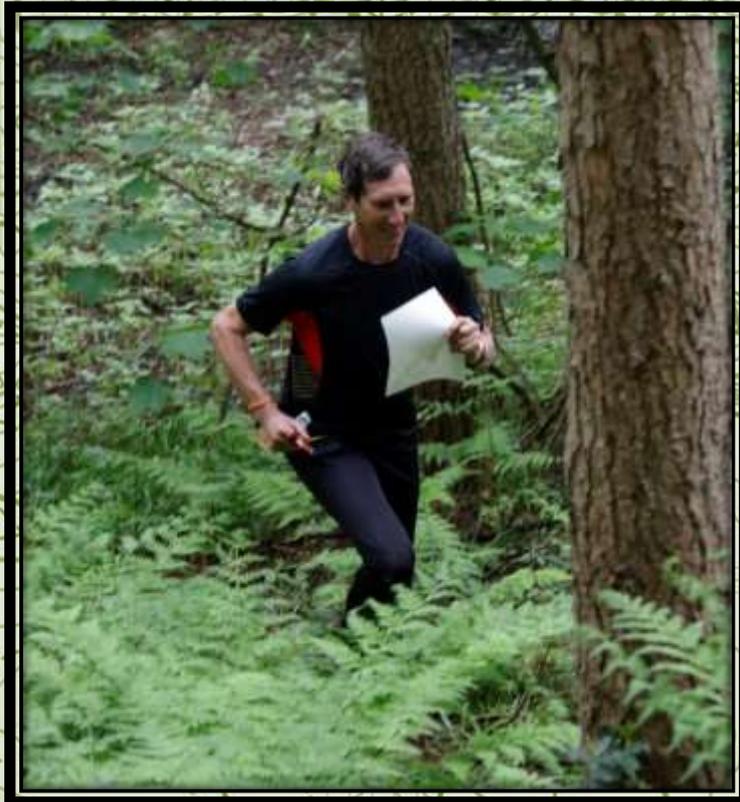
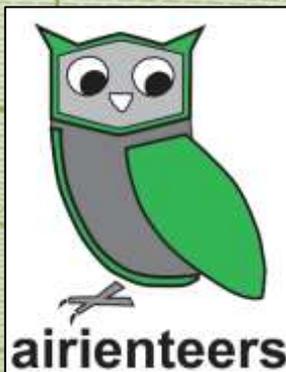




Aire Affairs



May 2021



Airienteers

Orienteering in Airedale and Wharfedale

www.aire.org.uk



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AIRE AFFAIRS is the Club's official magazine and is available on our website www.aire.org.uk and via e-mail/paper format to all members and interested parties.

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The cover photo shows Airienteer Dave Shelley battling his way through the undergrowth at Dawson Wood



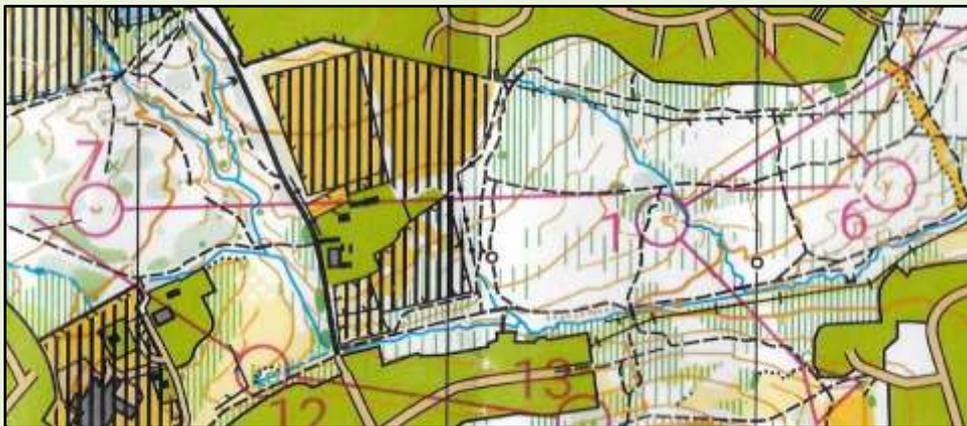
Edito – Wendy Carlyle

When Guy contacted us just prior to the Middleton Park event to ask if we could help, a couple of things occurred to me. Firstly, I had got out of the habit of checking when we were due to help at events and, secondly, our usual job in the Tent Team no longer existed in the present climate, so what did Guy need us to do? Aaarrgghh, car parking! I had visions of trying to park cars on muddy verges next to perilously deep trenches with the rain teeming down, my nightmare job. As it turned out, we had a shorn, level field surrounded by trees, with a view of the lake and the sky was blue. Even I could manage to park cars on that, although I did quickly pass the parking bit to Tony whilst I was happy to wave folks in the right direction. I was a bit peeved that I didn't get one of those huge fingers though.



As the busy part of the day approached it was great to chat to folks we haven't seen in too long a time, to catch up on their news and families. I was enjoying that so much that I decided to forgo my run and stay in place, especially as helpers were thin on the ground and the blue sky was replaced by ominous grey. All in all it felt like a good slice of normality had returned.

I did run at the following Sunday's event at Bradley and Fixby Woods. Can you guess my mistake en route from control 6 to control 7 which cost me a few moments of head scratching??



Thank you to this issue's contributors. Following on from the last issue's catch up with Junior Squaddies and where they are now, there are three more recollections of Squad times from Ruth, Todd and Cerys. Lindsey reports on AIRE Juniors' progress in the Yvette Baker competition and David writes about Bradford Grammar's involvement in World Orienteering Day. We also find out about the Scotland v. Sweden Turf Competition. Be sure to respond to Lucy's questionnaire on Gender Equality in Orienteering and have your diaries to hand when reading Richard's round up of next year's Major Championships, hosted by AIRE.



Chair Affairs - David Williams

I hope that everybody has enjoyed the programme that the club has been able to put on following the recommencement of orienteering events. We have tried to give some variety in the programme, a mix of terrain and urban events.



British Orienteering confirmed that Aire have staged the most events (= with Forth Valley) since lockdown. So a big thank you to all the organisers, planners and helpers that have put on those dozen events.

Almost all events appear to have been extremely well attended and with over 260 at Middleton Park including circa 80 juniors for the Yvette Baker Trophy, the Regional event programme appears to be returning more to normal.

As an update on the last issue the new Permanent Course at Bramley Fall is fully open download maps via the website page. <https://www.aire.org.uk/permanent-courses/bramley-fall>

The marker posts are all installed at both Armley/Gotts Park and Bramley Park but the courses aren't quite open yet as Graeme is looking for a couple of volunteers who can help manufacture and fix approximately half a dozen markers to fences. The issue is each one needs a bespoke solution so if you like solving those sorts of problems and have the tools to install please let myself or Graeme know if you can help.

Literally in the first week of the first lockdown we had organised a First Aid course which was to be run by Will Patterson but was therefore cancelled. The club needs to have First Aid cover at events and now that Lockdown is being lifted to the extent that proper First Aid courses can be run then we want to get this back in the Diary. We are hoping to go forward with two formats of course. A 3 hour evening course to be held at Leeds University which will be run by Will. This will be ideal for those wanting just an introduction and those needing to refresh. A full 2 day weekend course which is suitable for those wishing to have extended skills in mountain or wilderness first aid, to help a casualty in remote areas, to take control of an incident in a hazardous environment and direct others. Successful completion of the course results in a first aid certificate specifically for outdoor activities. The club is looking to provide free places on the course so if you can confirm interest through me. chair@aire.org.uk

We have had a few requests for club kit and Jack Cooper will be putting a note on the website shortly to coordinate a new order for O tops and those really smart club Jackets. Juniors who have not already received a free O top but want one please liaise through Junior coach Lindsey King.



Yvette Baker Trophy – great results – Lindsey King

A huge, big thank you to thirteen Aire juniors who ran for the club at the Yvette Baker heat at Middleton Park. TEAM AIRE was:

Jack, Jake, Tom, Annie, Megan, Katie, James, Harry, Henry, Jack, Bethan, Charlie & Kate.

Although SYO (South Yorkshire) scored more points - 899, we had enough runners to score on each course meaning that we were only a few points behind- 861, despite their large turnout. That is a brilliant achievement when many of you have done so little orienteering for a year.

Highlights were Katie who finished smiling though dripping wet with rain and Kate who persevered on a tricky yellow course in her smart new Aire top.

Here are the results <https://www.aire.org.uk/results-archive/2021/2021-05-16-middleton-park/Yvette-Baker-YHOA-Trophy-and-Shield-Heat-Results.pdf>

And even better, we have been selected for the final of the competition on 4th July. The challenge is that the final is at Westonbirt Arboretum at Tetbury in Gloucestershire which means finding nine juniors able to travel there and back over the weekend. I am hopeful... will keep the club posted if we manage it.

That last-minute post-lockdown training on Otley Chevin was well worthwhile. We practised racing skills: starting a race, checking control numbers, racing to the finish, mini colour standard courses and a dibber dash.

Lindsey King – Coach





World Orienteering Day, 19th May – David Alcock

We all know the excitement of a score event. To many of us, the physical and mental challenge, heightened by the need to perform against the clock, is one of the most appealing manifestations of the sport!

For the past four years out of five (can anyone think which year was missing?) I have arranged a World Orienteering Day event for pupils at my school, Bradford Grammar. Tony Carlyle has helped me on the day with all these events and Simon Marland and Lindsey King have been generous with their loan of SI kit to add to the BGS SI kit to enable the event to run.

Year 7 and Year 8 pupils – all 230 or so of them – are led safely across Keighley Road to the beautiful and serene Lister Park and, for half an hour it becomes much less serene but much more buzzing with life, as teams of three to four students zig-zag hither and thither, visiting as many gripped checkpoints as possible. We have run the event with pin punches, but the electronic timing kit is a real hit, and its use, and the event itself, has helped in the recruitment of several orienteers to the ranks of the school club – and indeed Airienteers now has a few members who first tried the sport in Year 7 or 8, either at a WOD event, in a Year 7 activities slot, or in the lunchtime club.

Have a think about how you might help a school or club near you to get involved next year – or indeed at another point in the year (there is another WOD/WOWeek in 2021 on 8-14 September: <https://orienteering.sport/world-orienteering-day-2021-two-opportunities/>). You might just enthuse a new generation of young ‘cunning runners’ or you might just plant a seed of engagement with the outdoors that will bloom in the future. Please ask me for advice if this appeals to you!

David Alcock, Airienteers and BGS Orienteering Coach





Gender Equality in Orienteering – Lucy Haines

Hello Airienteers! You may have all noticed the conversations going around regarding gender equality in orienteering which have re-surfaced this year. If you haven't listened to 'The Run In' podcast episode on the topic yet, I would do so immediately (after reading this). Edinburgh University Orienteering Club (EUOC) have strong feelings about gender equality in orienteering, agreed following our live discussion evening surrounding the topic.

Following on from our discussion we formed a focus group, aiming to raise awareness about these gender inequalities and to kick-start change within our sport. Since our initial event, Scottish Orienteering have hosted a panel-discussion around the subject. Now we would like to share what action we believe should be taken to the general orienteering public who may not know of the inequalities, or may not be bothered about them. There are three main points of discussion which we believe are important to address.

Firstly, significant differences in winning times is a major source of inequality within orienteering. Within elite categories, when planning for the men's long race the aim is a 90 minutes' winning time, whereas the aim for the women's race is only 70 minutes, but why? Do we really think that women are incapable of running for 90 minutes? Looking to other running-based sports, women and men run the same course in a hill race, or distanced-based disciplines (eg marathon, 10km, etc). Whilst we aren't suggesting that women run the same distances as men, it seems reasonable to ask for equality in winning times, just as is present in the sprint and middle disciplines. In addition to making women feel respected, a 90 minute long race brings new challenges which women are currently missing out on: more game-changing long legs, more technical terrain reached and more tactics required to win to name a few. In Sweden, equality of finishing times is being currently adopted by the Swedish Federation, and the IOF has just announced that increased winning times for women in the long-distance events are being considered. These developments are a step in the right direction, and proves that there is no reason why Britain can't be doing the same, and start the change we want to see.

This isn't just a problem for the elites, but every female junior orienteer faces discrepancies in course lengths as they progress through the sport. From as young as 14 years old there is an expectation that girls run shorter courses than boys. Just looking at the JK long in 2019, the M14 winning time was 45:32 (5.8km), whereas the W14s had a winning time of 32:48 (3.8km). What message does the winning time difference in junior categories send out to these athletes? What will girls growing up think when the boy their age are running for longer than them in every race? And what message does this imbalance give to the boys?



What's more, running for a shorter time inevitably leads to the expectation that as girls move up through the sport, they will run shorter courses, and feel less competent in completing anything longer. This may be a reason why increasing women's winning times could be faced with opposition; after all, it would mean changes to training plans for the athletes involved (in the elite categories in particular). We aren't suggesting these changes are made overnight; there would be more of a staggered equalisation (taking up to around 3 years) in order to allow athletes to adapt their training programmes. Looking long term, the more equality within the junior age classes means that by the time these female athletes move into the senior age classes they will be used to running the same length of time as the men. The sooner we implement equality in all age categories, the sooner it becomes the norm and the sooner girls and women feel completely comfortable orienteering for a longer time.

The second point we believe is important to address are selection inequalities within Britain. You only have to look at the membership of the squads on the British Orienteering website where you will find that the men's senior squad is made up of 14 athletes and the women's squad has only 10 athletes. The junior Talent Squad has 11 men and only 7 women - why is this? Are there simply more male athletes meeting the standard and if so, why? Additionally, there is a tendency to take a full squad of men to international competitions, but not a full squad of women. It appears that selectors measure the performance of men with that of women by looking at minutes behind the leader. Any such comparisons are meaningless and irrelevant of course. Women have to be compared with women and men with men. You may say that numbers are not important, and that if athletes are not reaching the required standard they should not be selected. However, the converse argument is that a talented individual who does not get selected, misses out on valuable opportunities to develop and gain experience, which they can draw on to aid improvement and they may resultantly become demotivated. If this is happening more in women's orienteering than men's then the knock-on effect is that talented women will be lost from the sport and up & coming athletes may miss out on valuable opportunities to compete at a high level. Furthermore, there is a big drop off of women in the W20 class, which is not reflected in the men's competition. Is this related to selections? Perhaps not for everyone, but it certainly is a contributing factor for some. The people in EUOC have numerous friends across the U.K. who have dropped out of orienteering because of, and we quote, 'unfair team selections'.

Finally, we believe there is still a lack of education around female physiology and performance, the importance of the menstrual cycle for training benefits and female health and the risks associated with Relative Energy Deficiency, burnout and Chronic Fatigue. Within EUOC we are working on educating our members on these topics and looking into how we can best support our female athletes. Other groups such as The SOA and ScotJOS are doing the same, however should training on female physiology and athlete health be compulsory for all coaches? Should the BOF talent squad and JROS have access to this information every year from a professional? EUOC believes so.



Ultimately there is a lot that can be improved within orienteering (like JK trophy title names!), even if you feel like there's no need for change or if you don't see the impacts of these inequalities. The reasons for gender inequality in orienteering are outdated: we shouldn't just accept something because it is 'tradition'. So what now? Firstly, we encourage you to listen to The Run In podcast episode referenced, (available free online) then start a discussion with your club or family members, and personally think about how you want your children or grand-children to experience orienteering.

We would also be grateful if you filled out our anonymous survey to find out opinions on these topics within the orienteering community - whether you agree or not with our goals we would appreciate your input.

SURVEY LINK: <https://forms.gle/9yYxrwQZEgJLHVgC9>

If you have any questions about anything mentioned, or anything else you think is important surrounding gender equality in orienteering, feel free to get in touch at secretary.euoc@gmail.com or through the 'Edinburgh University Orienteering Club' Facebook page.

Thank you for taking the time to read this,
Edinburgh University Orienteering Club (EUOC)

(Much food for thought here Lucy, thank you. Ed)





Scotland v Skane Turf Competition – Crawford Lindsay



By now, I expect many of you will have heard of Turf, but in case anyone hasn't, it's a location-based online game, played on a smartphone using the phone's GPS – you go to the physical location of a virtual turf zone to earn points. I first heard about it from the Nopesport discussion forum, way back in 2014, and several orienteers took it up then. Despite me explaining Turf at every opportunity to anyone who would listen, no-one in ESOC took much

notice until the spring lockdown last year. With orienteering events cancelled, an alternative map-based activity (giving infinite possibilities, like a huge score event) was very attractive, and lots of ESOC folk took it up. Turf is based in Sweden, and the Swedish guys who run the game soon noticed the increased activity, and rewarded us with lots of new turf zones to visit. Not long after that, Skåne (the southernmost region of Sweden) challenged Scotland to a regional competition. There was sufficient enthusiasm to accept their challenge, and I was persuaded to be team captain, fully expecting to be soundly beaten.



Contacting other turfers and organising the team took a while – after a slow start, there was a last-minute rush as word of mouth got going. In the end the Scotland team had 119 members, 20 of them from ESOC, plus some from other Scottish orienteering clubs including CLYDE, FVO, INT, and MOR. Any form of transport is allowed - a few went entirely on foot, most cycled, and some did a bit of both. No-one admitted to turfing by car!

The competition ran for four weeks, from 11am on Sunday 7 March until 11am on Sunday 4 April, with points awarded in 3 categories every week, plus 3 additional points for the overall totals in each category, giving 15 points overall. Each week, the top 80% of the team's results in each category were included in the competition scoring - so someone might count for one category but not another, and the counting people could vary from week to week. This meant that people could take a week off for other commitments if they needed to.

Scotland got off to a good start in Week 1, then to our dismay Skåne steadily drew ahead - being veterans of Turf competitions, they knew the best strategies. Although there was valiant overnight action at the end of the week from several ESOC turfers, Skåne won 2 categories, taking the lead. In Week 2, Scotland enjoyed fine spring weather, while Skåne had snow, which held them back, and Team Scotland moved into the lead in all 3 categories. We managed to keep this lead, bringing the score to Scotland 4, Skåne 2, to our surprise. Skåne stormed ahead again in Week 3, and Scotland struggled to catch up. Many Team Scotland members were again turfing at unusual hours in poor weather over the next weekend.



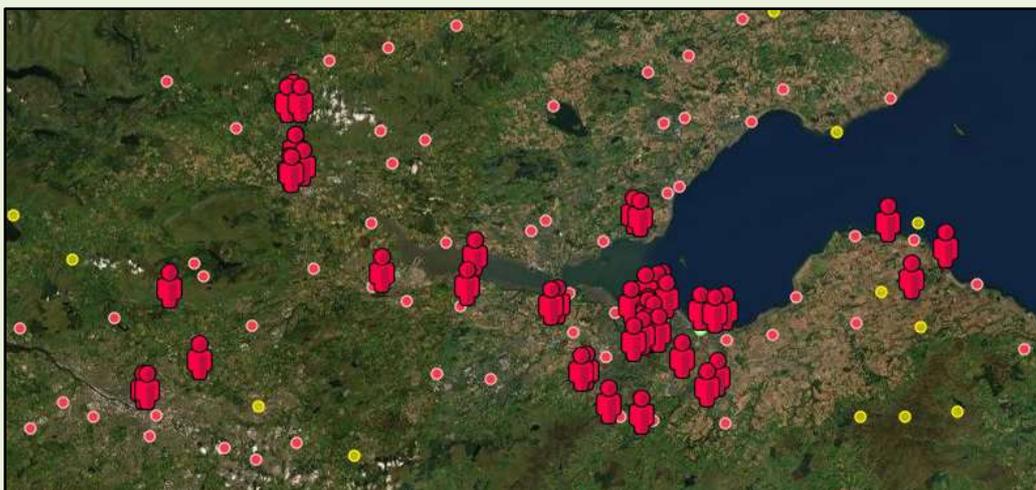
Changing the clocks added to our woes, meaning an even earlier start on the Sunday! Although we did overtake for a while, Skåne again won 2 categories, so the score at the end of Week 3 was Scotland 5, Skåne 4.

Going into Week 4, there were 6 points to play for, and although we were in the lead, we weren't optimistic. We had a good lead in one category, which was likely to give us 2 more competition points (for Week 4 and overall), but most felt that the final result would probably be a 7:8 defeat. We pushed on regardless, and the Easter weekend holidays meant that everyone had some extra time for a final push. People in several different places worked out loops of turf zones, and then cycled round them over and over again, taking and retaking zones from one another to gain huge amounts of points. In Edinburgh, this continued for most of the Saturday night! Skåne had a similar strategy, and the competition was excitingly close until the very end, when to our utter amazement, Scotland took the lead in all 3 categories, eventually winning 11:4.

It was an exciting and busy month – everyone rose to the challenge, and the overall average of zones taken by Team Scotland members was 1,732 (some did over 5,000). I covered 1,844km altogether, far more than in a usual round. Most of us didn't know one another beforehand (and some had never turfed before), but with lots of chat throughout the competition, we have made new friends, although we haven't met many of them yet. ESOC has even recruited some of the Edinburgh-based turfurs. Everyone seemed to enjoy it, especially all the new places they'd found in their local area while continuing the search for zones. Since March, most people's turfing has been a bit more relaxed, but there are sure to be more competitions in future! And now we can travel further, there are so many new places to explore.

There's more information about the competition, plus some general articles and lots of background information about Turf, on the ESOC website:

<https://www.esoc.org.uk/category/turf> Crawford Lindsay (turfnick CSL), ESOC





Where Are They Now? Continued...

Ruth Ker

A few familiar faces at the Aire camp, JK Relays 1983 (roll-on pop up tents), and the beauty of old Aire kit, best worn with red 'bramble bashers' – me finishing at the Home International in Scotland 1982.

I'm an exact contemporary of Sue Allen (Bett) so now you have an equal oldest respondent. We went from the Yorkshire Squad to the British Junior Squad together. I made a brief appearance in the British Senior Squad before having my first baby. I've managed to win most things at some point

with my highlight being final year at W35 when I was flying and managed a clean sweep, including the relays for Aire. These days I'm rather good at finishing th.

After staying in Leeds for many years and remaining a member of Aire, I moved to Harrogate in 2014 and became a Claro. Claro have benefited from my children growing up and me being in a position to finally start giving back to orienteering as Planner, Mapper, Secretary, Membership Secretary, Relay Captain etc. Claro also benefited from my recruitment to their ranks of Quentin Harding so now we have a veritable hive of orienteering activity at home.

I orienteer as much as possible. For considerable periods, as a single mother of three challenging children, this was not at all. Now, when I could be enjoying loads, there's none on. Ho hum. (Ruth sent her memories before restrictions lifted, Ed.)

My clearest memories of the Squad, honestly?! Boys. Growing up in an all-girls household and going to an all-girls school, the main perk of being a Squaddie was boys.

Squaddie 1981-1985, and I did some coaching afterwards I think.

(The photo shows Ruth and Quentin at the start at Dawson Wood recently. Ed.)



Cerys Jones

I saw the article in Aire Affairs about the YHA Junior Squad and thought I'd share my memories.

I think I was a member from around 2007-12 and one of the stand-out memories for me was the trip to the O-ringen in Sweden, I can't remember which year it was but I remember swimming in the river after the events, picking bilberries to make a crumble one day (I also remember we found out custard doesn't exist in





Sweden! Or at least not what we thought was custard), and then getting very lost during the orienteering but having a great week overall.

I also have a lot of fond memories of the squad weekends in North Yorkshire and the Lakes, for some reason I really remember the school we quite often stayed at in North Yorkshire (maybe in Thornton le Dale?) and of course Nev's snoring!

I'm currently living in a small city called Loja in the south of Ecuador, I moved out here in November and I'm teaching English here at the moment. I've not orienteered much in recent years but occasionally went to a few events with my Dad when I was back in Baildon. I've kept running, it took me a while to get used to the altitude (2000m!) but I'm very much enjoying life out here.

(Wow that altitude training will stand you in good stead on your return Cerys! The photo shows Cerys (in her Squad top) bringing in her relay team in first position at the JK in 2009. Florence and Beth made up the team. Ed.)

Todd Oates

My family and I moved to New Zealand just after the Millennium when I was 16; I lived there for eleven years and started working life as a Physio.

I took O quite seriously to get selected for JWOC in my M20 years. Things really didn't go to plan though... I had to get my appendix out a couple of days before the races in Spain and had a troublesome injury all through my final year as a junior.

I'm living and working in Ealing, West London, as a Neuro-Rehab Physiotherapist. I hope to move back North soon for better countryside! I lived in Cumbria for six years after returning from New Zealand and loved all the orienteering, fell running and cycling there.

Even if Covid hadn't hit I'd be doing very little O at the moment. The last few years have been plagued by foot and Achilles issues, so I've taken to cycling to get my exercise 'fix'. On the bike I like to do uphill Strava segments to test myself and see how my training is going (I like the fact that people can't just get faster by buying expensive aerodynamic equipment). It seems that wherever you go, Aire's Ian Nixon has done all of them before, so I get a target time! I did my first Hill climb races last year. If I had a mountain bike I'd probably give MTBO a crack.

My orienteering peaked in the early 2010s when I raced some World Cup races for the NZ senior team. That said, I could never really put out consistent performances I was proud of. I don't think I trained my technique half as much as I should have. I just did a lot of running training. Despite that, I wasn't going to get three minutes faster over 10km to keep up with the top elites from my generation like Scott Fraser, Graham Gristwood and Murray Strain.



I didn't have the focus to go and do two or three O technique sessions per week and I think I grew more interested in fell running because it had more of a team ethos. Living in the Lake District didn't hurt!

I think I was a Squaddie from 1997-2000. I got into O with Martyn Gill and Pat Wherity driving the Ermysted's school mini-bus all over the place. Those guys were brilliant teachers, coaches and piss-takers! I lived in Buckden and luckily Martin Kingham (another lad at my school from the Dales) got into O too. It meant our parents could share driving duties up and down to Skipton or farther afield.

I remember squad weekends invariably being a physical beasting (sort of self-inflicted to one-up your mates) on a Saturday which always culminated in a frantic star-relay, a massive plate of stodgy spaghetti bolognese, sleeping on a village hall floor and then going to a colour-coded event on the Sunday.

To this day my mum still brings up that she drove a car load of 15 year-olds to the South West and back to stay at the Brittas Empire's Leisure Centre for a Junior Inter-Regionals. Brit-Pop and S Club 7's song 'Reach' seemed to be the only thing playing on the radio. I'm not sure she ever recovered.

I agree with Tom van Rossum about the "golden years"... We were just lucky to have a high standard of people to race against every weekend. The 1999 BOF M/W16 'A' tour to Halden, Norway, selected eight girls and eight boys. Four of each were from the Yorkshire Squad!

We were training in Norwegian forests feeling like it was kind of a Yorkshire Squad trip! Fortunately we didn't have spaghetti bolognese every night.

The Yorkshire contingent were: Becky Carlyle, Anna Jagan, Heather Gardner, Jo Willis, Jonny Kendall, Tom van Rossum, Matt Speake and I. I think I scraped into that tour as one of the least talented!

We also had a lot more people who were high standard orienteers in the squad: Martin Kingham, Tim Bean, Matty Burden, Rose Burden, Danny Adams, Rob Patterson, Tim Patterson, Kathy van Hee & Freya Jagan that I can think of.

Those were low-tech times: baggy polyester clothes, copying the course onto your map with a red pen as part of your race; clip cards; results were a hand-written paper stub stapled onto a string at the event centre (until they were mailed out to you in your self-addressed envelope); I even had to pre-soak my O shoes in water so they were flexible enough not to tear my feet apart. There were positives though. It's definitely a good thing that phones with cameras were just sci-fi at that time, there's very little evidence of our 'fashion' choices, hairstyles, pyjama-type O kit and that's not to mention some of the escapades that happened in and around village halls, leisure centres and a on a certain ferry journey!



AIRE to host major championships in 2022 – Richard Foster

After the success of hosting the British Orienteering Championships in 2019, we are once again hosting major championships in 2022.

The British Night Championships, last organised by AIRE in 2014 in Middleton Park, will be held on Ilkley Moor on Saturday 19th February 2022 and will be accompanied by a UK Orienteering League (UKOL) national level event on Sunday 20th, using Ilkley and Burley Moors. The night event is being planned by Tony Thornley and the day event by Rob King and both should be challenging events suitable for a British Championships weekend!

We will also, for the first time ever, be hosting the British Sprint Orienteering Championships at Leeds University, last used for the 2016 JK sprint race, on Sunday 12th June 2022. Look forward to fast and furious campus orienteering planned by Richard Foster.

Please keep these dates free and we encourage as many people from the club to look to run these events as possible. We'll also need lots of volunteers to make the events run successfully, so keep an eye out closer to the time for these calls.

If you're not planning on running competitively at these events, then offers to assist with control hanging would be gratefully received. As would any offers to collect controls too!

The Sprint Championship event will also be accompanied by the British Mixed Sprint Relay championships on Saturday 11th June, to be held at Beckett Park and Leeds Beckett University. Although this is an AIRE area, this will be organised by the other clubs in the YHOA, so we'd like to get as many teams out from the club competing as possible! The sprint relay event at Bradford University in 2019 was great fun!

Embargoed Areas: Because these events are all major championships, the area of Leeds University/Woodhouse Moor, Beckett Park and Leeds Beckett University and Ilkley and Burley Moors are now all embargoed for orienteering – both for competing and training – if you intend on running the champs competitively. This includes permanent and virtual (e.g. Maprun). You can still access the areas for non-orienteering purposes. The full BOF embargo policy can be found in the “Rules of orienteering” here (Appendix A.1 of the link “British Orienteering Rules and Appendices Issue 3.9”): <https://www.britishorienteering.org.uk/rules> and you can see a map of the extent of the embargoed areas via the webpage here: https://www.britishorienteering.org.uk/embargoed_areas



Acorn event weekend - 12th/13th June

Don't forget the CLOK Acorn O-holiday weekend near Whitby coming up.



- Saturday 12th June (afternoon): short distance event at Aislaby Moor - a new area mapped by Paul Taylor, and planned by Cat Taylor, [details](#).
- Sunday 13th June: middle distance race at Hutton Mulgrave & Skelder - using courses adapted from the cancelled JK 2020 relay, planned by Chris Wright, [details](#).



Airienteers orienteering
At Dawson Wood

