# Aire Affairs



February 2024



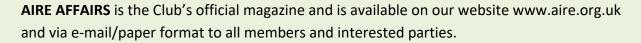
# **Airienteers**

**Orienteering in Airedale and Wharfedale** 

www.aire.org.uk

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#### **CONTACTS**

CHAIR Liz Carter <u>chairATaire.org.uk</u>

SECRETARY David Alcock secretaryATaire.org.uk 07989 563588

TREASURER Chris Penny <u>treasurerATaire.org.uk</u>

FIXTURES Leon Foster leonfosterATgmail.com

MEMBERSHIP Ian Marshall <u>membershipATaire.org.uk</u> 01943 862997

(All email address have @ replaced by AT)

Cover photo: Waiting to start at the Meanwood Night Event in January.



Waiting to start at the CompassSport Cup heat in February (picture by Wendy Carlyle)



A warm welcome to new members (or welcome back if re-joining after a number of years):-

- Samuel, Julia and Rolf Crook
- Mary Fleming
- Jack Smith
- Ollie Brooks
- Helen Alcock
- Gwyneth Snayde
- Jamie Binns
- Leah Cronly

Thanks to Liz, Katie, Lindsey, Steve and Judith for their contributions.

As I noted in the last issue, we will no longer be using a commercial printer to print any copies, which gives more freedom around the layout and the number of pages. I'm now looking to produce AIRE Affairs more frequently through the summer, with the next issue at the beginning



of May. This will be soon after our local British Middle and Northern Championships weekend, and not long after the British Championships and JK weekends and our Sherburn in Elmet event – should be plenty of material for event reports there.

My last big event was the CompassSport Cup heat at Gilling in North Yorkshire, on a surprisingly warm February day. To repeat what Steve says in his report, thank you to everyone who ran for us – a good turnout makes a big difference to the atmosphere of the event.

But I hadn't realised that we are now one of only two clubs in Yorkshire and the North-East who are large enough to enter the main Cup competition. Infact there are now only 20 in the UK, which I think tells its own story about the changes in age profile in British orienteering.

Anyhow, concerns about club membership and participation could now be a thing of the past for us in AIRE, and not just because of our Development Officers, Introductory events and Wednesday evening events. Hopefully loads of people now have the book 'Great British Dad-Ventures – 101 Maps for Dads who like doing things', maybe as a Christmas present. And they'll turn to the section on West Yorkshire and decide to have their Dad-Venture\* using one of our maps.



(\* or Mum-Venture).



#### Chair Affairs - Liz Carter

A belated happy new year to all.

I hope that you have enjoyed the first events of the year. We kicked off with our January night and day event at Meanwood Park and Adel Woods and were very lucky with the weather on both occasions. We had 56 runners on the Saturday night and at Adel over 150 runners - tempted out by the good weather and new year's resolutions maybe. We have had four of our night league events which have been fairly well attended too. Thanks must go to all our organiser/planners of these and to Anne Murgatroyd for doing our league results. It is a great way for someone to learn about planning so please put your name forward if you want to try it out. Our two Saturday introductory events at Meanwood and Armley were successes too. In fact we had a group of children having an "orienteering birthday party" at Armley which must be a first for



us. Our heat at the Compass Sport final enjoyed unexpected warm weather and we also had a turn out of nearly 50 runners of all ages. We have qualified for the final run by PFO on October 20th so please put that in your diary.

Looking ahead we are hosting the British Middle Championships at Danefield (as many of you will know having been requested by Chris Burden to help) on 27th April (followed by the Northen Championships - CLARO on the Sunday). Thanks to those of you who have put your name forward to help so far. I am sure he will be grateful for more offers. It should be a good weekend - fingers crossed for good weather. Then in July we have our Leeds Sprint Weekend to warm up for the WOC in July. Our next event is an urban in Sherburn in Elmet where we are experimenting with an afternoon event. It will be interesting to see if it attracts more people - there are no events run by YHOA clubs that may tempt people away and we are hoping to attract some newcomers to the sport as well.

It is good to do a sport that can be enjoyed at all levels and across all ages. One that can be quite frustrating at times (I was ready to throw my map away on my first control of the CSC) but then can be surprisingly rewarding (I got 100 points for the club despite my major mistake on #1). I think I will frame my map as it is the first ever for me!

Looking forward to seeing you at future events.

Liz.

#### **Juniaires**

#### **February Talent Camp – Katie Buckley**

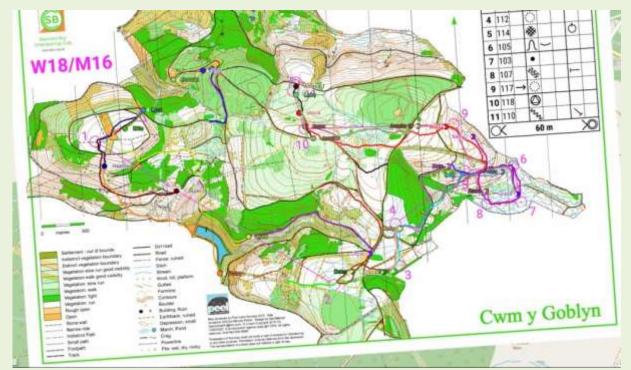
Over February half term the annual February Camp took place, part of the north of England talent squad annual race preparation, with all of the talent squads (north, south and Scotland). Everyone travelled down to the Gower Peninsula in South Wales for a week of mainly sand dunes race preparation.

The first day was a middle event at Oxwich Burrows, complex contours and fast running. There was live tracking for this race so it could be followed back home - with thanks to Jo for the screenshots.



In the afternoon we did a sprint around Swansea marina.

The second day was the long event at Margam Forest (W18/M16 map shown). With lots of tricky route choices (and one 3km leg) it was easy to lose lots of time even with perfect navigation.



Next was a chaotic 2nd and 3rd leg relay practice, at an area a 2km jog from the accommodation, then back for lunch before the night event. The night event was a combination of pouring rain, wind, complex sand dunes and waist deep puddles, making for a lot of relocation practise.

Finally on the last day we set off early for two 1st leg relay practices at Kenfig Burrows, then back home.

It was a really fun weekend, thankyou to everyone who helped to organise it, cook and transport. Hopefully it will put us in good stead for the JK and British to come soon.

#### **Attention Juniors! - Lindsey King (Junior Coach)**

If anyone needs an AIRE top or needs to swap theirs for a larger size please let me know as we are planning another order soon.

(More details, and email addresses, in Steve's Club Captain's Report)

Team dates for your diary:

Sunday 21<sup>st</sup> April: YHOA Schools Championships and regional event, Sandal Beat Doncaster.
 Details as to how to enter a team or individually for your school will be available on this link later – <a href="https://www.southyorkshireorienteers.org.uk/events/event/932:regional-event-incorporating-yhoa-schools-championships">https://www.southyorkshireorienteers.org.uk/events/event/932:regional-event-incorporating-yhoa-schools-championships</a>

- Saturday 27<sup>th</sup> & Sunday 28<sup>th</sup> April: British Middle Distance Championships, Danefield, Otley, and Northern Championships, Kilnsey. Anyone can enter these events. They will be an excellent chance to experience national events with a lot more competitors and facilities. AIRE juniors will be helping to run a cake stall, maze and string course. Entries are more expensive and if that may otherwise prevent any AIRE juniors or their family entering, please let me know.
- **Sunday 2**<sup>nd</sup> **June:** Yvette Baker Trophy heat near Harrogate. This is a junior inter club event. Details to follow. We need as many junior members as possible at this event.

If any juniors or parents of junior members are not on our WhatsApp group please let myself or Tom Woodham know and we can add you.

# Saturday Introductory Events – Lindsey King

AIRE has a programme of introductory orienteering activities held most months on Saturday afternoons. The original purpose was to build on the work that Simon Martland our junior development officer is doing in primary schools around our area. More recently we have designed the programme to meet our aim trying to increase participation from more diverse communities in AIRE's area. We have links with the British Orienteering Find your Way project which has similar objectives but uses Map Run rather than physical equipment.



During the last few months we have held the introductory activities in a selection of parks. Lister Park in Bradford and in Leeds: Potternewton Park, Meanwood Park (pictured) and Armley Park. On 16<sup>th</sup> March we will be at Bramley Fall Leeds and on 11<sup>th</sup> May Beeston Park Leeds.

The programme of events is prepared by David Williams and the courses are usually planned by Simon Martland as part of his role as junior development officer. There are usually 3 short easy white standard courses, 2 medium length courses and an orange standard longer course for novice adults or club juniors that attend.

Most of the activities have attracted fairly good numbers. There is often a mixture of newcomers, junior members. Members sometimes bring friends along. We had a group of scouts turn up to Armley and 15 children and their parents came to Armley for a birthday party! Mary Fleming in her role as club development officer has been advertising the events through community groups and via social media. Some participants have come as a result of seeing that advertising but local community participation has still been low in numbers.

We need a handful of volunteers from the club to assist Simon at each event. They meet and greet participants, register each group on courses and provide instruction as to what to do. Recent events have been supported by Liz Carter, Joseph Dawson, Cath Dawson, David Williams, Ian & Joyce Marshall, Peter Carter, Sima Powell, David Alcock, Graeme Tiffany, Mary Fleming and other occasional helpers. Apologies, if I have forgotten anyone.

I offer some coaching exercises at these events to encourage junior members and their families to come as well. Recent coaching exercises have concentrated developing the skills needed for orange courses. For instance, running to easy to find attack points before slowing down to navigate into controls. Or designing short courses along corridors of map to encourage more use of compasses and bearings to stay within the corridor. This involves blanking out areas of map so much less is visible. It is a useful exercise in town parks as it can make an easy area a little harder. I often use a 4 x 4 grid as a useful exercise in map orientation and last week we made it harder by doing mental arithmetic at the same time!

Members of the club are very welcome to come and joint us at Saturday events as helpers or to bring along family or friends to try out orienteering. You never know they may get hooked!

#### Club Captain's Report – Steve Webb

#### **Compass Sport Cup Heat**



Group picture by Wendy Carlyle

A really big thank you to everybody who responded to my call to action and turned out to represent the club in our Compass Sport Cup match against SYO at Gilling Woods.

We had 49 competitive entries with good coverage across all the classes and I am really grateful for your interest and support for the team. It was great to see good representation from the juniors. Many of them were competing against older opponents; that holds promise for the future. Ultimately we didn't score quite enough points to beat the defending champions (from 2021, 2022 and 2023!) but we gave them a really good challenge and the final score was SYO 2458 AIRE 2436.

In the Trophy competition for smaller clubs CLOK were winners from the pool of seven clubs involved.

The match was very well organised by EBOR who were rewarded with lovely Spring-like weather. It was really nice to have the AIRE team socialising in the sunshine at the club tents. The map of Gilling Woods was rather green, but the courses were well planned to make the most of the area. It certainly provided a challenge for me: I was flying for the first 6 controls but was brought to earth with a bump with about 11 minutes of mistakes in the next two controls!

This is the list of our 25 top performers on the day (with their CS Cup course). Congratulations in particular to Tony C on Short Green, Ewen on Junior Men and Liz on Very Short Green who coped with everything SYO could throw at them and bagged maximum points.

-	Tony Carlyle	7	100
-	Ewen Wilkinson	8A	100
-	Liz Carter	10	100
-	Andrew Stemp	1	99
-	Tony Thornley	7	99
-	David Alcock	2	99
-	Rob King	6	99
-	David Bowman	4	99
-	Ross Carson	9A	98
-	Sue Stevens	10	98
-	Penny Pinker-Hull	9B	98
-	Bethan Buckley	8B	98
-	Fay Walsh	3	98
-	Lindsey King	7	97
-	Sam Wood	1	97
-	Steve Webb	6	97
-	Robert Gatenby	2	97
-	Jo Buckley	3	97
-	David Williams	6	96
-	Samuel Crook	9A	96
-	Rolf Crook	4	95
-	Dave Murgatroyd	1	95
-	Julia Crook	5	95
-	Shirley Wood	7	95
-	Paul Wood	6	94

It just remains to ask anyone who has not yet paid for a senior entry to please do so.

But that is not the end of the story....a quirk of the rules means that despite being defeated in the qualifier we do still progress to the final as we came second to the defending champions. Last time that happened in 2022 we went on to tie on points for 3<sup>rd</sup> place in the final with Lakeland. This year the final is due to be staged by PFO (so hopefully fairly easy travel for us) on Sunday 20 October, so do please try to hold the date.

#### **JK Relays & British Relay Championships**

The closing dates for the JK Relays and British Relay Championships are fast approaching. If you would like to represent AIRE in these events please can you sign up on the spreadsheet ASAP. We look to have potential for some good teams across a variety of classes, so please come along and

join the fun. It would be particularly useful for me to know if you would be prepared to act as a reserve that I could call on in the event of injury or unavailability to our entrants. Last year one of our reserves at the British Champs ended up in a gold medal winning team!

#### **Club Kit**

#### NOW TAKING ORDERS FOR NEW CLUB KIT

The club is placing orders for an additional stock of club O tops for the junior loan scheme. Club members who would like to purchase their own O top or jacket are welcome to place an order with us and we'll add these to our bulk order for club stock. The supplier is Bryzos and in their brochure the garments available in the AIRE design are called "race shirts" (O-tops) and "representative jackets". You'll have seen clubmates proudly sporting these stylish garments at events, but for the avoidance of doubt this is what they look like.





I haven't got a current list price for the garments, but

the final price will vary from the list price anyway due to exchange rate, VAT at 20%, delivery and bank charges. But to give you an idea the final prices in 2023 for O-tops were £35.17 for adult sizes and £28.14 for junior sizes. The final prices for jackets were £52.75 adult sizes, £42.20 junior sizes.

If you would like to place an order please email me (Steve) at <a href="mailto:saraandsteve1ATbtinternet.com">saraandsteve1ATbtinternet.com</a> with "AIRE Club Kit" as the title. You'll need to let me know the garment type and style (O-top/Jacket, Men/Women/Kids) and size, and the consensus is that the garments tend to be quite a tight fit for the stated size. Bear that in mind when you check the size you want in accordance with these sizing guides: <a href="https://www.bryzosport.com/size-guide">https://www.bryzosport.com/size-guide</a>

Please let me know your orders ASAP so we can get our order in; we will collect your payments on delivery. Please contact Lindsey direct <u>lindseyking49AThotmail.co.uk</u> if you would like to participate in the O top loan scheme for juniors so she can co-ordinate numbers.

Also, I have three of the club running vests in stock if anyone is interested. They are the urban/rural design by Fastrax with a Leeds/Bradford cityscape on the front and contours on the rear. Available sizes are one Mens 36 inches and 2 Mens 42 inches. Not sure what price we sell these at; they were ordered before my time, but I'll do some research.

# Orienteering – can you compete when walking? – Lindsey King

2 years ago I came to the conclusion I should not run. I need to protect a fragile knee so that I can continue hill walking. I was worried that I would find walking orienteering courses frustrating as I thought I would not be able to compete with others in my class as I used to.

However, depending on the terrain and course length I still have opportunities to achieve some good results. The hillier the course and the more technical in terms of navigation the better I can do. I have the advantage of being a habitual fast walker.

This February is a good example. We have attended a run of 4 events starting with Sherwood Forest. This area is flat, mostly open forest. The courses were long with options for track running between controls. I was at disadvantage walking in such an area compared to the runners. I had to carefully consider whether the vegetation was kind enough to allow me to take direct route choices to minimise distance. This makes navigation more challenging but if I was careful I may have saved some time compared to runners who took longer routes. I do not expect to do so well in this type of area and was reasonably far down the Green course results.

The next 2 events were on planned on steep valley sides on Yorkshire: Hardcastle Crags at Hebden Bridge and Guisecliff at Pateley Bridge. These areas offered me the chance to compete much more effectively as most competitors would be walking part of the course due to some legs with steady climb and routes that contoured across steep slopes.

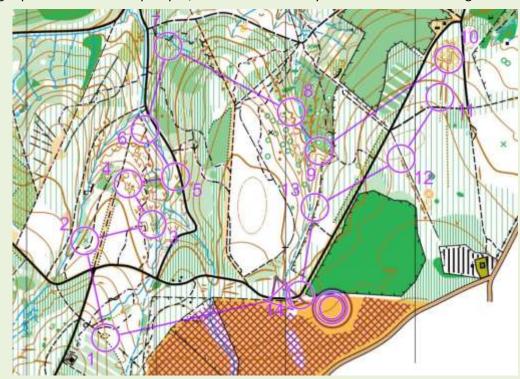
At Hardcastle Crags the first leg was mostly along a forest track which was frustrating when you can't run. However, once in the terrain which involved a lot of climb, some slippery wet areas and contouring steep slopes most competitors were walking. I can even overtake others in this sort of area! My navigation was clean although I could have saved considerable contours on my route choice to the last control if I have read the map more carefully.

The woods in Guisecliff were more dense and so visibility was not as good as Sherwood Forest. There was a need to keep in close contact with the map to ensure accurate navigation and avoid any unnecessary climb. There were a lot of detailed rock features and changes in vegetation and it was worth concentrating on what the mapper had and hadn't mapped within the first 1-2 controls to help focus on features that were mapped and what could be ignored.

The area also had some moorland legs which would usually give runners a chance to get ahead but the knee-high heather and remains of snow slowed everyone down. Then we were thrown into an area of old quarries with complex contour and rock detail. My slower pace enabled me to read the map accurately while keeping moving. I saw some runners overshooting and having to back track. I will have lost time going back down the steep slope in the open area to the south but overall my result was reasonably good though entries were low.

My best result was at the Compass Sport Cup heat at Gilling (course on this map). This forest had a number of large spurs with short sharp slopes, marshes in the valleys between and dense vegetation

in places. It was the most technical orienteering of the 4 events and similar to a middledistance course with lots of controls, mixed leg lengths but no long legs and plenty of change of direction.



I tried where possible to go straight through the terrain so that I was keeping my overall distance short compared to runners who may have chosen to go out to the paths. I still try to move through controls smoothly without stopping even when walking to keep up momentum.

My clean run was marred by just one error. A frequent mistake on middle distance is to do controls in the wrong order or miss a control out. This is due to many controls on the map or crossovers on the course. Even though I was walking I still managed to go to no 11 before 10 and had to retrace my steps. Very annoying!

However, despite this I impressed myself by coming close enough to the top of the Green course to gain points for the club which I haven't done for some years!

Conclusion - our sport can still be competitive even when walking if you choose events with less runnable terrain, concentrate on accurate navigation and make tactical route choices. Carry on orienteering!

#### **AIRE Achievements**

#### Congratulations to:-

Finishers in the Top 3 at the British Night Championships -

- Judith Powell (2<sup>nd</sup> W80)
- Ian Furlong (2<sup>nd</sup> M40L)
- Dave Alcock (3<sup>rd</sup> M45L)
- Peter Haines (3<sup>rd</sup> M70L)

Bethan Buckley & Jo Buckley on selection to run for England at Interland 2024 in Belgium

Class winners in the Yorkshire Superleague for 2023 -

- Penny Pinker-Hull (W10)
- Alethea Carr (W12)
- Bethan Buckley (W14)
- Katie Buckley (W16)
- Alice Leake (W21)
- Sarah Edwards (W35)
- Anne Murgatroyd (W40)
- Jo Buckley (W45)
- Judith Powell (W80)
- Sam Wood (M21)
- David Bowman (M50)
- Tony Thornley (M75)

Class winners at the YHOA Championships at Burbage Moor in January -

- Jo Buckley (W45)
- Joyce Marshall (W60)
- Susan Stevens (W70)
- Peter Haines (M70)
- Tony Thornley (M75)

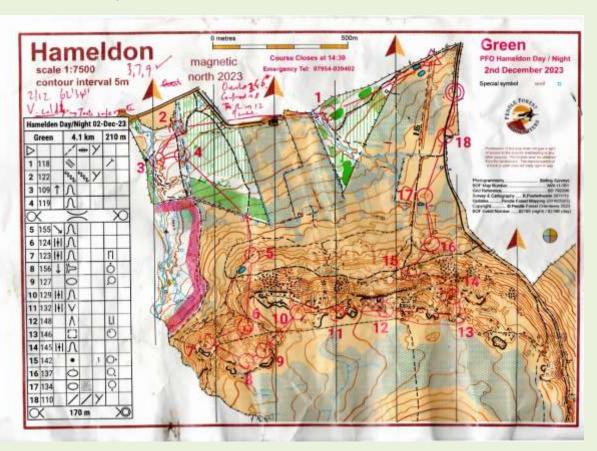
Susan Stevens – highest AIRE place (80<sup>th</sup>) in the UK Orienteering League for 2023.

[Ed: AIRE were  $19^{th}$  club. Until I was looking at leagues and results for AIRE Achievements I was vaguely aware of the UKOL but had no idea at all how it worked (it's based on your 8 best results at the year's biggest events). I was  $2,630^{th}$ ]

#### Pendle Forest event – Hameldon Hill 2<sup>nd</sup> December

First of all, thanks to PFO for how they put this on. They moved the day event from Sunday to Saturday to get access to an Indian restaurant car-park and had arranged access to the back-room of a pub, which was very welcome as on the day it was bitterly cold. It was minus 5 when I left home in the morning, and only up to minus 2 when I was standing in the car-park looking up at the skyline and wondering why I was there. 7 of us from AIRE braved the cold and wind for the day event and 2 others braved the cold, wind and dark for the night event (won by Alun Powell).

The ground was frozen with a light dusting of snow, and with soggy, near-freezing marshes. I had enough warm clothing so I wasn't cold, but I couldn't avoid all of the wet ground underfoot. By the time I finished I'd lost feeling in both feet and had picked up a mysterious bruise on my left foot somewhere on the way round.



As for the course - some straightforward controls early on and an uphill slog from 4 to 6. Then a tricky section round the quarries (6 to 16), which I was pleased to get through safely, in both the everyday and orienteering senses.

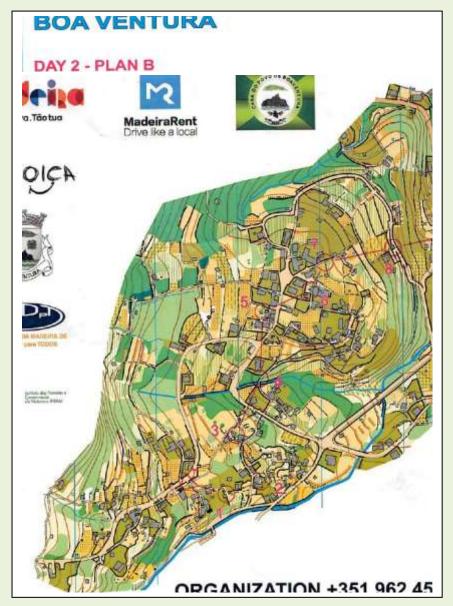
There were people out at the top walking their dogs. I don't know what they thought of us, but some of them looked cold and grim-faced - and so did their owners.

#### **AIREway to Madeira – Judith Powell**

It seemed too good an opportunity to miss when we saw the Madeira Orienteering Festival advertised for January. Rain is only to be expected on a high mountainous island rising from the Atlantic – but at least it would be warm rain. As our BOK son Ifor has now retired we could take him along to be the chauffeur and drive our hire car. David Bowman spotted our names on the entry list and got in touch so we arranged to pick him up and offer transport where necessary. This proved particularly fortuitous as he found that he had booked his accommodation in the same square as the office building housing the event centre. On our many years of overseas orienteering we have often found the most difficult part is finding the event centre in the middle of a town, and we would certainly have had a problem over this one had David not located it for us. So Wednesday began with collecting training maps and heading off to the training area adjacent to the day 3 area. The terrain was pleasingly technical and the map good. David took up the event organiser's suggestion to take advantage of the proximity of a beach to have a swim afterwards. Not content with that we then dropped him off to do a serious cliff walk that had impressed Colin and I when we did it over 20 years ago, whilst Ifor drove us through the type of high Mountain area we would run in on day 2. Although it was steep it looked glorious runnable deciduous woodland. We continued up the high road to the second highest summit of Madeira, enjoying glorious warm sunshine and panoramic views. On Thursday the rain and wind set in but undeterred we drove round to an access point for climbing the highest summit on the island which Ifor ascended whilst Colin and I walked up the ridge after him until we met on his descent. There was no view from the summit for him today, we just enjoyed memories of our previous ascents and the rain more or less kept off. We decided to complete Ifor's circumnavigation of the island and impulsively turned up a street in the village of Boa Ventura when we saw a sign promising a viewpoint. It was a worthy view with parking for about 6 cars.

Friday's weather was uninspiring with low cloud on the hills for our first event of the Festival, a night event from a local golf course high above Funchal which proved to be the start of one of my most memorable orienteering festivals ever. Memories began with the very steep convoluted route uphill to Palheiro Nature Estate, fortunately, and necessarily, well signposted with O kites. We entered the cloud zone and saw parked hire cars well before the event centre, but nowhere to turn so drove on to the golf club house where David and I hastily jumped out as Ifor would clearly have to drive back down to park. We were greeted with the news that starts would be delayed 20 minutes, no problem as it was warm, comfortable and dry in the club house and would give Ifor time to catch up. The other news was that there was an orange weather warning in the mountains next day so the event would have to be cancelled, but not to worry, we were assured that another event would be provided in a safer part of the island with full class courses provided. So off to the start in thick cloud. A worthy course in a worthy night O area. One control was on a bunker which I carefully compassed to but the cloud was so thick I had to go over half way round a modest sized bunker before I could see the control. 2 controls from the finish I had a good catching feature – a lake. I didn't see it but heard the ducks quacking. Ifor had a modest problem with that control - he didn't see the lake either and didn't hear the ducks. Ifor was pleased to find himself second M55, David

was 5<sup>th</sup> M50 and, as there were only 2 competitors on my W75 course, I was second. We were duly informed that a new area had been identified for the next day, courses would be planned and maps printed overnight, location would be announced on the website and starts would be 4 hours later than originally scheduled, but all other start times and call up times would be as planned. An announcement greeted by amazement and appreciative applause.



In due course we discovered our day 2 event would be an urban one in Boa Ventura and we immediately realised that there would be a parking problem there so we set off very early and got one of the 6 parking places by our previously visited view point, just a short walk from the event centre beside the main road. Madeira is a very steep island and the orienteering organisers are very civilised, courses are planned downhill and competitors were called up at -20 minutes and then put in a minibus and driven up to the start. I decided not to bother with waterproofs as it was warm rain and would have got through anything anyway, so off I headed in my minibus up to the start. If you think Otley is a challenge, you

haven't seen anything. Boa Ventura was a complex of houses, gardens, passageways (many too narrow to allow passing), little squares and steps, what an area! Add to this the fact that the rain intensified to the point where I just put my glasses in my pocket and squinted at the map, and felt quite triumphant to get to the finish. To our delight David won and Ifor was well pleased with his run only to find he had missed a control out. Colin had wisely realised he would not be able to manage in the heavy rain so called off at the start.

Day 3 dawned fine so we all headed off to the Eastern area adjacent to training. It was warm and sunny, the terrain open and very technical but sodden from the previous day's downpour so very slippery in places. -20 minutes call up followed by minibus up to the start where there were even picnic tables to sit and wait nearby. It was definitely not fast run and for me a real problem was actually accessing the controls. I spent long times working out how I could physically get to most of my controls, I could work out where they were but the route involved such slippery slopes that I needed to plan detours. At one control I was very pleased to have my new air dibber as I could lean precipitously over and get it to register. Had I dropped into the small reentrant I don't think I could have got out again. David had that control too and also leaned over to punch. Well finally I got round, to the relief of my Swedish rival who was first year W75, and unlike me still running. She said she had been thinking about me with my stick all the way round. Ifor found the going slow but was happy with his run, David was 5<sup>th</sup>, Colin had the good sense to throw in the towel after the first control and make his way down to the finish. The AIRE champion of the whole event was David Bowman who ended up 2<sup>nd</sup> M50 overall at the 2024 Madeira Orienteering Festival. I don't really count my 2<sup>nd</sup> place as there were only 2 of us, but it was an achievement to get round at all, of necessity running down, and I was very happy with my lovely trophy.



#### Jack Bloor Fund & 2024 Race

AIRE has had a long association with the Jack Bloor Fund & 2024 Race – for full details see www.jackbloor.co.uk



# Are you under 26?

Want to improve your skills in outdoor adventure sports?

Training for a competition?

Embarking on an expedition?

Doing an outdoor skills course?

Selected for an international event?

## The Jack Bloor Fund may be able to help

The Jack Bloor Fund is available to individual applications from

- Young people under 26 years
- Who live or are based in Yorkshire
- And are members of a Yorkshire Sports Club, OR a National Sport Governing Body (NSGB), OR a Yorkshire Scout, Guide, Explorer Group

#### What can you apply for?

Grants to improve your physical and/or technical skills in any recognised outdoor adventure sport (ie has a NSGB)

#### What support can you receive and when should you apply?

Up to 50% of the total cost is available - with a maximum grant of £400

#### These are some of the outdoor adventure activities we have supported

- Fell running
- Cycling
- Mountaineering
- Outdoor First Aid (16hr)
- Independent Expeditions
- Orienteering
- Athletics
- Sailing
- Biathlon
- Canoeing / Kayaking
- Climbing
- Duathlon
- Lifesaving
- Triathlon
- Courses / Qualifications

#### How to apply?

Please see the Fund page of <a href="www.jackbloor.co.uk">www.jackbloor.co.uk</a> to make an application online Applications are welcome from individuals all year round

Money for the Jack Bloor Fund is raised through donations and the annual Jack Bloor Races

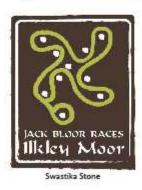
Held on Ilkley Moor each May, this classic fell race commemorates Jack's life

# An invitation to the

# 37th JACK BLOOR RACES

on Ilkley Moor near Darwin Gardens, Ilkley

## Tuesday 14th May 2024



Junior Races • Min 6yrs • U9 to U19 • Registration 1700 • Starts from 1800

Senior Race • 8.4 km • 16yrs+ • Registration 1800 • Start 1915

Entry on-the-day only • Fees • Seniors £7 • Juniors £1

FRA Rules & Safety Requirements Apply – Bring Safety Kit

See www.jackbloor.co.uk for FRA and race details, results, etc

All the entry fees go to the **Jack Bloor Memorial Fund** which awards grants to young people who want to improve their skills in the outdoors

#### **Sponsors & Supporters**















# **Airienteers in Action**

# **CompassSport Cup heat (Gilling Woods)**



