

Fat rascal Day 2 – Bradford City Race

Sunday 9 July

Final Details

Overview

The event will be in Bradford City Centre taking in the historic area around the Alhambra Theatre, Bradford University & Bradford City College, The National Science and Media Museum, Little Germany and the historic textile mills which provided much of Bradford's wealth. The junior courses have been planned to avoid road crossings as far as possible, major roads will be crossed using underpasses or at marshalled crossings. Senior courses have been planned to allow safe road crossings but competitors will have to take due care of the city centre traffic, even on a Sunday morning. The event finish will be close to Bradford City Hall with runners passing through City Park, Centenary Square and close to the Mirror Pool with its multiple fountains.

Registration & Download will be on the grassed area between Norfolk Gardens and Hall Ings to the rear of City Hall, which has a postcode BD1 1UH. Please look for the Aire feathers. This area is close to the Bradford Transport Interchange and a number of bus stops. There is no car parking immediately adjacent, competitors should use one of the city centre public car parks (see Transport). Registration will be open from 09:30 and 11:30 for EOD but pre-entry at www.Fabian4.co.uk is strongly advised, closing date midnight Sunday 2 July.

There will be no water provided at the finish but there are many cafes, shops and restaurants in Bradford City Centre and competitors are encouraged to support local businesses. There are public toilets in City Park about 300m from Registration, close to the route to the more distant start. There will be tent space for competitors to leave clothing at registration but competitors are encouraged to come to registration ready to run, if possible.

Maps & courses

The area has been newly mapped by Chris Burden, to ISSOM standards. All course will use a 1:5,000 map with 2.5m contours. Maps will be overprinted onto waterproof paper. All maps will be available at the starts as will separate control descriptions.

Courses are as follows:

Course		Age class	Length	Climb
Yellow	Young junior men & women	M12-, W12-	1.5k	25m
Light green	Junior men & women	M16-, W16-	2.5k	45m
Short Green	Men & Women Hypervet, Women Ultravet	M75+, W65+	3.4k	45m
Green	Men Ultravet, Women Supervet	M65+, W55+	4.3k	60m
Blue	Men Supervet, Women Vet	M55+, W40+	5.8k	90m
Brown	Men Vet, Women open	M40+, W18-W35 inclusive	6.9k	130m
Black	Men Open	M18-M35 inclusive	8.6k	145m

Length and climb are as accurate as possible but are straight line distances. As this is an urban area actual distances run may be noticeably longer.

Competitors may enter any course they wish but to be competitive in the various leagues, you must enter the appropriate course for your age class.

Juniors aged under 16 on the day of the race may only run the Yellow or Light Green courses. This is a BOF requirement, arising from their insurance. Please observe this restriction.

Both Yellow and Light Green courses will involve crossing car parks and lightly trafficked minor roads with slow moving vehicles. Both courses will also use an underpass which has a control in its length. This control will be visited 3 times and should be punched on each occasion.

The Light Green course will also cross one more major road, on two occasions. This crossing will be marked, timed out and will be marshalled. Please do not cross the major road at any other point.

Entry fees

EOD will be available at registration, subject to map availability.

EOD costs are: Juniors and Students £4.00; Seniors £12.00 (non-BOF members £14.00)

Yellow course only: Seniors £5.00, Juniors and Students free

SI hire will be 50p

Starts and Toilets

Because of the city centre location and other events in the City centre, starts will be between 10:00 and 12:00. Please note the earlier than usual start times.

There will be two starts, one 700m from registration for senior courses and a closer start (~100m) for junior (under 16) courses. Both starts will be marked from registration and can be reached using pedestrians routes with underpasses below the inner loop road.

Please collect free maps from registration showing the routes to the starts and to the nearby public toilets in City Park, which are on the route to the senior start. The route passes through the area occupied by the Bradford Literary Festival. We have not been given precise information about the location of their stalls and exhibitions, which are therefore not shown on the map.

Prize Giving

Will be at assembly at 1.00, or as soon after, dependent upon when we can determine class winners.

Transport

Bradford has good transport links to the rest of West Yorkshire and beyond with frequent trains to Leeds, Halifax, Huddersfield, Manchester, Blackpool, York and intermediate stations. The trains and many buses run from Bradford Transport Interchange which is less than 500m from registration. Trains from the north also run to Forster Square station, which is less than a 1km away and there are many other local buses with a number stopping on Hall Ings, within 20m of registration.

The event will not be signposted for competitors travelling by car, who should follow signs for Bradford City Centre. There are a number of city centre car parks, all of which are available on a Sunday morning. Car parking charges vary and will be shown in each car park. Bradford City (open air) car parks are generally £1 all day on a Sunday. Competitors arriving early will find the well signposted car park at Jacob's Well particularly convenient (and free) for both registration and the senior start.

Dogs: This event takes place on public roads and dogs are thus subject to the normal requirement to be on a lead and under proper control at all times.

Important Information

Safety and Risk: A comprehensive risk assessment has been carried out. This recognises the interaction between competitors and traffic, which will be significant even on a Sunday morning.

Participants will need to be aware of traffic hazards and take appropriate care. All participants take part at their own risk and are responsible for their own safety during the event.

Insurance: Please note that if you have competed in three orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering then you are not covered by our public liability insurance

Privacy: when entering our events your name may appear in the results section of this website or in newspaper reports. Read our data protection page to see how we look after your personal data.

Organiser: Ken Patterson, 0113 294 8488, ken.patterson@geo2.poptel.org.uk

Planner: Chris Burden

Controller; Richard Payne