

## **FINAL DETAILS**

**Fat Rascal Day 1 Saturday 8<sup>th</sup> July 2017**

**Chasing Sprint – Peel Park and Lister Park, Bradford**

UK Orienteering League and Yorkshire Urban League Event

### **Overview**

The prologue will be in Peel Park (registration 10.00-11.30; starts 11.00-12.00) and the chase will be at Lister Park (starts from 14.00). Registration will be at Peel Park, where there will be toilets and a cafe (from 10.00).

The event centre, refreshments, changing rooms, toilets, string course, sprint training/warm-up map, and prize giving is at Bradford Grammar School pavilion (11.30-17.30). This is directly opposite Lister Park.

### **Details common to both events**

Both areas are well-maintained municipal parks, with grass and tarmac paths dominating. Both areas have slopes of varying steepness! There are some areas of intricate gardens. Please avoid the out-of-bounds areas, which include several flowerbeds. There is no use of roads with cars, but at Lister Park, some visitors to the art gallery may be driving at a slow speed in the northern part of the park.

Shorts will be allowed. A first aid kit and a first aider (the organiser) will be available at all times.

Both areas have been mapped at ISSOM standards and updated in 2017 by Chris Burden and will be at 1:4000 scale. On both areas, small trees are mapped as a solid green dot. However, in Peel Park, these are predominantly small thin trees whilst in Lister Park these are predominantly small (but thick) bushes. Whilst the ISSOM map symbol applies to both, to help differentiate on the ground, the control descriptions at Peel Park will show these as 'tree', whilst at Lister Park, these will be shown as 'thicket'. Control features are a mixture of typical parkland (e.g. thickets, vegetation boundaries and boulders) and urban type street furniture.

As a result, some kites will be hung on stakes whilst others will be gripped directly to the feature. There are numerous similar features within the parks and competitors should note that the BOF guidelines allow a shorter distance between similar features for sprint events than they do for standard cross-country events.

Work is ongoing all the time in these busy parks and so minor changes may have happened since mapping. At the time of writing none of these differences are significant for the courses, but should any arise these will be shown on maps in the start lanes. The control code will be on the SI box. Control descriptions will be on the map. There will be loose control descriptions in the start lane, but for the prologue only.

### **Prologue–Peel Park**

Location: Parking for the prologue is on Cliffe Road - BD3 0LT - and in the surrounding streets.

There will be no parking marshals.

For public transport information check [www.traveline.info](http://www.traveline.info).

### **Registration, start, finish and download:**

These will all be at the southern tip of Peel Park and will be signposted from Cliffe Road. The rest of the park (apart from the path leading directly to the toilets from the start area) will be out of bounds until your run.

### **Entries/Registration / SI card collection:**

Registration will be open 10.00-11.30 and starts for the prologue will be between 11.00 and 12.00. Courses close at 12.30.

Pre-entries are heavily encouraged: Juniors £3; Seniors £7 (non-BOF: £9).

Please enter via Fabian4 – the closing date is 23.59 on Sunday 2 July. There is a £1 discount for competitors who pre-enter both Saturday (Chasing Sprint) and Sunday (Bradford City Race) together.

Entries on the day will be possible but are subject to map availability: Juniors £4; seniors £9 (non-BOF: £11).

### **Course categories, lengths and climbs:**

Course 1 Men Open (M18-M35 inclusive)

Prologue 2.8k 65m; Chase 2.8k 50m

Course 2 Men Vet (M40+): Women Open (W18-W35 inclusive)

Prologue 2.5k 60m; Chase 2.5k 45m

Course 3 Men Junior (M16-): Men Supervet (M55+): Women Vet (W40+)

Prologue 2.1k 40m; Chase 2.2k 35m

Course 4 Men Ultravet (M65+): Women Junior (W16-): Women Supervet (W55+)

Prologue 1.8k 40m; Chase 1.8k 30m

Course 5 Men Hypervet (M75+): Women Ultravet (W65+): Women Hypervet (W75+)

Prologue 1.4k 35m; Chase 1.6k 25m

Course 6 Men Young Junior (M12-): Women Young Junior (W12-)

Prologue 1.0k 25m; Chase 1.1k 20m

You may run the course of your choice, but to be competitive in the leagues you will need to enter the course listed for your class above.

### **Facilities:**

We encourage competitors to turn up ready to race. There will be a manned car key box at registration and an unmanned tent next to the registration tent for clothing, which you may wish to use, however responsibility for your kit lies with you.

Peel Park has a café (with toilets), which will be open from 10.00 until 13.00. These are a 200m walk along a path from the start. Do not deviate from this path if you use them before your run.

The nearest toilets before that time will be at McDonald's: 285 Bradford Rd, Bradford BD10 8EG.

Please download after your run then make your way to the Event Centre for the Chase. It is possible to walk and cycle there too but it will not be signposted.

### **Chase – Lister Park**

**Location:** The Chase will be at Lister Park. Parking is at the adjacent Bradford Grammar School car park - BD9 4JP. Frizinghall Road may be closed so please follow diversion signs to the top car park if necessary. For public transport information check [www.traveline.info](http://www.traveline.info).

**Event Centre:** Registration, download, changing facilities, showers and toilets, together with a pop-up cafe, will all be at the school's Brownlee Pavilion, which is a 200m signed walk from the car park. We regret that dogs are not allowed on the school site (you will be able to park on the adjoining streets if you wish to leave your dog in your car for a short time).

**Start and finish:** The start is in the southern tip of Lister Park, approximately 800m walk from the pavilion. This will be signed but it does cross a busy road, so children should be supervised (up to Keighley Road, along it in the direction of Bradford city centre, and then cross the road at the pedestrian crossing).

Starts for the chase are scheduled to start at 14.00. Courses will close at 15.00.

The finish is near the entrance just opposite the school. Follow the same tapes back to the Event Centre to download.

### **Activities:**

Between 12.15 and 13.45 the following activities will be available on the Bradford Grammar School site:

- Buy refreshments at the pop-up fair trade café upstairs at the Event Centre (tea, coffee, juices, sweets, and cakes) – and eat them outside; seating will be available inside
- Try a free short urban orienteering training / warm-up course on the grounds of the school (maps available at the pavilion)
- Youngsters could try their hand at the free string course. (300m from the pavilion; follow the signs)

**Prize giving:** This will be held at approximately 15.15 at the pavilion, followed immediately by the annual AIRE prize giving and the club picnic. If you are an AIRE member (or guest), please bring a dish or two to share, and we will supply strawberries and cream. Please bring your own plates and utensils. Seating and tables will be available inside if the weather is poor. The Event Centre will close at 17.30.

**Miscellaneous:**

Competitors are encouraged to bring any old dibbers to exchange for two event entry vouchers, so that we can use the old dibbers for school and informal events.

**Acknowledgements:**

Thank you to Bradford Metropolitan District Council for their permission to use the two parks free of charge, and Bradford Grammar School for the free use of their pavilion and grounds. Thank you to Liz Kingsley and other volunteers for running the pop-up fair trade café.

**Event Officials:**

Organiser: David Alcock – secretary@aire.org.uk; 07989 563588;  
Planner: Peter Jones (AIRE) Controller: Martyn Broadest (AIRE)

**Safety and Risk:**

A comprehensive risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

**Insurance:**

Please note that if you have competed in three orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering then you are not covered by our public liability insurance

**Privacy:**

when entering our events your name may appear in the results section of this website or in newspaper reports. Read our data protection page to see how we look after you