

AIRE Summer Sprint League 2021

Date	Location	Grid Ref	Post Code	Organiser
Wed 9 June	Potternewton Park	SE313362	LS7 4HA	Richard Foster
<i>Parking:</i>	<i>Roadside on Harehills Lane</i>			
Wed 16 June	Ilkley Riverside Gardens	SE113479	LS29 9ES	Robert Gatenby
<i>Parking:</i>	<i>Roadside</i>			
Wed 23 June	Little London			Alice Leake
<i>Parking:</i>	<i>tba</i>			
Wed 30 June	Myrtle Park	SE106391	BD16 2TL	Jack Wood
<i>Parking:</i>	<i>Queen Street car park</i>			
Wed 7 July	Holbeck			Richard Foster
<i>Parking:</i>	<i>tba</i>			
Wed 14 July	Bramley Fall	SE248361	LS13 2LP	Fay Walsh
<i>Parking:</i>	<i>Car park on Leeds & Bradford Road</i>			

Registration 6.15 -7.15 **Starts** 6.30 – 7.30

Fees Senior £4.00;
 Junior and Students £2.00
 Yellow Course Free for Juniors

Courses

Sprint with partial SI - technically hard standard. (2.5k-3.5k)
(Top international runners will do this in 12-15 minutes. You'll be slower, but feel free to use the map for a longer non-competitive run after you have completed the sprint.)

Orange – moderate difficulty (2.0k-2.5k)
(Suitable for newcomers and juniors with some experience –juniors 12 and younger must be accompanied by their parents or guardians)

Yellow - Only occasionally provided – please check. - easy (1.5k-2.0k)
(Suitable for juniors with no or limited experience)

We will attempt to get league results onto the website promptly.
50 for first place, 49 for second etc.