

AIRE Summer Sprint League 2021

| Date | Location | Grid Ref | Post Code | Organiser |
|-----------------|---------------------------------------------------------------------------------------|-----------------|------------------|------------------|
| Wed 9 June | Potternewton Park | SE313362 | LS7 4HA | Richard Foster |
| <i>Parking:</i> | <i>Roadside on Harehills Lane</i> | | | |
| Wed 16 June | Ilkley Riverside Gardens | SE113479 | LS29 9ES | Robert Gatenby |
| <i>Parking:</i> | <i>Roadside</i> | | | |
| Wed 23 June | Little London | SE297351 | LS6 2QL | Alice Leake |
| <i>Parking:</i> | <i>Roadside on North West Road, Craven Road or Servia Hill</i> | | | |
| Wed 30 June | Myrtle Park | SE107389 | BD16 2AH | Jack Wood |
| <i>Parking:</i> | <i>In the streets and car parks near Bingley Pool. Start/Finish by the bandstand.</i> | | | |
| Wed 7 July | Holbeck | SE293321 | LS11 9QL | Richard Foster |
| <i>Parking:</i> | <i>Holbeck Moor Road</i> | | | |
| Wed 14 July | Bramley Fall | SE248361 | LS13 2LP | Fay Walsh |
| <i>Parking:</i> | <i>Car park on Leeds & Bradford Road</i> | | | |

Registration 6.40 -7.15 **Starts** 6.45 – 7.30

Fees Senior £4.00;
 Junior and Students £2.00
 Yellow Course Free for Juniors

Courses

Sprint with partial SI - technically hard standard. (2.5k-3.5k)
(Top international runners will do this in 12-15 minutes. You'll be slower, but feel free to use the map for a longer non-competitive run after you have completed the sprint.)

Orange – moderate difficulty (2.0k-2.5k)
(Suitable for newcomers and juniors with some experience –juniors 12 and younger must be accompanied by their parents or guardians)

Yellow - Only occasionally provided – please check. - easy (1.5k-2.0k)
(Suitable for juniors with no or limited experience)

We will attempt to get league results onto the website promptly.
50 for first place, 49 for second etc.