

AGE CLASSES FOR 2022

| Year of Birth | Age Class | |
|---------------|-----------|--------|
| | Male | Female |
| 1938 - 1942 | M80 | W80 |
| 1943 - 1947 | M75 | W75 |
| 1948 - 1952 | M70 | W70 |
| 1953 - 1957 | M65 | W65 |
| 1958 - 1962 | M60 | W60 |
| 1963 - 1967 | M55 | W55 |
| 1968 - 1972 | M50 | W50 |
| 1973 - 1977 | M45 | W45 |
| 1978 - 1982 | M40 | W40 |

| Year of Birth | Age Class | |
|---------------|-----------|--------|
| | Male | Female |
| 1983 - 1987 | M35 | W35 |
| 1988 - 2001 | M21 | W21 |
| 2002 - 2003 | M20 | W20 |
| 2004 - 2005 | M18 | W18 |
| 2006 - 2007 | M16 | W16 |
| 2008 - 2009 | M14 | W14 |
| 2010 - 2011 | M12 | W12 |
| 2012 or later | M10 | W10 |
| | | |

Birth years correct for 2019 only