

JK RELAYS

Thanks and well done to everyone who answered my call to represent AIRE in the JK relay races on Easter Monday at Tullochruisk. It was a great event on lovely terrain, so nice to be able to run with freedom after two days of stumbling and bashing through Rannoch Forest! Results are as follows:

Women's Short	Brown bAIREs	Helen Alcock Lindsey King Julia crook	18/28
Senior Men (120+)	Polar bAIREs	David Alcock Henry Stitson Rolf Crook	12/20
Veteran Men (165+)	Grizzly bAIREs	Robert King Peter Carter Ian Marshall	31/38
Ultra Veterans (M/W210+)	Spectacled bAIREs	Peter Haines Sue Stevens Steve Webb	mp
Ultra Veterans (M/W210+)	Panda bAIREs	Tony Carlyle Joyce Marshall Jo Buckley	mp
Intermediate Men (48-)	Sun bAIREs	Ewen Wilkinson Charlie Alcock Sam Crook	4/17
Intermediate Women (48-)	Koala bAIREs	Bethan Buckley Alethea Carr Katie Buckley	mp
Junior Relay (M/W40-)	Pudsey bAIRE	George Ricketts Sebastian Carr Penny Pinker-Hull	10/17
Mini Relay (M/W12-)	Paddington bAIRE	Oscar Branney Alfie Alcock Joby Pinker-Hull	4/11
Mixed Ad-Hoc	Black bAIREs	Liz Potterton (Claro) Isobel Ricketts Peter Branney	29/45

So on this occasion we didn't have any medal winning teams, but it was close. The Sun bAIREs team of Ewen, Charlie and Sam missed out on the podium by just one second, and were only 8 seconds away from a silver medal. In the frenzy of head to head racing in fast terrain with lots of controls there was quite a lot of mispunching and we suffered a bit from this. The Koala bAIREs would have been 2nd place but for a mispunch and sadly both of our very competitive Ultra Veterans teams failed to complete the courses. I have to put my hand up here as I was having a great run on leg 3 when I suffered brain fade and turned too early for the final couple of controls, inexplicably failing to visit No. 12. A schoolboy error, maybe I should tender my resignation as Captain?

I'd like to highlight some excellent individual runs, especially Ewen Wilkinson and Peter Haines returning in 1st place from their mass starts and Joby Pinker-Hull came storming home with fastest time on leg 3 of the Mini relay. Katie and Jo Buckley were both 2nd fastest on last leg for their teams.

It was also good to see some of our Mini relay runners moving up to the Junior relay and running well.

If anyone needs to be reunited with their JK relay map then please let me know. Finally many thanks to the club for paying all relay entry fees and David A and Lindsey for help with team selections.

BRITISH MIXED SPRINT RELAY CHAMPS

Your next chance to represent the club is at the British Sprints weekend at the end of June. The usual order of individual sprint and relay seems to have been reversed this year. So the individual races will be on Saturday 27 June at Bath University and the mixed relay is Sunday 28 June at the University of the West of England in Bristol. Please sign up for a relay run ASAP so I can organise teams. It should be a good weekend; I did all my secondary schooling in Bristol and there's lots to see and do in the area.

Steve