13. HEAT OR RAG (anag.) ....
14. The river's not mine, is it..... ....
15. A little home for a male deer. ....
16. Could you find a Klingon on these banks. ....
17. Past its best date. ....
18. A town of ghosts. ....
19. A forest full of rabbits. ....
20. You might find a snowman floating here. ....
21. Ladies of ill repute. ....
22. A heavy hearth. ....
23. CATS EAT DR (anag.) ....
24. Broken bridge. ....

Electronic split times have been with us for a long time now, and there are several on-line tools to help us analyse our races:

- **Winsplits OnLine** is a tabulated form of splits with helpful colour coding which can highlight your mistakes.
- **Splits Browser** gives a useful graph of one's progress compared to other competitors.
- **RouteGadget** compares the routes and progress of yourself and your competitors. It makes the assumption that your pace is constant from one control to the next, unless you can upload your GPS readings.

Most of these systems give you such pieces of information as:

- Time & position on each leg
- Cumulative time & position after each leg
- Time loss relative to fastest on leg
- Highlighting of leg times where you did exceptionally well/badly

How might we learn from these facilities?

#### **Positions and times**

- If all you're after is a quick assessment, don't get bogged down with the time duration - your leg position is a more telling indicator.
- Percentage difference between the fastest leg time and your time is important.

#### **Stages of the race**

- Look at your performance on the first 2 controls to assess how well you prepared, mentally and physically.
- Look at your performance during the last 3 controls), to assess how well you lasted physically and mentally. If you slowed up, how tired did you feel at the time?
- A series of good splits can reveal a section of the race when you were 'on song'. This is a remarkable but somewhat indefinable phenomenon!
- A series of bad splits can reveal mental or physical tiredness – perhaps even one error leading to another.

#### **Types of legs**

- Did you perform better or worse...
- On the legs with much ascent?
- On the legs with much descent?
- On the legs with much track running?
- On the legs with rougher terrain?
- On the legs with greater complexity?
- On the legs with lesser complexity?

This takes some analyzing, and may just state what was obvious to you anyway, but be prepared for surprises....

### **Run-in times**

- Run-in times are often the source of amusement and post-race banter. Not a serious measure of fitness, surely?
- But how does the run-in time compare with what you would expect to achieve *given your innate speed and tiredness*.
- Did your disappointing run-in reveal that you had actually 'given your all' earlier in the course?

### **Route choices**

- The so-called 'best' route is often hard to determine from bare splits, and even from RouteGadget
- Often two widely different routes will yield similar splits, the morale of this perhaps is to look at them again in retrospect and ask yourself why you chose one over the other.
- Concentrate on your closest rivals' routes.
- Visit the forum and tell others about your route
- You might have chosen a good route *but executed it badly*.
- An 'outstandingly good' time (by an otherwise average orienteer) can reveal a hitherto undetected good route.

### **Time loss**

- Was it more or less than you had anticipated?
- Was it due to a plain simple mistake?
- Was it due to subtle factors (*hesitancy, stumbles, physical discomfort, poor line, loss of momentum*)
- Was it due to extraneous factors (*equipment, interruptions, distractions*)
- Did you have to revisit an attack point? It is revealing to measure just how long this takes!
- Did the leg after an error reflect disillusionment, revenge, panic or carelessness??!! (If your next leg yielded a faster-than-usual time, how was this achieved?)

### **Consistency**

- Some competitors fluctuate wildly in their orienteering performance throughout the race (a series of 'steps' on Splits Browser), whereas others maintain a fairly steady performance (a 'straight line' graph on Splits Browser).
- Why is this? Which are you? Hare or tortoise?

### **Conclusion**

There are various ways of analyzing and learning from one's splits, but it does require time and dedication.

Some lessons will be learnt immediately – others need to be learnt over a period of time, accumulating figures from many events.

I hope this little piece has opened your eyes a little wider but in any case good luck!

Hi Guys,

The last few months have been quite busy for orienteering with the British Champs, Scottish Champs and the JK. The Yorkshire squad have had quite a lot of training recently because we have the Junior Inter-regional championships in south Wales coming up at the end of June. I hope you've had fun whatever you've been doing and over the next couple of pages you can read articles by other juniors about their experiences at recent events. Happy reading! ☺

Beth Woodley

Juniaires editor

If you'd like to contribute to a future edition of AA then please send your articles, pictures, recipes or jokes to: [woodleyz@btinternet.com](mailto:woodleyz@btinternet.com) Thanks!

JK 2010

By Beth Woodley

At lunchtime on Thursday 1<sup>st</sup> April, my family and I travelled down to Devon for the JK. We stayed with my grandparents in Sidmouth which was nice. On Friday we didn't have far to travel to get to the sprint event at Bicton. As I was waiting on the start line it started to rain heavily but fortunately it stopped quickly! I saw my Grandpa near the first control and he took a photo of me! I thought the area was technical and perfect for a sprint race. I had quite a good run, however I accidentally went from number 12 to number 16 rather than 13 causing me to lose a couple of minutes! We left soon after the event as it was raining. In the evening we had a lovely meal at the white horse pub. The next day we had to get up really early to travel to the event at Cookworthy forest. The thick mud and rain served to put me off my run, however when I walked to the start with my brother and dad I started to look forward to running. In the end I enjoyed my course and I only made a few errors. I came 26<sup>th</sup> Joe won!

I wasn't really sure what to expect at day 3- Braunton Burrows as it was new terrain for me. I didn't find the sand dunes themselves too difficult but I did get quite lost in the flattish area beneath them as confused with the vegetation. Eventually after 60 minutes I finished my course! After my run I bought some food from Wilfs and cheered in fellow Aire members.

I wasn't planning to do the relays but then an opportunity came up to take part in a mixed ad-hoc team. I enjoyed going out on the sand dunes again and I had a good run because I had a better idea of the terrain.

We stayed in Devon after the JK in a caravan in Croyde with the Marshalls (The Kings were next door!) We went walking, hired surfboards, although the sea was pretty cold, and I went climbing on Baggy point.

All in all it was a great holiday, some people drank cider whilst others ate pasties; the true South West experience!

AIRE members in Devon, notice the bottle of cider!



### The Tamar Triple

By Joe Woodley

On Friday night mum and I got a lift with the Marshalls down to the South West and we stayed in a travel lodge at Tiverton. On Saturday we travelled to the event and put the tents up at the campsite. The orienteering was technically fairly easy and it was a bit like running on a golf course! I had a good run and won!

On Sunday I had another good run on an extremely complex sand dune area and I won by 6 minutes! After the orienteering, Scott and I played on the beach and got pizza for tea at the campsite. On Monday we were in the army camp for the orienteering and again it was a very technical area. I had a really nice sea leg, running along the coast path. At the end of the 3 days I was 1<sup>st</sup> by 15 minutes!

On Tuesday we caught the megabus home from Newquay to Leeds.

### Jack Bloor Races

By Beth

On 11<sup>th</sup> May my brother and I took part in the Jack Bloor fell races on Ilkley moor. The majority of the runners in the boys and girls 14-16 category comprised of junior squad members- Joe, Lova, Helen, Florence and I! (Cerys did the longer race) Our route went up to White wells on the moor and then up the steps to the cairn and back again. It was quite steep but I enjoyed coming down and managed to finish just before it started raining! After the race I helped with the recording of results from the adult races. Well done to all the Aire members who took part.

Here are some results of Aire juniors who took part:

14-16

- 2<sup>nd</sup>. Joe Woodley
- 3<sup>rd</sup>. Florence Haines
- 5<sup>th</sup>. Helen Wood
- 6<sup>th</sup>. Beth Woodley

10-13

7<sup>th</sup>. Ruaridh Mon Williams  
10<sup>th</sup>. Scott Marshall  
23<sup>rd</sup>. Lucy Haines  
32<sup>nd</sup>. Laura King

8-9

1<sup>st</sup>. Logan Hargreaves  
35<sup>th</sup>. Alice Watson

I'm sorry if I've missed anyone!

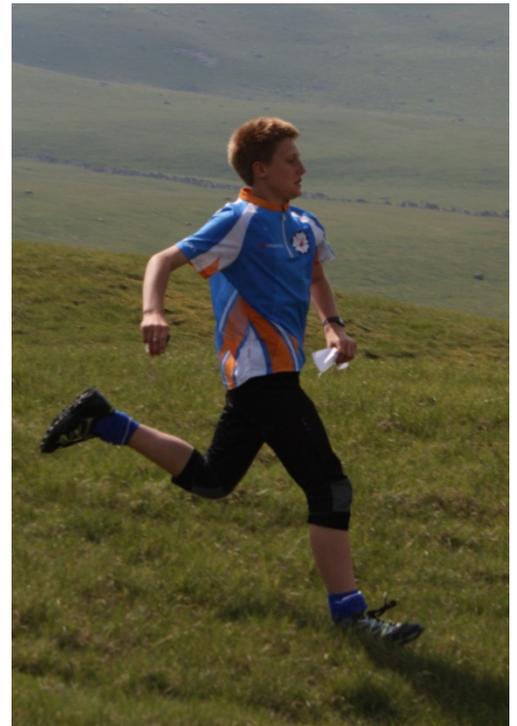
YHOA Junior Squad training at Kilnsey

By Joe Woodley

On Saturday 5<sup>th</sup> June we travelled to the Dales to train with the squad. There were 4 exercises all on a contour and rock only map and I enjoyed the technical, open and fast area although it was quite hot that day! We finished with a star relay and I was in a team with Josh Beech and Miles Gileard. We were refreshed with some coke as we were all hot and thirsty after the training.



Thanks to  
Wendy for the  
pictures!



## Bingley St.Ives event

By Beth

Despite the rain, many AIRE members turned out at Bingley on the 6<sup>th</sup> June for the event. I walked to the start with Joe and did a green course. It was a middle distance race so my course was only 3.1 km but there were 17 controls. I really enjoyed the course because you kept changing direction and had to make quick decisions. Some of the controls were also quite hidden which made it more fun! Overall I came 7<sup>th</sup> which I was pleased with. After my run I did the cake stall and we managed to raise £65 so thanks to everybody who baked and bought cakes!



Joe and Cerys on the cake stall!

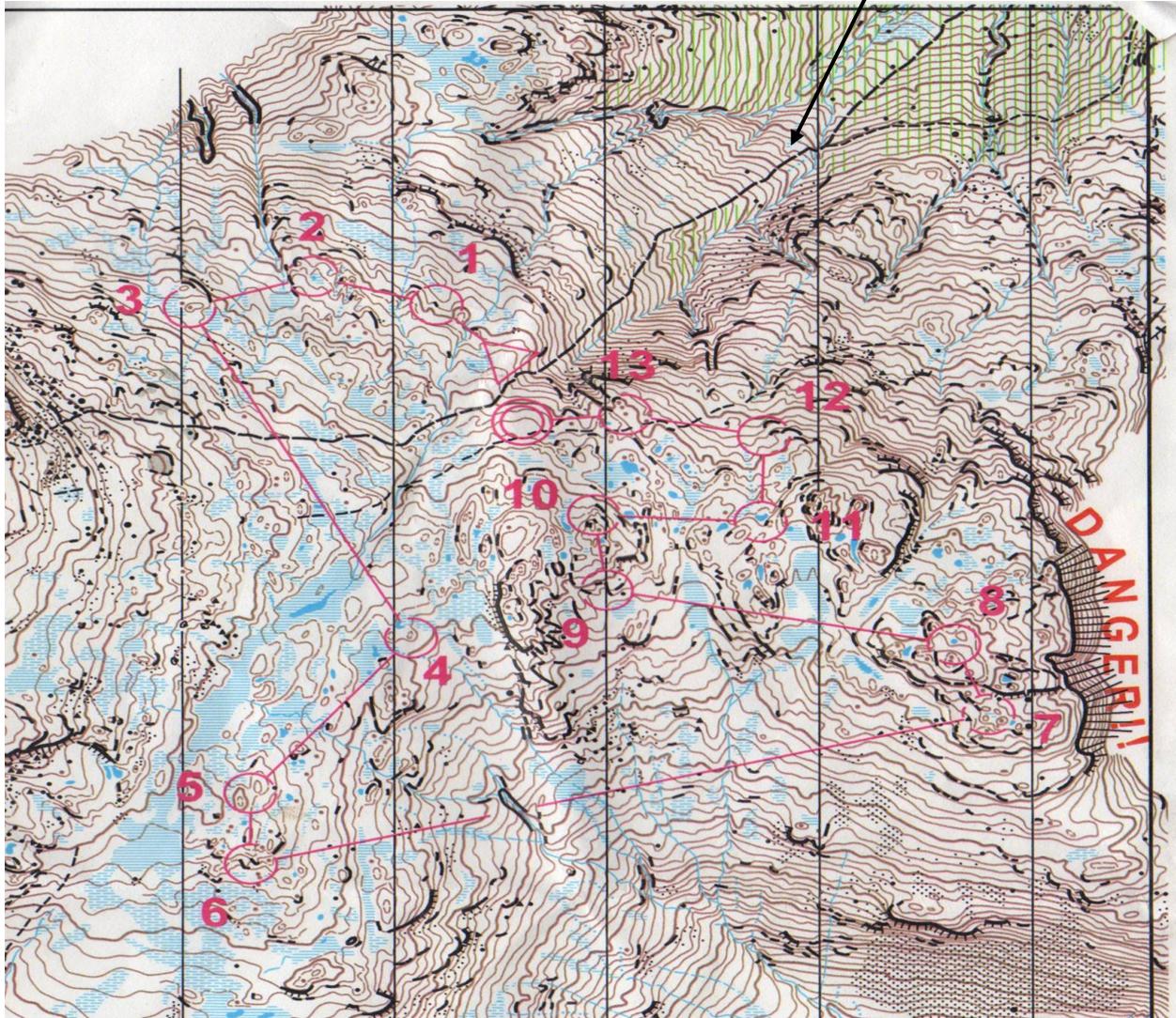
## YHOA Junior squad weekend in the Lake District

By Beth

We travelled to Graithwaite in the Lakes on 15<sup>th</sup> May for training with the squad, it was organised by BO and there were a number of courses. We started by warming up and then we did a short course. I found this quite hard as I was still getting into the area. We moved to another area and there were some more exercises. I particularly liked the low visibility course in the undergrowth because you had to concentrate hard. We had lunch and then went up to the top area to do a control pick course. I enjoyed the training because Graithwaite is a very technical area so it's good practice for contours and bearings.

Unfortunately in the evening I had to revise but we had a really tasty meal at the Youth Hostel- Thorney Howe! The next day after breakfast we packed up and travelled to the event at Pike of Blisco. I was quite tired after the long, uphill walk to the start but it was nice to be up on the top of the fells and there wasn't too much climb on my course. I made some bad route choices and mistakes but I enjoyed the area because it was open with lots of crag detail. Everyone who I spoke to said they enjoyed the new, technical area so for those of you who didn't go, here is an extract from my map top give you an idea of the area:

The walk to the start!



After my run, I couldn't find my jacket which I'd taken up to the start. I searched for a while and then decided to leave it. On the way down I was worried that I'd have to walk all the way back up to get it but luckily it turned out my dad had brought it down! I had pasta from Wilf's and I bought some cakes. Overall it was a good weekend- Thanks to Tony, Nev and all the adults who provided transport and coached us! ☺

Penhale Sands is a large mass of sand dunes. It is an interesting area with complex contours, steep hills with lots of depressions everywhere, both in between and on top of hills. This makes it very hard to find controls. It is challenging to plan your route and it is very technical inside the circle. Paths were usually indistinct and it was very difficult to distinguish between the short grass (yellow) and the Marram grass (pale yellow).

**DAY 1**

This was a middle distance race on a fairly open part of the map in the south. There were lots of small thickets which was unusual on this area. It was a matter of navigating quickly, changing direction and taking bearings. I competed on the light green which was a 2.8k course. It was fairly flat and control flow was important. I had a fairly good run but wished I had run faster.

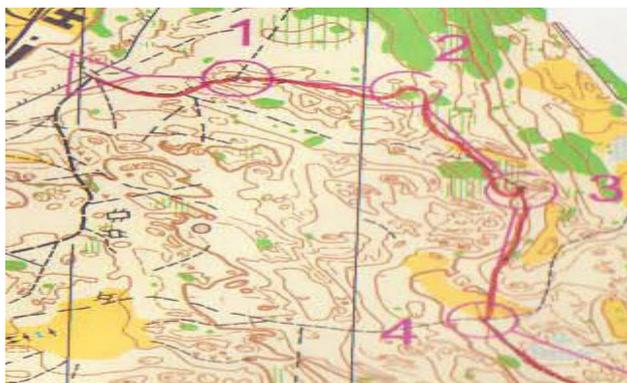
**DAY 2**

On this day I had 3.2kms and it was much harder. It was positioned in the middle of the map where it had patches of open, intricate contours and a couple of marshes. My course started with lots of controls close together then more spaced out into longer, less difficult legs where finding a good attack point was key.



**DAY 3**

Day 3 started from an army camp at the northern edge of the map. My course was 3.1k and route choice was the main aspect of this course. It started at the edge of the army camp and went straight into some complex contours. Controls 1 to 3 were challenging to navigate through but then I ran along a valley to number 4 and it was a straightforward leg to number 5. Then route choice was the main aspect; by taking routes along paths I was faster than many of my friends. I ended up 3<sup>rd</sup> which was my best result in this event.



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## Would you like a windproof club jacket? – Joyce Marshall

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- To keep warm prior to or after running at events
- To improve our club identity before and after running

This is a possible design. It is a lightweight wind resistant jacket with 5 pockets, a reflective zip and fleece lined collar. The price is likely to be around £40.



To register your interest in buying a club jacket or to make any suggestions before the design and type of jacket is finalised please contact Joyce Marshall:

Email: [marshalls@marshalls.myzen.co.uk](mailto:marshalls@marshalls.myzen.co.uk)

Tel: 01943 862997

### **Orienteering tops**

Are you new to the club and thinking of buying an O'top? Is your old one wearing out? There are both Trimtex and traditional styles of O' tops in stock. Please contact Joyce for further information.

Organisers of the annual Jack Bloor Races would like to thank all those who supported this year's silver anniversary event whether as runners, helpers, sponsors or spectators. As ever, this special 25<sup>th</sup> anniversary fell race provided a fitting memory to Jack, some exciting racing, superb participation by juniors and local runners and a sociable community event, all against the iconic backdrop of Ilkley Moor.

Jack Bloor was an accomplished athlete, climber, orienteer and fell-runner who contributed so much to help develop these outdoor pursuits and to encourage juniors to participate and excel. He pioneered many first ascent rock climbs and helped establish the classic Three Peaks Fell Race which he won in 1956. Jack coached orienteers to world class level and served as county mountain advisor to the Scouts.

Jack died in 1984. These annual races were established in his memory and to raise money for the Jack Bloor Fund. Fittingly, this Fund is designed to help young people who lack the means to pursue their dreams in the outdoors. Young people up to 25 years of age who are members of a Yorkshire fell-running, mountaineering or orienteering club or of a Yorkshire Scout or Guide group may apply. The grants are for use in improving physical and/or technical skills in any recognised outdoor pursuit.

Airienteers has had a long and close association with the Jack Bloor Races and Fund. Many of the Jack Bloor trustees, race organisers, helpers, competitors and also young beneficiaries of the Fund have come from the club. Also, Airienteers' own Tuesday Night Running group of the last 25yrs+ has its very origins in the Bloor's Cookridge household!

The races start opposite Darwin Gardens on Wells Road in Ilkley. The senior race is an unmarked, navigational fell race 5.2 miles in distance and with 1150 feet of ascent. The route sees a steep direct climb to the Badger Stone, a scenic escarpment run to the Swastika Stone, a gradual ascent to Cowper's Cross and a plateau run to the highest point, the Trig point atop Rombalds Moor. The descent includes a leg-sapping marshy stretch to the headwaters of Backstone Beck and a final hairy descent down the tracks, steps and rough ground of Ilkley Moor. The men and women's race records had stood at 38:04 and 45:57 respectively – but would they remain?

At the sharp end of the 5.2 mile senior race there was fantastic competition amongst seasoned fell-runners. Victoria Wilkinson of Bingley won the ladies race in 45 minutes 28 seconds so breaking the record that had stood for 15 years. She lead Lucy Griffiths of Holmfirth in second place and Laura Martin of Otley in third and who was also the first lady over 40. The first ladies team was, as usual, Ilkley Harriers.

The men's race was won in dramatic style by 18 year old orienteer Peter Hodkinson of Erewash Valley in only his third fell race. He overtook 2008 winner Chris Birchall of Leeds City with a hair-raising descent from the last control. Peter said, "I loved it. Living in Nottingham isn't exactly the best place for hills or fell racing so its always awesome fun when I get to do it - only my third time and I'm liking it more every time! Can't really see how the race could have been better except for the weather - nice route, nice prizes." He clearly has a great future on the fells. Third was 2009 winner Graham Pearce of Pudsey & Bramley followed by the current course record holder, Greg Hull of Leeds City who also claimed the veteran over 40 trophy. The over 50

prize went to Ian Rowbotham of Ilkley Harriers. The team competition was won by Pudsey & Bramley with Ilkley Harriers and Wharfedale Harriers tying in second place.

Unseasonably cool weather including leaden skies and heavy hail showers added to the challenge facing runners and supporters. Despite this, the senior race saw many have-a-go locals join the regular fell-runners to simply enjoy the personal satisfaction of racing. All were rewarded with a specially labelled bottle of Jack Bloor 25<sup>th</sup> Anniversary Ale kindly donated by our senior race sponsor, the Ilkley Brewery Company.

Senior race trophies were presented by Terry Lonergan of Complete Runner, the specialist running shop on Leeds Road, Ben Rhydding. Terry has also been a longstanding supporter of the Jack Bloor Races. The Complete Runner provides the printed race numbers worn by all runners together with a generous donation to the Jack Bloor Fund. Stewart Ross, a director of the Ilkley Brewery Company, presented further bottles of beer to the team prize winners.

No less exciting than the senior race were the four classes of junior fell races which were fortunately held just before the weather broke. First introduced in 2002, the junior races had a field of over 100 runners for classes from 6 to 16 years old. The junior race classes are based on age on the day and include a 0.5 mile race for 6-7yrs and 8-9yrs, a 1 mile race for 10-13yrs and a 1.5 mile race for 14-16yrs. All junior race courses are flagged.

The 6/7yrs boys race was won by Jack Muir of Wharfedale Harriers with Katie Cox of Keighley & Craven winning the girls. Two Wharfedale Harriers runners, Logan Hargreaves (AIRE) and Shona Bent, won the boys and girls 8/9yrs race in a record field of 37 runners whilst Phil Done and Ellie Lambert took the 10/13yrs age honours for the same club. The smallest field for the 14/16yrs class was won by Lova Chechik of Eborienteers with local girl Florence Haines of Ilkley and AIRE starting the summer season with a win in the girls race.

That so many juniors should compete so enthusiastically in such unseasonal conditions reflects the fantastic work being done by local clubs to develop and encourage junior racing.

The junior race sponsor, Smooth, is Ilkley's popular smoothie bar and deli café located on Wells Road close to the town centre. Soon after the last junior crossed the finish line icy hail fell on the junior prize giving ceremony. Undaunted, Jo Haig and her team from Smooth presented 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placed boys and girls in all four age classes with hand-made cookie medals – to admire and then eat! Jack's wife and daughter, Pat and Hilary, rewarded the children with trophies and certificates.

As ever, a number of orienteers from local clubs featured high up the senior and junior results showing that cross competition in these races spices things up for the established fell-running order.

In addition to the permanent trophies given to the first man, lady, under-23 and over-40 in the senior race a number of small trophies are also presented as race mementos including to winning juniors. Originally created by David Walker, a ceramic artist from Ilkley and now continued by James Fonquernie of Leeds, each year's design is inspired by an ancient rock carving found on Ilkley Moor.

Members of Jack's Gritstone Club have stoically manned the checkpoints on the moor for 25 years. After the anniversary race helpers were treated to refreshments in

the Ilkley Vaults where veteran fell-runner and Airienteer, Dick Courchee, recalled memories of Jack and celebrated the success of the annual races and the Jack Bloor Memorial Fund.

What better way to spend an evening in May?

Further details of the Jack Bloor Fund and annual races can be found at [www.jackbloor.co.uk](http://www.jackbloor.co.uk)

### 22<sup>nd</sup> February 2010

Airienteers are hosting an important Regional Orienteering event on Ilkley Moor this coming Sunday 28<sup>th</sup> February. This is the first event in the newly constituted Yorkshire Superleague for 2010 which will include all the leading regional events in Yorkshire & Humberside across the best terrains that the region has to offer. The competition on Ilkley Moor will mainly be centred on the complex north-facing moorland with extensive rock and contour detail making for a good technical challenge, attracting runners from all over the north of England.

Meanwhile Airienteers Winter Night Score League has been completed. Steve Watkins (299pts), Dave Alcock (289), and Nick Jones (270) were the first three in the Men's League whilst Jess Trowbridge (294), Lucy Griffiths (246), and Zoe Ricketts (182) were the first three women in the league. In all, the League events attracted over 100 runners.

The Yorkshire & Humberside Night League has also been completed with Aire scoring a clean sweep in the Senior Men's competition with Andis Celinskis (1<sup>st</sup>), Martyn Broadest (2<sup>nd</sup>), and Bryan Websdale (3<sup>rd</sup>). Steve Watkins was just one point ahead of Dean Field from Sheffield in winning the Veteran Men's competition with Ian Marshall 4<sup>th</sup>. Chris Burden was 3<sup>rd</sup> in the Super Vets, Madeleine Watson 5<sup>th</sup> in the Women's Vets, and Susan Stevens 4<sup>th</sup> in the Womens Super Vets.

Airienteers Spring series of O-Lite events will start on Saturday 6<sup>th</sup> March at Calverley Woods, near Greengates, north Bradford. O-Lite events offer a range of courses from easy to difficult and provide an ideal opportunity for those new to orienteering to try 'cunning running'. Help and advice available at Registration. Starts are from 1 - 2pm and details of these and other events at this friendly club can be found at [www.aire.org.uk](http://www.aire.org.uk).

### 1<sup>st</sup> March 2010

Unexpectedly fine weather last Sunday provided 425 runners with a fine orienteering competition on Ilkley Moor. This Regional event – well-organised by Tom Crowther and well-designed courses by Martyn Gill – attracted runners from all over northern England and provided a testing technical challenge amidst the rock-strewn hillside below Rocky valley, and a hard physical challenge on the upper slopes with climbs of up to 1700ft on the longer courses.

The simplified colour-coded format, recently instituted by the British Orienteering Federation, makes for more intense competition and the longest (Black) course of 9.675km was won by junior international, Oliver Johnson of Sheffield in a sizzling 64.36. David Alcock of Leeds was the first local runner home in 6<sup>th</sup> place in 87.51, with Adrian Pickles 9<sup>th</sup> and Geoff Clarke 11<sup>th</sup>.

The 8.425km Brown course was won by Irish international James Logue representing the East Pennine club and clocking an excellent 56.51, whilst Graham Watson of Airienteers had a great run for runner-up spot in 60.13. David Bowman (69.25) and Neil Conway (69.43) made it three runners in the top-six for Airienteers! The Short Brown course of 7.45km was won by Lakeland's Jack Wright in 58.05 with Menston's Steve Webb 4<sup>th</sup> in a creditable 63.53. Meanwhile, Zachary Field from Sheffield beat

94 runners on the 6.3km Blue course finishing in 54.13, whilst Bruce Woodley of Guiseley had a great run finishing 6<sup>th</sup> in 57.14. Veteran international Tony Thornley of Ilkley followed up his win in the previous week's Southern Championships with 10<sup>th</sup> place in 61.00 exactly one minute ahead of Peter Haines, also of Ilkley, who was 12<sup>th</sup>.

Florence Haines was Airienteers only winner on the day finishing the 5.025km Short Blue course in 49.30. Daniel Holmes (51.07) and Cerys Jones (52.43) made it a 1/2/3 for Aire runners finishing 2<sup>nd</sup> and 3<sup>rd</sup> respectively. Michael Cox was first home for Aire on the 4.05km Green course in 4<sup>th</sup> place with Simon Bowens 5<sup>th</sup>, Jonathan Smith 7<sup>th</sup> and Andrew Merrill 8<sup>th</sup> in a field of nearly 80 runners.

Angela Hulley (52.19) made it on to the podium in 3<sup>rd</sup> place on the 2.975km Short Green course with Lucy Fox 7<sup>th</sup>. At junior level, Davy Ker and Scott Marshall both enjoyed a top-ten placing on the 3.175km Light Green course, Kevin White came home 3<sup>rd</sup> on the Long Orange course of 4.950km, whilst Lucy Haines claimed runner-up spot in 26.31 on the 2.55km Orange course. Finally, Stanley Conway was 2<sup>nd</sup> on the 1.75km Yellow course, and Robin Cooper was first Aire runner home in 5<sup>th</sup> place on the 1.35km White course. The junior runners at Airienteers continue to develop their orienteering skills which bodes well for future competitions.

Other Airienteer results were (positions in brackets) :

Brown course

Mark Mon-Williams(11), Eddie Winslow(13)

Short Brown

Andis Celinskis(26), Greg Hull(27), Ian Marshall(28), Chloe Haines(29), Peter Jones (31), Mark Selby(38), Alistair Fale(42), Faye Pinker(46), Sarah Haines(47), Claire Towler(53), Neil Matthews(55).

Blue course

Tony Carlyle(16), Ruth Ker(23), Kelvin Dawson(24), Frank Kew(26), David Armstrong(29), Natasha Conway(37), Will Patterson(42), Rebecca Mon-Williams(59), Mike Winter(60), Nat Jones(61), Howard Sawyer(65), Sam Wood(68), Ian Hill(72), Bill Fawkner-Corbett(83)

Short Blue course

Martyn Broadest(7), Peter Avis(11), Jeremy Walford(14), Jess Trowbridge(15), Lindsay King(20), Sophie Brown(21), James Avis(22), Henk van Rossum(24), Emily Wood(26), Gerry van Hee(30), Wendy Carlyle(45), Fred Ross(58), Marion Bowman(59).

Green course

Bryan Websdale(11), Susan Stevens(25), Robert Ker(26), Jonathan Landless(37), Eva Watson(43), Lisa Broadest(49), Gill Ross(53), Robert Skilleter(56), Sarah Hayes(62), Diane Gorton(63), Anna Chavez(70).

Short Green course

Nicola Gill(11), Jo Thornley(17), Richard Fox(18), Alex Watkins(20), Helen Woodley(26), Alan Parker(34).

Light Green course

Ruaridh Mon-Williams(15), Tom Convery(16), Chris Brown(20), Cam Whitwham(21), Sam Avis(22), Matthew Brown(24), Adam Penny(25), George Maver(26), Sue Penny(32), Dave Walton(33), Miles Gilleard(35).

Long Orange course

Katy Boden(5), Sima Goldsmith(6), Chris Hulley/Chris Patterson(7)

Orange course

Laura King(4), Tony Matthews(7), Daniel Burnley(18), Holly Avis(20).

Yellow course

Matthew Hall(6), Evie Conway(8), Adam Powel(18), Daniel Hayes(19), Sam Chavez(20), Chris Chavez(23).

White course

Amy Bowman(6), Adam Hayes(7), Eloise Hall(11), Joanna Bowman(12), Alice Watson(13), Theo Bowens(16), Oliver Hayes(17), Lucy Hayes(18).

Those not travelling to the Welsh Championships have a choice of Barnsley or Eskdale for competition next week-end. Details of these and other events at this friendly club can be found at [www.aire.org.uk](http://www.aire.org.uk).

### 8<sup>th</sup> March 2010

Airienteers got their O-Lite Spring Series under way last Saturday at Calverley Woods. Steve Watkins of Baildon ran out the winner of the longest course (Green) with a sparkling run in 37.08, over four minutes ahead of English international runner Helen Gardner from York who finished in 41.22. Nick Howlett from the Lakes was 3<sup>rd</sup> in 42.03, whilst Peter Jones (5<sup>th</sup>) and veteran international Ruth Ker (6<sup>th</sup>) were the other top Airienteers. In the shorter courses there were wins for Noah Howlett (Orange course), Phillip and Charlie Wright (Yellow course), and Annie Brown (White course).

Meanwhile, Airienteers travelled to Wombwell, near Barnsley, last Sunday to compete in South Yorkshire O C's event. Airienteers had one winner in the shape of junior runner Sam Avis who had a good run on the 3.5km Light Green course in 33.39. Mark Penny (7<sup>th</sup>) and Helen Woodley (9<sup>th</sup>) were high fliers for Airienteers. Susan Stevens (6<sup>th</sup> in 46.55) and James Avis (11<sup>th</sup> in 48.53) were the pick of Airienteers runners on the 4.4km Green course which was won by York's Helen Gardner in a sizzling 33.20.

Bruce Woodley continued his recent good form with 3<sup>rd</sup> place in 46.23 on the 6.00km Blue course which was won by South Yorkshire's Nick Lightfoot in 43.52. Ali Wood was 8<sup>th</sup> in 48.57 and Andis Celinskis was 12<sup>th</sup> in 50.39. Steve Watkins was again Aire's top runner on the 7.9km Brown course which he completed in 52.55 coming 11<sup>th</sup>. Dave Bowman was close behind in 53.46 for 13<sup>th</sup> spot and Neil Conway in 53.54 for 14<sup>th</sup> position.

Next Sunday, Airienteers travel to Hanging Moor, above the Washburn valley, to compete in a District event run by Claro, the Harrogate-based club. Details of this and other events at this friendly club can be found at [www.aire.org.uk](http://www.aire.org.uk).

### 29<sup>th</sup> March 2010

The second in Airienteers' Saturday Spring O-Lite events was held at Roundhay Park last Saturday with a win by Chris Mitchell on the longest (Green) course. Ian Marshall was 2<sup>nd</sup> and veteran international Ruth Ker was first woman and 3<sup>rd</sup> overall. Jack Cryer (M12) won the Orange course and Robbie Matthews (M10) won the Yellow course. The next in the series will be on Saturday 17<sup>th</sup> April at Bramley Falls, west Leeds. Details on the club web-site.

Meanwhile, other Airienteers travelled to Pickering to compete in a double-header organised by Eborienteers, the York-based club. Charlie Adams from Sheffield stormed round the 4.6km course on Saturday's Urban race in 29.16 with Airienteers' Steve Watkins hard on his heels in 30.26. Adrian Pickles was 6<sup>th</sup> in 33.38 and Neil Conway 8<sup>th</sup> in 33.35. Tony Carlyle was Aire's leading runner on Course B (4.1km) finishing 4<sup>th</sup> in 33.49 with Dave Armstrong 7<sup>th</sup> and Natasha Conway 10<sup>th</sup> (3<sup>rd</sup> woman).

Sunday's Regional Event was held on some testing terrain in Pickering Forest. Airienteers had three winners on the Long courses - veteran international Alistair Wood from Leathley on the M50 course, Yorkshire runner Joe Woodley from Guiseley at M14, and Ruaridh Mon-Williams at M12. Other notable performances included Addingham's Chris Penny, 2<sup>nd</sup> at M45 and Adrian Pickles who, as an M50 runner, finished 5<sup>th</sup> on the M21 course.

Other top-six performances on the Long courses were registered by Maurice Calvert (M50), Tony Carlyle (M55), Martyn Gill (M55), Fred Ross (M65), Tom Crowther (M70), Holly Avis (W12), Natasha Conway (W35), Rebecca Mon-Williams (W40), Joyce Marshall (W50), Wendy Carlyle (W50), Liz Davies (W55), and Gill Ross (W60).

Congratulations are due to Andis Celinskis who won the 2009-2010 Yorkshire & Humberside Night Orienteering League – a specialised form of orienteering not for the faint-hearted! Martyn Broadest and Bryan Websdale, in finishing 2<sup>nd</sup> and 3<sup>rd</sup> respectively, completed a 1-2-3 for Airienteers in the Men's event. Baildon's Steve Watkins was 1<sup>st</sup> Veteran, Shipley's Chris Burden was 3<sup>rd</sup> Super-Vet, Madeleine Watson was 5<sup>th</sup> Womens Vet, and Florence Haines was 4<sup>th</sup> junior.

Nest week, Airienteers travel to the Jan Kjellstrom International event – one of the premier festivals of orienteering in the British calendar. Details of this and other upcoming events can be found at [www.aire.org.uk](http://www.aire.org.uk).

#### 5<sup>th</sup> April 2010

Airienteers – the orienteering club for Leeds & Bradford – travelled down to Devon over the Easter week-end to compete in one of the premier events of the orienteering calendar. The Jan Kjellstrom Festival of Orienteering attracts an international field as well as the pick of British runners who compete in Sprint, Middle Distance, Long Distance, and Relay events over the 4 days. Over 2000 runners competed in the various age-group races held on the moors above Holsworthy and the coastal area near Barnstaple.

Aggregate scores in the two key individual events, held on Days 2 and 3, count towards the overall trophy winners. Ruth Ker of Leeds and Florence Haines of Ilkley were the pick of Airienteer runners, both finishing runner-up in the W40 and W16 races respectively. But in the premier Men's Elite race packed full of international athletes, four local runners featured prominently. Joe Mercer of Skipton was 16<sup>th</sup>, Ian Nixon of Leeds 17<sup>th</sup>, Hector Haines of Ilkley 19<sup>th</sup>, and Ben Stevens, also of Ilkley, was 25<sup>th</sup> over the two days. In the Women's Elite race, Victoria Stevens of Ilkley was 24<sup>th</sup> and Faye Pinker was 29<sup>th</sup>. Meanwhile, Chloe Haines of Ilkley, now running for Edinburgh University claimed 6<sup>th</sup> place in the W20 Elite race, whilst Cerys Jones of Baildon ran well for 15<sup>th</sup> position in the W18 Elite race.

Other notable performances included Tony Thornley, 5<sup>th</sup> at M60, Peter Haines, 5<sup>th</sup> at M55, and Adrian Pickles, 7<sup>th</sup> at M50, all races attracting fields of over 110 runners. Joe Woodley, 7<sup>th</sup> at M14, Lucy Haines, 5<sup>th</sup> at W12, and Emily Wood, 6<sup>th</sup> at W18, all had good runs. Other results for Airienteers in the A or 'Long' races were :

M14. Scott Marshall (29)

M16. James Avis (63)

M21. Matthew Burden (29)

M40. Steve Watkins (12),

M45. Steve Webb(22), Greg Hull(67), Chris Penny(73), Ian Marshall(81)

M50. Maurice Calvert(31), Nicholas Jones(63).  
M55. Alistair Wood(14), Tony Carlyle(42), Martyn Gill(48), Graham Stuart(70).  
M60. Chris Burden(59), Ian Hill(71)  
M70. Tom Crowther(6)  
W12. Laura King(10), Holly Avis(22)  
W16. Beth Woodley(28)  
W21. Sarah Haines(12), Claire Towler(19)  
W35. Natasha Conway(12), Sophie Brown(13)  
W40. Heather Phipps(20)  
W45. Lindsay King(17)  
W50. Joyce Marshall(120), Shirley Wood(13), Wendy Carlyle(36)  
W55. Susan Stevens(9)  
W60. Gill Ross(20).

Next week-end Airienteers compete in a Regional Event at Bramham Park , better known perhaps for the annual rock festival. Details of this and other events at this friendly club can be found at [www.aire.org.uk](http://www.aire.org.uk).

### 12<sup>th</sup> April 2010

Airienteers held a Regional event at Bramham West Woods last Sunday which attracted nearly 300 runners from across the region. Although generally a flat area, runnability was variable because of the density of undergrowth and brashings, so Paul Lee's run to win the 8.2km Brown course in 52.39 was an excellent performance. Tim Patterson from Headingley was first local runner in 3<sup>rd</sup> place in 57.43 whilst Mark Mon-Williams (13<sup>th</sup>), Ian Furlong (15<sup>th</sup>), Maurice Calvert (16<sup>th</sup>) and Sam Brown (17<sup>th</sup>) completed Airienteers' representation.

Neil Conway from Leeds was the winner of the 7.1km Blue course in 54.53, whilst Ruth Ker, also of Leeds, had a fine run for 6<sup>th</sup> place and first woman home in 63.04. Sam Wood was first junior in 63.16 in 7<sup>th</sup> place. Other top-20 places in a field of 50 were Aire runners Tim Boden, Andis Celinskis, Martyn Gill, Chris Penny, Frank Kew, David Armstrong, Tony Thornley, and Peter Jones.

Tim Wiegand of Sheffield beat 77 other runners on the 4.5km Green course in 42.33, whilst local runner Claire Towler had a great run for 3<sup>rd</sup> place and first woman in 43.41. Paul Wood (5<sup>th</sup>), Jonathan Smith (7<sup>th</sup>), and Emily Wood (19<sup>th</sup>) were Airienteers' other top-20 finishers.

There was further success for Airienteers when Addingham's Shirley Wood won the 3.9km Light Green course in 36.59. Stephen Bell (4<sup>th</sup>), Mark Penny (6<sup>th</sup>), Chris Brown (7<sup>th</sup>), and Davy Ker (10<sup>th</sup>) all featured prominently. In the junior races, Holly Avis came 3<sup>rd</sup> and Robert Matthews 5<sup>th</sup> on the 2.9km Orange course; Tommy Matthews won the 2.1km Yellow course with Chris Chavez in 4<sup>th</sup> place; and Robert Matthews was 2<sup>nd</sup> with Annie Brown 3<sup>rd</sup> on the White course.

The Saturday O-Lite series continues at Bramley Fall on 17<sup>th</sup> April, whilst the Spring Sprint League starts at Adel Woods on the evening of Wednesday 21<sup>st</sup> April. The following week, Airienteers will compete in the North-East Regional round of the Compass Sport Cup, the premier inter-club competition in the annual calendar. Details of these events and others at this friendly club can be found at [www.aire.org.uk](http://www.aire.org.uk).

## 19<sup>th</sup> April 2010

The British Middle Distance Orienteering Championships were held last week-end on the complex area of Haverthwaite in the Lake District, with local runners from Airienteers scoring well in the age-group races. Veteran international Peter Haines from Ilkley was Airienteers one winner when he finished the 3.3km M50 course in 32.45.

The centrepiece was the 4.625km M21 Elite race, won this year by Sheffield's Oli Johnson in 30.59. Ian Nixon of Leeds had a storming run for 7<sup>th</sup> place in 37.24, whilst Ben Stevens of Ilkley finished 12<sup>th</sup> in 38.48. Likewise, in the W21 Elite race, junior international Victoria Stevens of Ilkley had a good run on the 3.925km course finishing 7<sup>th</sup> in 38.20, whilst Chloe Haines was 3<sup>rd</sup> on the W20 Elite race. Susan Stevens of Ilkley maintained her impressive form for runner-up spot on the 2.35km W55 course, whilst Alistair Wood of Leathley was 3<sup>rd</sup> at M55.

Other results for Airienteer runners were (positions in brackets) :

M14 Joe Woodley (7)  
M21E Geoff Clarke (55)  
M40 Neil Conway (9)  
M45 Bruce Woodley (30)  
M50 Andrew Kelly (25), Nicholas Jones (36), Simon Brook (47)  
M55 Tony Carlyle (18)  
M60 Tony Thornley (18), Roger Lott (23)

W12 Lucy Haines (17)  
W16 Florence Haines (5), Beth Woodley (19)  
W18E Cerys Jones (13)  
W21E Faye Pinker (26), Claire Towler (29), Jess Nixon (37)  
W45 Helen Woodley (34)  
W60 Jo Thornley (17).

Next week, Airienteers compete in the Compass Sport Cup in the North York Moors and hope to win this regional round and progress to the final of this annual national inter-club contest. Training opportunities are provided by the Spring Sprint League, the first event being on 21<sup>st</sup> April in Adel Woods, Leeds, and the second at Bowling Park, Bradford on 28 April. Details of these and other events at this friendly club can be found at [www.aire.org.uk](http://www.aire.org.uk).

## 3<sup>rd</sup> May 2010

Local runners from Airienteers were prominent in the Elite races at the British Orienteering championships which were held over the Bank Holiday week-end in the woodlands of Cannock Chase, Staffordshire. The M21 Elite race was won by Bristol's Matt Crane in 84.24, but Ian Nixon of Leeds had a great run in 95.04 for 5<sup>th</sup> position, whilst Hector Haines of Ilkley was 10<sup>th</sup> in 97.19, with Ben Stevens, also of Ilkley, finishing 14<sup>th</sup> in 107.33.

There was further success in the Women's W21 Elite race with junior international Victoria Stevens claiming 9<sup>th</sup> place in 82.48. The race was one by the British Army runner, Sarah Rollins in 69.46. Meanwhile, Chloe Haines had a good run for 9<sup>th</sup> place in the W20 Elite race.

Airienteers were also prominent in some of the age-group races, notably Graham Watson who came 3<sup>rd</sup> in the fiercely-contested M40 race, Sophie Brown, 3<sup>rd</sup> at W35,

Ruth Ker, 5<sup>th</sup> at W40, and Steve Webb, 7<sup>th</sup> at M45. Also, Robert Kelly won the M18 Long course. Other results for Airienteers were (positions in brackets) :

M40 Neil Conway (6)  
M45 Ian Marshall (60)  
M50 Maurice Calvert (23), Nicholas Jones (61)  
M55 Ali Wood (12), Peter Haines (22), Martyn Gill (40), Tony Carlyle (49)  
M60 Tony Thornley (10)  
M70 Robert Ker (17)  
W45 Lindsay King (19)  
W50 Joyce Marshall (15), Shirley Wood (24), Wendy Carlyle (30)  
W55 Susan Stevens (20)  
W12 Lucy Haines (11)  
M14 Joe Woodley (23), Scott Marshall (31)  
M16 Sam Wood (31)  
W18L Emily Wood (4)  
W21L Nicola Gill (8).

Next week, the nearest local event is at Newmillerdam, near Wakefield, run by the East Pennine O C. Details of this and the Spring Sprint series held on Saturday mornings by this friendly club can be found at Airienteers' website at [www.aire.org.uk](http://www.aire.org.uk).

#### 17<sup>th</sup> May 2010

Orienteering events in the Lake District and near Selby last Sunday provided Airienteers with vastly different choices of terrain to choose from.

Those opting to travel to Bishopwood near Selby experienced a complex area of mixed woodland with variable runnability and virtually no climb. Around a dozen club members runners opted for this event with David Bowman producing the best Club result by finishing 3<sup>rd</sup> on the longest Brown course. Other good runs were posted by Lee Beavers, Ken Patterson and Gerry Van Hee who finished 4<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> respectively on the Blue Course. Rosemary Beavers also had a good run finishing 3<sup>rd</sup> on the Light Green course.

A more daunting challenge faced the two dozen or so runners who made the trip to Langdale in the Lake District to compete in a Regional Event organised by Lakeland Orienteering Club at Pike of Blisco. The area consists of technically challenging and high Lakeland fells with spectacular views.

The outstanding run of the day was posted by junior club member Florence Haines running the Green Course who beat a large field of 60 runners to win by nearly 4 minutes from her nearest rival. On the longest and very demanding Black course Adrian Pickles had an excellent run to finish 9<sup>th</sup> and on the shorter Blue course two of the Club's veteran's, Alastair Wood and Peter Haines demonstrated their experience by finishing 8<sup>th</sup> and 11<sup>th</sup> respectively in a large field of 70 runners. Paul Wood had a good run to finish 8<sup>th</sup> on the Short Blue course and another Club Junior, Joe Woodley had an excellent run to finish 10<sup>th</sup> on the same course

The Club will be hosting a Regional Event at Bingley St Ives on Sunday 6<sup>th</sup> June whilst the Club's weekday informal series of events resume on Wednesday 9<sup>th</sup> June at Lister Park in Bradford. More details of these and other future events can be found at [www.aire.org.uk](http://www.aire.org.uk).

## 24<sup>th</sup> May 2010

Four local runners from Airienteers have competed in the selection races for the World Orienteering Cup. The races are divided into Long, Middle, and Sprint races, and Hector Haines of Ilkley came 11<sup>th</sup> in the Long Distance race in 78.16, just ahead of Leed's Ian Nixon who came in 12<sup>th</sup> in 78.51. Ian Nixon repeated his 12<sup>th</sup> place finish in the Middle Distance race in 36.51, whilst Hector Haines improved to 7<sup>th</sup> place in 35.52. In the Women's Middle Distance race, Chloe Haines was 23<sup>rd</sup> in 40.52, with Jess Nixon 28<sup>th</sup> in 43.57. Ian Nixon also competed in the Sprint race finishing 17<sup>th</sup>.

On a more local level, Calverley Woods and Meanwood Park were the venues for the latest races in the Aire Sprint League. The top six positions for the Long course at each venue were as follows :

### Calverley :

Ian Nixon	24.03
Paul Liepins	31.23
Tim Patterson	32.37
David Bowman	32.45
Steve Watkins	33.41
Joe Woodley	35.02 * first junior

### Meanwood Park

Ian Nixon	21.05
Steve Watkins	25.12
Neil Conway	27.15
David Alcock	29.12
Michael Cranny	29.38
Ian Furlong	30.30.

Ruth Ker in 35.19, Marie Gibbs in 35.39, and Jess Nixon in 41.52 were the first three women home at Meanwood, whilst Claire Towler in 49.51 just beat Joyce Marshall as first woman at Calverley Woods.

Airienteers' next event will be on Sunday 6<sup>th</sup> June, a Middle Distance Regional event attracting runners from all over the north. Details of this and other events at this friendly club can be found at [www.aire.org.uk](http://www.aire.org.uk).

## 7<sup>th</sup> June 2010

Airienteers held a Regional Middle Distance orienteering event at Bingley St Ives last Sunday which attracted over 150 runners from across the region. The courses for 'middle distance' events are half the length of standard or 'classic' races but just as technical in terms of navigational demands. Courses are colour-coded and differ in terms of length and technical difficulty. The terrain at Bingley St Ives combines both runnable and dense woodland with areas of heather moorland.

Irish international James Logue, representing the East Pennine O C was victorious on the 5.5km Black course winning in 47.26, whilst Paul Liepins was the first local runner home in 54.47 for 5<sup>th</sup> place. Tim Patterson in 61.20, and Andis Celinskis in 62.17 completed Airienteers' placings in the top-ten. Faye Pinker had a good run in 65.59 and was first woman runner home.

The 4.7km Brown course was won by Sheffield's Zac Field in 40.39 with Baildon's Steve Watkins coming 3<sup>rd</sup> in 48.02. Menston's Ian Marshall was 7<sup>th</sup> in 59.29, whilst

Peter Jones in 60.31 and Nick Jones in 60.35 completed Airienteers' places in the top-ten.

Paul Taylor of the East Pennine club won the 3.6km Blue course in a sizzling 33.34, whilst Ilkley's Florence Haines, a junior runner, had a good run in 37.22 for runner-up spot., with veteran international Ruth Ker of Leeds 3<sup>rd</sup> in 38.01. Other junior runners – Joe Woodley in 39.03 and Sam Wood in 41.18 had good runs in the top-ten.

Katherine Hall of Sheffield ran out the winner on the 3.1km Green course in 34.04 with Aire runner Mike Cox 2<sup>nd</sup> in 37.24. Helen Wood, Robert Ker, Neil Matthews, Beth Woodley, and Rosie Beavers, all of Airienteers, finished in the top-ten positions.

Meanwhile, in junior races, the 2.7km Light Green course was won by Davy Ker in 37.59 with Scott Marshall, Helen Anthony, Euan Adamson and Matthew Brown completing the top five placings. Holly Avis and Tommy Matthews were 2<sup>nd</sup> and 3<sup>rd</sup> respectively on the 2.1km Orange course, Bridget Taylor was 3<sup>rd</sup> on the 1.3km Yellow course, and Tamsin Ker was 3<sup>rd</sup> on the 1.1km White course.

This Wednesday evening sees the start of Airienteers Summer Sprint League at Lister Park Bradford. Starts are at 6.30pm and all are welcome. Details of this and other events at this friendly club can be found at [www.aire.org.uk](http://www.aire.org.uk).

#### 14<sup>th</sup> June 2010

Airienteers have now completed their Spring Sprint League with some fast, furious, but technically challenging races around the Leeds and Bradford area – at Adel Woods, Bowling Park, Park Wood, Calverley Woods, and Meanwood Park. The best 3 results went towards the final league table, and Ian Nixon of Burley, Leeds came out top, ahead of Steve Watkins of Baildon in 2<sup>nd</sup> place with Dave Alcock, of Burley, Leeds 3<sup>rd</sup>. Nicholas Jones, Tim Patterson, Howard Sawyer, Tony Carlyle, Leon Foster, Chris Burden, and Geoff Clarke completed the top-ten league placings.

Also, the Aire Club League for 2009 – 2010 has also been completed, with the best 7 results from 13 local and regional races during the year used to determine league positions. Points awarded are weighted for age and sex. Veteran international Ruth Ker (M40) of Leeds came out on top with 6942 pts. ahead of Frank Kew (M60) of Ilkley with 6461 pts who was 2<sup>nd</sup> and Joyce Marshall of Burley-in-WHarfedale with 6336 pts. in 3<sup>rd</sup> place. Susan Stevens, Dave Shelley, and Lindsay King completed the top six placings. Joe Woodley of Guiseley was the 1<sup>st</sup> male junior whilst Cerys Jones was the 1<sup>st</sup> female junior.

Meanwhile, the Summer Sprint League is in full swing with the 2<sup>nd</sup> event at Beckett Park on this Wednesday evening and the 3<sup>rd</sup> event at Northcliffe Park, Shipley, on Wednesday 23 June. Starts are between 6.30pm and 7.30pm and there is a choice of 3 courses of varying length and technical difficulty – an ideal taster session for those new to orienteering. Details of these and other events at this friendly club can be found at [www.aire.org.uk](http://www.aire.org.uk).

# Calling all Airienteers under 25

*Do you lack the means to pursue your dreams  
in the outdoors?*

Have you heard of the Jack Bloor Fund?

The **Jack Bloor Fund** is

- Available to young people up to 25 years who are members of one of the Yorkshire Clubs below
- Grants are to be used to improve a physical and/or technical skill in any recognised outdoor pursuit
- Up to 50% of the total cost is available, with a maximum grant of £300

**Eligible Clubs are**

- Yorkshire Orienteering Clubs affiliated to the British Orienteering Federation
- Yorkshire Mountaineering Clubs affiliated to the British Mountaineering Council
- Yorkshire Fell Running Clubs affiliated to UK Athletics (North of England AA) or the FRA
- Yorkshire Scout or Girl Guide Groups affiliated to the Scout Association

*See article on the 25<sup>th</sup> Anniversary Jack Bloor Races elsewhere in this edition of Aire Affairs*

**Further details and application forms** can be found at [www.jackbloor.co.uk](http://www.jackbloor.co.uk)

