

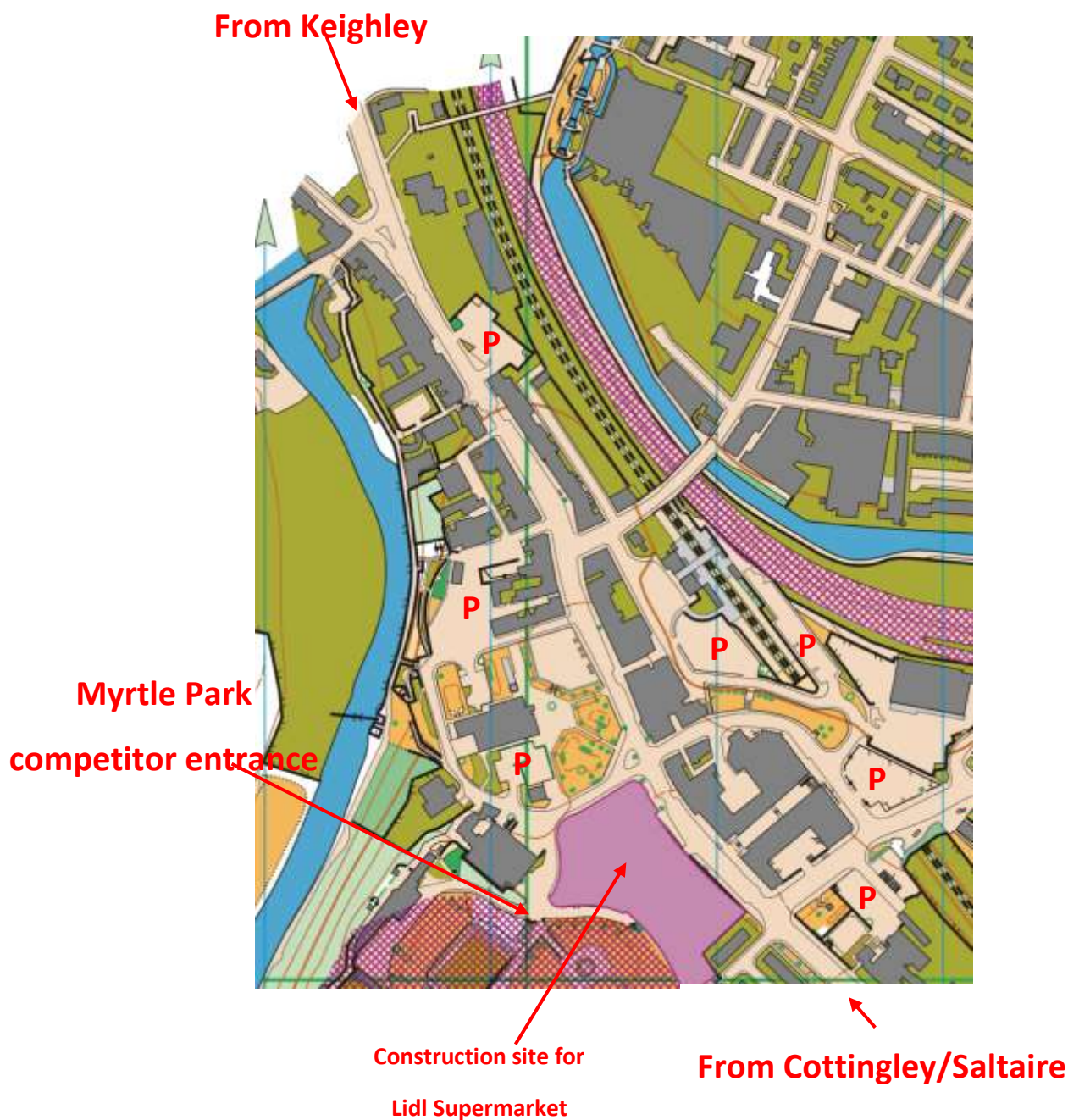
Fat Rascal Chasing Sprint: Saturday, 14th July

Final Details

Directions / Parking

The Event Centre and Parking for the Prologue are at University Academy, Keighley (go there first!) on grid reference SE 055 423 and postcode BD20 6EB. **Access to the carpark at the Academy is on a one-way system, enter via the top entrance only and leave via the bottom exit.** Registration & Download, Assembly and Toilets are in the Academy Reception Area. There must be no muddy/spiked/dobbed shoes in the building. The Academy catering facilities will be open on the day and orienteers are welcome to use them. There are likely to be other users onsite during our event, please be aware and respectful of them.

The Event Centre for The Chase is at the Bandstand in Myrtle Park, off Myrtle Place Bingley. Grid ref: SE106390 Post code: BD16 2LF There is ample parking on streets and in car parks in Bingley Centre. Be aware that several of the streets immediately adjacent to the Park have resident only permitted spaces. You must enter the Park via the Main Entrance close to Bingley Swimming Pool. All other entrances are out of bounds. See map below.



The distance between the Prologue and the Chase is approximately 6k. Driving it should take about 15 minutes. Public transport between the venues is viable. Keighley Bus Station and Train Station are each approximately 1k from University Academy. In Bingley the buses stop across the road from Myrtle Park. The Train station is approximately 200m away.

There are buses, 662-The Shuttle, at 10 minutes frequency between Keighley and Bingley. You can also catch the 60 (every 30 minutes). Journey time 15 minutes.

Trains are at, at least, 15 minutes frequency. Journey time is 6 minutes.

The Chase Assembly will be available from 1.00. Go there after you have the run The Prologue and after you have downloaded at University Academy.

Registration & Start Times

Pre-entries via www.fabian4.co.uk

SI Hire on the day only. For any postal entries please check BO Fixtures for the address to send to.

Pre-entries close at Midnight on Sunday 8th July.

EOD Registration, which will be at University Academy, Keighley **(provisional)** from 10.00 and closes at 11.30

Prologue Starts will be from 11.00-12.00

Chase Start lists will be available asap at The Bandstand in Myrtle Park.

Chase Start Organisation: Competitors who take 20 minutes or less in the Prologue Race will start the Chase at 14.00 plus their time. Competitors who take longer than 20 minutes in the Prologue will start at 30sec intervals from 14.21 onwards.

Terrain Description

Primarily well-maintained public parks. Both parks are fast and runnable. They have steep slopes, which could become slippery if wet.

Myrtle Park (the Chase) has a section of rougher terrain which is used by Courses 1-4. Full leg cover is advised. Shoes with some grip are advisable.

Courses 1 and 2 at Myrtle Park also pass through a short urban section, primarily car parks and their access roads, which will have only slow-moving traffic. There is no need to cross any road outside the park. When crossing the river footbridge, please take appropriate care and keep to the left in both directions.

Both maps updated 2018.

Course Information

Chasing Sprint only. (Please see Bingley page for courses there)

Course 1 MO (M18 - M35 inclusive)

Prologue: 2.6k 90m 20 controls - Chase: 2.6k 55m 19 controls

Course 2 MV (M40+): WO (W18-W35 inclusive)

Prologue: 2.2k 60m 18 controls - Chase: 2.3k 50m 17 controls

Course 3 MJ (M16-): MSV (M55+): WV (W40+)

Prologue: 1.9k 60m 15 controls - Chase: 1.9k 45m 15 controls

Course 4 MUV (M65+): WJ (W16-): WSV (W55+)

Prologue: 1.7k 50m 15 controls - Chase: 1.8k 35m 16 controls

Course 5 MHV (M75+) : WUV (W65+): WHV (W75+)

Prologue: 1.4k 40m 14 controls - Chase: 1.5k 25m 13 controls

Course 6 MYJ (M12-): WYJ (W12-)

Prologue: 1.3k 50m 14 controls - Chase: 1.2k 25m 16 controls

You may run the course of your choice, but to be competitive in the leagues you will need to enter the course listed for your class above.

Control descriptions will be on the map. There will be loose control descriptions in the start lane for the Prologue, and alongside the start queue for the Chase

Only the Prologue counts for BO Ranking points

The combined results count for the Yorkshire Urban league.

Please note, due to the nature of the events there will be no string course.

Entry Details

Pre entry via [fabian4](#)

Pre-Entry (before midnight on Sunday 8th July) for the combined Prologue and Chase is:-

£8 for BO member Seniors; £10 for non-member Seniors. £3.50 for Juniors and Students.

Course 6 only: Seniors £3.50 Juniors Free

There is a £1 discount for competitors who enter both Saturday (Chasing Sprint) and Sunday (Bingley Urban Race) together.

SI card hire (EOD only) 50p.

EOD

£9.00 BO member Seniors; £11 for non-member Seniors; £4 for Juniors and Students.

Course 6 only: Seniors £4 Juniors Free.

Prize Giving

There will be a prize-giving for the YHOA Sprint Championships as soon as possible after the Chasing Sprint with edible prizes for all class winners and commemorative mugs for YHOA members.

Contacts / Officials

Organiser: Wendy Carlyle 01535 273761 wendy.carlyle@btinternet.com

Planner: Chris Burden

Controller: Steve Webb

Important Information

Toilets: There will be two portaloos in Myrtle Park. Please note the public toilets in Bingley, close to the Arts Centre, are closed for refurbishment.

Water: No water will be provided and competitors are advised to bring their own.

Dog restrictions

Dogs under tight control and preferably not on the courses. Dogs are not allowed anywhere in the grounds of University Academy.

Safety and Risk: A comprehensive risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event. Parents of young children should be aware of the pond and water features in Cliffe Castle Park, and that the River Aire borders the southern edge of Myrtle Park.

If you have a medical condition that first aiders should know about in an emergency, please contact the organiser with details before the event, or fill in a form at registration. These details will only be used for the purposes of this event and can be collected or will otherwise be deleted/destroyed afterwards.

Insurance: Please note that if you have competed in three orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering then you are not covered by our public liability insurance

Privacy: when entering our events your name may appear in the results section of this website or in newspaper reports. Read our [data protection](#) page to see how we look after your personal data.

AIRE Club Picnic: Catch up with your club members at the annual club picnic, which will again be held after the final of the chasing sprint event of the Fat Rascals weekend. This year that means gathering around the assembly area (near the bandstand) from 2.30pm on Saturday 14th July at Myrtle Park, Bingley, ready for the Aire prize giving at approximately 2.45pm, followed by a 'bring a dish' picnic then strawberries and cream for all club members young and old. Those who are not competing can cheer the finishers of 'the chase' coming in from about 2.15 onwards. In the spirit of sustainability, please try to bring your own drinks, plates and eating utensils, but we will provide some extras 'just in case'.

No need to RSVP but we hope to see you there!